



# LIONS CLUBS INTERNATIONAL LIONS CLUB OF JIGANI TOWN



Koppa - Begur Road, Koppa Village, Jigani Hobli, Anekal Tq||,  
Bangalore - 560 105  
✉: lionsclubofjiganitown@gmail.com  
Dist- 317-E, Club No- 109943

Ref.,  
To  
The Principal  
SAMC&H  
Jigani Bengaluru.

Date:

## Subject: Proposal for Collaboration: Medical Health Check-Up camps.

I am writing on behalf of the Lions Club Association with a proposal for collaboration with your esteemed institution- Sushruta Ayurvedic Medical College. We are keen to join hands in organizing monthly medical health check-up camps, alongside Narayana Netralaya's eye camp, every 2<sup>nd</sup> Wednesday. The Lions Club Association has a longstanding commitment to community health initiatives, and we believe that partnering with your prestigious institution could significantly enhance our outreach efforts. By combining our resources and expertise, we aim to provide comprehensive health services to the local community on a regular basis.

Our proposed collaboration would involve:

- Monthly Medical Health Check-Up Camps:** These camps will focus on providing general health screenings, consultations, and basic diagnostic services to individuals in need.
- Narayana Netralaya Eye Camp:** Concurrently, we propose hosting specialized eye care camps facilitated by Narayana Netralaya, aimed at diagnosing and addressing vision-related issues among participants.
- Collaborative Efforts:** Working together, we can leverage our respective networks and resources to ensure these camps are well-publicized, efficiently managed, and beneficial to all attendees.

We envision these initiatives not only as a means to deliver essential healthcare services but also as an opportunity to foster community engagement and promote health awareness. We are eager to discuss the specifics of this collaboration further and would appreciate the opportunity to meet with you at your earliest convenience. Please let us know a suitable time for a meeting or if you require any additional information from our end to proceed.

Thank you for considering this proposal. We look forward to the possibility of working together to make a positive impact on the health and well-being of our community.

Warm regards,

LIONS CLUB OF JIGANI TOWN

  
President

  
Secretary



# Sushruta Ayurvedic Medical College & Hospital

"Prashanti Kuteera" Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bangalore - 560 105.

Ph : 080 29795299 Telefax : 080 22639910

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website : sushrutaayurvedicmedicalcollege.com

**CIRCULAR**

**Date:09-01-2024**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on January 10<sup>th</sup> 2024. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

The following staff members are assigned to participate in this event:

Dr.Sandeep.S

Dr.Ramyashree

Dr.Abhiram

Dr. Harish Gopal

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



**Principal**  
Sushruta Ayurvedic Medical College  
& Hospital, Bengaluru-560105



**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
(Recognised by NCISM, Ministry of AYUSH, New Dehi and Affiliated to RGUHS, Bengaluru, Karnataka)  
(Prashanthi Kuteeram, S-VYASA campus, Jodibingipura, Anekal taluk, Jigani, Bengaluru – 560105)

**Ref. No: SAMCH/MC/NGO- 0657**

**Date: 13-1-2024**

Summary report for the health check-up and promotion of Ayurveda treatments for eye diseases, conducted by Sushrutha Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town on January 10, 2024:

**Event Overview:**

- **Date:** January 10, 2024
- **Organizers:** Sushrutha Ayurvedic Medical College and Hospital, Lions Club of Jigani Town
- **Location:** Koppa village, Lions club of Jigani town

**Objectives:**

- To conduct eye health screenings and identify common eye diseases.
- To promote Ayurvedic treatments and practices for maintaining eye health.
- To raise awareness about the benefits of Ayurveda in eye care.

**Activities Conducted:**

1. **Eye Health Screenings (Conducted by Narayana Netralaya)**
  - Visual acuity tests and examinations for common eye conditions (like refractive errors, cataracts, etc.).
  - Consultations with Ayurvedic ophthalmologists (Dr. Harish gopal) from Sushrutha Ayurvedic Medical College.
2. **Promotion of Ayurveda Treatments:**
  - Information sessions on Ayurvedic therapies and herbs beneficial for eye health.
  - Demonstrations of eye exercises and practices from Ayurvedic tradition.
3. **Educational Workshops:**
  - Workshops on preventive measures for eye diseases and maintaining eye health through Ayurveda.
  - Distribution of educational materials on eye care and Ayurvedic treatments.
4. **Community Engagement:**
  - Interaction with participants to discuss their specific eye health concerns.
  - Counselling on lifestyle modifications and dietary recommendations for improved eye health.

