

## **Report of Seminar on Food-Planet-Health**

**Date:** 19.05.23

**Venue:** Samskruthi Bhavan

**Time:** 3.00-4.00 pm

NSS wing of Sushrutha Ayurvedic Medical College and Hospital in collaboration with S-VYASA, deemed to be University, organized a seminar with Vegan Outreach on the topic **Food-Planet-Health** by Mr.Ajith Karkera. The seminar was held with the objective of promoting sustainable and healthy food practices.

The program started with the formal inauguration by lighting the lamp. Dr.Ramesh Mavathur, Dean of academics, Dr.Vasudeva Vaidya, Deputy registrar, Prof.Shivashankar Sai,Registrar, SVYASA university,Dr.Alok Roy, Vice Principal,SAMC&H, Dr.Apar Saoji, Principal,School of Naturopathy, Dr.Vikas Ravath, Principal, School of Yoga, Shri Kiran Kumar NS were present on the dias. Dr.Swathi M Somayaji, Dr.Nischal P, Dr.Raksha.S,NSS coordinators of SAMC&H coordinated the event.

The students of Ayurveda,Naturopathy and Yoga had enrolled a day before the seminar. The speaker Ajith Karkera, highlighted the urgent need for adopting sustainable practices in food production and consumption to mitigate the adverse effects of climate change and ensure the well-being of future generations.

The seminar concluded with a recap of the key takeaways and how the participants can help in promoting the health of the planet. Participants were encouraged to apply the knowledge gained during the seminar to their daily lives and promote sustainable and healthy food practices within their communities.

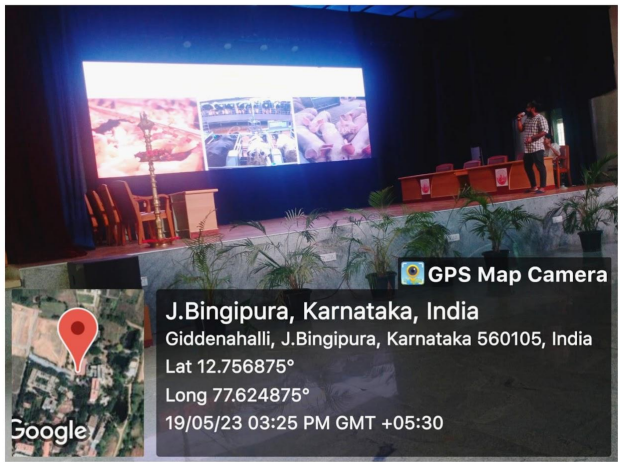
Ms.Poornima L,student from BNYS was the master of ceremony.The program ended with the shanti mantra.

### **Participants:**

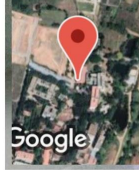
1st year BAMS (Juniors)

BNYS 3rd and 4th year NSS volunteers





GPS Map Camera



J.Bingipura, Karnataka, India  
Giddenahalli, J.Bingipura, Karnataka 560105, India  
Lat 12.756875°  
Long 77.624875°  
19/05/23 03:25 PM GMT +05:30