**Outcome:**

- Identified individuals at risk for or suffering from common eye diseases.
- Provided guidance and recommendations for maintaining and improving eye health through Ayurvedic practices.





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- Raised awareness about Ayurvedic principles and treatments for eye care among the community.

**Conclusion:** The health check-up and promotion of Ayurveda treatments for eye diseases event successfully addressed community health needs related to eye care, emphasizing preventive measures and traditional Ayurvedic practices. The collaboration between Sushruta Ayurvedic Medical College and Hospital and Lions Club of Jigani Town contributed to promoting holistic eye health and wellbeing through Ayurveda.



**Staff's attended:**

Dr.Sandeep.S  
Dr.Harish gopal  
Dr.Ramyashri  
Dr.Abhiram



**MEDICAL CAMP  
CO-ORDINATOR  
SAMC & H, BENGALURU.**



# Sushrutha Ayurvedic Medical College & Hospital

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website : sushruthaayurvedicmedicalcollege.com

**CIRCULAR**

**Date: 13-02-2024**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on February 14<sup>th</sup> 2024. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

The following staff members are assigned to participate in this event:

Dr.Sandeep.S

Dr.Ramyashree

Dr.Abhiram

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



**Principal**

Sushrutha Ayurvedic Medical College  
& Hospital, Bangalore-560105



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**Ref. No: SAMCH/MC/NGO- 0741**

**Date: 15-2-2024**

Summary report for the health check-up and promotion of Ayurveda treatments for eye diseases, conducted by Sushruta Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town

**Event Overview:**

- **Date:** 14-2-2024
- **Organizers:** Sushruta Ayurvedic Medical College and Hospital, Lions Club of Jigani Town
- **Location:** Koppa village, Lions club building

**Objectives:**

- To provide comprehensive health check-ups for elderly individuals.
- To promote Ayurvedic practices and treatments for maintaining health in old age.
- To raise awareness about healthy aging and lifestyle choices.

**Activities Conducted:**

1. **General Health Check-ups: (Govt. hospital staffs)**
  - Complete physical examinations including vital signs, BMI, and overall health assessment.
  - Consultations with Ayurvedic doctors specializing in geriatric care.
2. **Promotion of Ayurveda for Old Age:**
  - Workshops and talks on Ayurvedic principles for aging gracefully.
  - Information sessions on Ayurvedic therapies, diet, and lifestyle adjustments for seniors.
3. **Educational Workshops:**
  - Discussions on common health issues in old age and preventive measures.
  - Distribution of educational materials on Ayurvedic practices for seniors.
4. **Community Engagement:**
  - Interaction with elderly participants to discuss their health concerns and provide personalized advice.
  - Counseling on holistic approaches to managing chronic conditions through Ayurveda.

**Outcome:**

- Identified health issues specific to the elderly population.
- Provided guidance and recommendations for improving health and quality of life through Ayurvedic practices.
- Raised awareness about the benefits of Ayurveda in promoting wellness and longevity among seniors.





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**Conclusion:** The general health check-up and promotion of Ayurveda for old age groups event effectively addressed the healthcare needs of elderly individuals, emphasizing preventive care and holistic health practices. The collaboration between Sushruta Ayurvedic Medical College and Hospital and Lions Club of Jigani Town underscored their commitment to promoting healthy aging and enhancing the well-being of seniors through traditional Ayurvedic wisdom.



**Staff's attended:**

Dr.Sandeep.S  
Dr.Ramyashri  
Dr.Abhiram

  
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# Sushruta Ayurvedic Medical College & Hospital

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**CIRCULAR**

**Date:12-03-2024**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on March 13th, 2024. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

The following staff members are assigned to participate in this event:

Dr.Sandeep.S  
Dr.Ramyashree  
Dr.Abhiram

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
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**Ref. No: SAMCH/MC/NGO- 0841**

**Date: 15-3-2024**

Summary report for the General Health Check-up for Hypertension and Ayurveda promotion event conducted for KSRTC working staffs in association with Lions Club of Jigani Town on 13-3-2024:

**Event Overview:** On March 13, 2024, a collaborative health initiative was organized by Sushruta Ayurvedic Medical College and Hospital in partnership with Lions Club of Jigani Town. The event aimed to provide comprehensive health screenings focused on hypertension detection and promote awareness about Ayurveda among the employees of KSRTC (Karnataka State Road Transport Corporation).

**Participants and Attendance:** The event was attended by approximately 76, including KSRTC staff members and their families. Volunteers from Lions Club of Jigani Town assisted in organizing and managing the event logistics.

**Health Screening Services Provided:**

- Blood Pressure Check-up:** Trained medical staff from Sushruta Ayurvedic Medical College conducted blood pressure screenings for all participants.
- Health Consultations:** Participants received individual consultations based on their blood pressure readings. Advice on lifestyle modifications and diet recommendations to manage hypertension were provided.
- Ayurveda Promotion:** Information sessions and demonstrations were conducted to educate participants about the principles and benefits of Ayurveda in maintaining overall health and managing hypertension.
- Distribution of Educational Materials:** Pamphlets and brochures outlining hypertension prevention strategies and Ayurvedic healthcare practices were distributed among the attendees.

**Outcome and Impact:**

- Detection of Hypertension Cases:** Several cases of hypertension were identified during the screenings, allowing early intervention and referral for further medical evaluation.
- Awareness and Education:** Participants gained valuable insights into hypertension prevention and the role of Ayurveda in maintaining wellness, promoting a proactive approach to health management.
- Community Engagement:** The collaboration between Sushruta Ayurvedic Medical College, Lions Club of Jigani Town, and KSRTC fostered community engagement and highlighted the importance of healthcare initiatives tailored to the needs of working professionals.





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**Conclusion:** The General Health Check-up for Hypertension and Ayurveda promotion event was a successful initiative in promoting health awareness and providing essential healthcare services to the KSRTC working staffs and their families. It underscored the significance of preventive healthcare measures and Ayurvedic practices in improving overall well-being.



**Staff's attended:**

Dr.Sandeep.S

Dr.Ramyashri

Dr.Abhiram

Ref. No: SAMCH/MC/NGO- 1041

**MEDICAL CAMP**  
**CO-ORDINATOR**  
**SAMC & H, BENGALURU.**



Date: 10-5-2024



# Sushrutha Ayurvedic Medical College & Hospital

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**CIRCULAR**

**Date:09-04-2024**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on April 10th, 2024. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

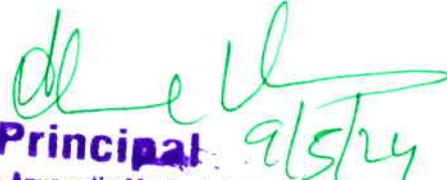
The following staff members are assigned to participate in this event:

Dr.Sandeep.S  
Dr.Ramyashree  
Dr.Abhiram

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
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**Ref. No: SAMCH/MC/NGO- 1041**

**Date: 12-4-2024**

Summary report of the event/ Health awareness camp organized on 10-4-2024:

**Event Summary:**

- **Date:** 10-4-2024
- **Organizers:** Lions Club of Jigani Town in association with Sushruta Ayurvedic Medical College and Hospital
- **Objective:** General health awareness and promotion of Ayurveda.

**Activities:**

1. **Health Awareness Sessions:** Conducted informative sessions on general health topics such as preventive healthcare, lifestyle management, and the benefits of Ayurveda.
2. **Distribution of Ayurvedic Immunity Boosters:** Provided free Ayurvedic immunity boosters to Lions Club staff members. These boosters were aimed at enhancing immune system resilience and promoting holistic health practices.
3. **Promotion of Ayurveda:** Educated participants about the principles of Ayurveda, its efficacy in maintaining overall well-being, and its relevance in modern times.
4. **Interaction and Q&A:** Engaged in interactive sessions where participants could ask questions regarding health concerns, Ayurvedic practices, and lifestyle modifications.

**Impact:**

- Increased awareness among Lions Club staff about holistic health practices and the benefits of Ayurveda.
- Encouraged participants to incorporate Ayurvedic principles into their daily routines for improved health outcomes.
- Strengthened community ties through collaborative efforts between Sushruta Ayurvedic Medical College and Hospital and Lions Club of Jigani Town.

**Future Initiatives:**

- Plan future events focusing on specific health concerns or wellness themes to further promote holistic healthcare practices.
- Continue collaborations to expand outreach and impact within the community.

This event successfully promoted health awareness and Ayurvedic practices among Lions Club staff, contributing to their overall well-being and fostering a deeper understanding of traditional healthcare systems like Ayurveda.





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### Staff's attended:

Dr.Sandeep.S  
Dr.Ramyashri  
Dr.Abhiram



**MEDICAL CAMP  
CO-ORDINATOR  
SAMC & H, BENGALURU.**



# Sushruta Ayurvedic Medical College & Hospital

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**CIRCULAR**

**Date:7-05-2024**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on May 8<sup>th</sup>, 2024. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

The following staff members are assigned to participate in this event:

Dr.Sandeep.S

Dr.Ramyashree

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
**Principal**  
Sushruta Ayurvedic Medical College  
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Ref. No. SAMCH/MC/NGO-1041

Date: 10-5-2024

Summary report on the general health check-up conducted by Sushruta Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town on 8th May 2024:

### Event Summary:

- **Date:** 8th May 2024
- **Location:** Jigani Town
- **Organizers:** Sushruta Ayurvedic Medical College and Hospital, Lions Club of Jigani Town
- **Purpose:** General health check-up and promotion of Ayurvedic health practices

### Activities and Services Provided:

1. **Health Screening Services: (Govt CHC staffs)**
  - Blood pressure monitoring
  - Blood sugar level testing
  - General health consultation
2. **Ayurvedic Health Promotion:**
  - Awareness sessions on Ayurvedic principles and practices
  - Information on traditional remedies and lifestyle recommendations

### Outcome:

- Identified health concerns and provided initial guidance
- Raised awareness about preventive healthcare and Ayurvedic medicine
- Strengthened community engagement and collaboration between healthcare providers and local organizations

**Conclusion:** The health check-up event successfully provided valuable health screenings and promoted Ayurvedic health practices among the community in Jigani Town, contributing to improved health awareness and wellbeing.



**MEDICAL CAMP  
CO-ORDINATOR  
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**Staff's attended:**

Dr.Sandeep.S

Dr.Ramyashri

**MEDICAL CAMP  
CO-ORDINATOR  
SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & H, BENGALURU.**





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website : sushruthaayurvedicmedicalcollege.com

**CIRCULAR**

**Date: 12-12-2023**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on December 13th, 2023. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

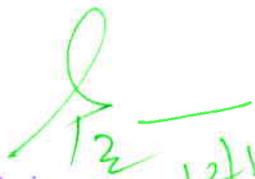
The following staff members are assigned to participate in this event:

Dr.Sandeep.S  
Dr.Ramyashree  
Dr.Abhiram

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
Principal 12/12/23  
Sushrutha Ayurvedic Medical College  
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Ref. No: SAMCH/MC/NGO- 0456

Date: 15-11-2023

Summary report for the health check-up and screening camp focused on gastrointestinal ailments, conducted by Sushruta Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town on December 13, 2023:

**Event Overview:**

- **Date:** December 13, 2023
- **Organizers:** Sushruta Ayurvedic Medical College and Hospital, Lions Club of Jigani Town
- **Location:** Koppa village, Lions club of Jigani town

**Objectives:**

- To screen for gastrointestinal disorders and related health issues.
- To provide consultations and advice for managing gastrointestinal health.
- To promote awareness about Ayurvedic approaches to digestive health.

**Activities Conducted:**

1. **Health Screenings:**
  - Screening for common gastrointestinal ailments such as acidity, indigestion, and constipation.
  - Consultations with Ayurvedic doctors specializing in digestive disorders.
2. **Educational Workshops:**
  - Workshops on healthy eating habits and lifestyle choices for better digestion.
  - Information on Ayurvedic herbs and remedies beneficial for gastrointestinal health.
3. **Community Engagement:**
  - Interaction with participants to discuss their specific gastrointestinal concerns.
  - Distribution of educational materials on digestive health and Ayurvedic treatments.



**Outcome:**

- Identified individuals at risk for or suffering from gastrointestinal disorders.
- Provided personalized advice and recommendations for improving digestive health.
- Raised awareness about Ayurvedic principles and natural remedies for gastrointestinal ailments.

**Conclusion:** The health check-up and screening camp for gastrointestinal ailments successfully addressed community health needs related to digestive disorders. The



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collaboration between Sushruta Ayurvedic Medical College and Hospital and Lions Club of Jigani Town contributed to promoting preventive healthcare and Ayurvedic practices for better digestive wellness among participants.



Staff's attended:

Dr.Sandeep.S  
Dr.Ramyashri  
Dr.Abhiram



**MEDICAL CAMP**  
**CO-ORDINATOR**  
**SAMC & H, BENGALURU.**



# Sushrutha Ayurvedic Medical College & Hospital

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website : sushruthaayurvedicmedicalcollege.com

**CIRCULAR**

**Date: 7-11-2023**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on November 9th, 2023. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

The following staff members are assigned to participate in this event:

Dr.Sandeep.S  
Dr.Ramyashree  
Dr.Abhiram

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
**Principal** 7/11/23  
Sushrutha Ayurvedic Medical College  
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**Ref. No: SAMCH/MC/NGO- 0456**

**Date: 10-11-2023**

Summary report for the health check-up and screening camp focused on joint disorders, conducted by Sushruta Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town on November 9, 2023:

**Event Overview:**

- **Date:** November 9, 2023
- **Organizers:** Sushruta Ayurvedic Medical College and Hospital, Lions Club of Jigani Town
- **Location:** Koppa, Lions club of Jigani town

**Objectives:**

- To screen for joint disorders and musculoskeletal conditions.
- To provide consultations and guidance for managing joint health.
- To raise awareness about Ayurvedic approaches to joint disorders.

**Activities Conducted:**

**1. Health Screenings:**

- Examination for joint pain, stiffness, and range of motion.
- Assessment for common joint disorders such as arthritis.
- Consultations with Ayurvedic physicians specializing in musculoskeletal health.

**2. Educational Sessions:**

- Workshops on the causes and symptoms of joint disorders.
- Information on Ayurvedic treatments and lifestyle modifications for joint health.

**3. Community Engagement:**

- Interaction with participants to address their specific joint health concerns.
- Distribution of informational materials on joint care and Ayurvedic therapies.

**Outcome:**

- Identified individuals at risk for or suffering from joint disorders.
- Provided guidance and recommendations for managing joint health.
- Raised awareness about Ayurvedic principles and treatments for joint care.

**Conclusion:** The health check-up and screening camp for joint disorders effectively addressed the community's musculoskeletal health needs, promoting early detection and management of joint-related issues. The collaborative effort between Sushruta Ayurvedic Medical College and Hospital and Lions Club of Jigani Town underscored their commitment to improving public health through holistic healthcare approaches.





**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
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(Prashanthi Kuteeram, S-VYASA campus, Jodibingipura, Anekal taluk, Jigani, Bengaluru – 560105)



Staff's attended:

Dr.Sandeep  
Dr.Ramya  
Dr.Abhiram



**MEDICAL CAMP  
CO-ORDINATOR  
SAME & H, BENGALURU.**



# Sushrutha Ayurvedic Medical College & Hospital

"Prashanti Kuteera" Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bangalore - 560 105.

Ph : 080 29795299 Telefax : 080 22639910

E-mail : sushrutha\_ayu@rediffmail.com / sushrutha.principal@gmail.com

website : sushruthaayurvedicmedicalcollege.com

**CIRCULAR**

**Date: 10-10-2023**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on 11th, October 2023. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

The following staff members are assigned to participate in this event:

Dr.Sandeep.S  
Dr.Ramyashree

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
**Principal** 10/10/23  
Sushrutha Ayurvedic Medical College  
& Hospital, Bangalore-560105



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Ref. No: SAMCH/MC/NGO- 0389

Date: 15-10-2023

**Summary report for the health check-up camp and promotion of Ayurveda through the distribution of free Ayurveda medicines for diabetes, conducted by Sushruta Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town.**

**Event Overview:**

- **Date:** October 11, 2023
- **Organizers:** Sushruta Ayurvedic Medical College and Hospital, Lions Club of Jigani Town
- **Location:** Koppa village, Jigani Hobli, Anekal taluk, Bangalore

**Objectives:**

- To conduct health screenings focusing on diabetes.
- To provide free Ayurveda medicines to diabetic patients.

**Activities Conducted:**

1. **Health Screenings: by Govt. Hospital, CHC Anekal staffs**
  - Blood glucose tests to screen for diabetes.
  - Blood pressure checks and BMI measurements.
  - Consultations with Ayurvedic doctors from Sushruta Ayurvedic Medical College.
2. **Distribution of Ayurveda Medicines:**
  - Free distribution of Ayurvedic medications specifically for diabetes management.
  - Instructions on proper usage and dietary recommendations for patients.
3. **Educational Sessions:**
  - Workshops and talks on Ayurvedic approaches to managing diabetes.
  - Information on the benefits of Ayurveda in chronic disease management.
4. **Community Engagement:**
  - Engagement with participants to address their health concerns and provide personalized advice.
  - Promotion of healthy lifestyle practices in Ayurveda.



**Outcome:**

- Raised awareness about Ayurveda as a holistic approach to managing diabetes.
- Provided immediate healthcare support and medications to diabetic patients.
- Strengthened community ties and collaboration between healthcare providers and the Lions Club.



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**Conclusion:** The health check-up camp and Ayurveda promotion event successfully fulfilled its objectives of providing healthcare services, promoting Ayurveda, and supporting diabetic patients with free medications and advice. The collaborative effort between Sushruta Ayurvedic Medical College and Hospital and Lions Club of Jigani Town demonstrated a commitment to enhancing community health and well-being through traditional medicine practices.



**Staff's attended:**

Dr.Sandeep.S & Dr.Ramyashri



**MEDICAL CAMP  
CO-ORDINATOR  
SAMC & H, BENGALURU.**



# Sushrutha Ayurvedic Medical College & Hospital

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website : sushruthaayurvedicmedicalcollege.com

**CIRCULAR**

**Date: 12-9-2023**

**Subject:** Health Camp in Collaboration with Lions Club Jigani Town

We are pleased to announce that a health camp will be conducted in collaboration with Lions Club Jigani Town on September 13th, 2023. The camp will take place at Lions club building, Begur koppa road, Koppa Village, Jigani Hobli, Anekal taluk

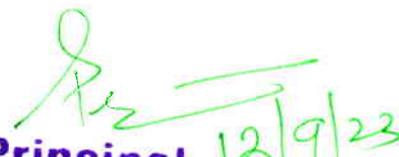
The following staff members are assigned to participate in this event:

Dr.Sandeep.S  
Dr.Ramyashree  
Dr.Raksha  
Dr.Sindhu  
Dr.Abhiram

All staff members are requested to report to the venue by 9:45 AM on the day of the camp. Please ensure that you carry all necessary equipment and materials required for your respective duties.

Your cooperation and dedication are highly appreciated in making this health camp a success.



  
**Principal** 12/9/23  
Sushrutha Ayurvedic Medical College  
& Hospital, Bengaluru-560105



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Ref. No: SAMCH/MC/NGO- 0362

Date: 15-9-2023

**Report on General health check-up/ Screening and free medicine distribution event conducted by Sushrutha Ayurvedic Medical College and Hospital in association with Lions Club of Jigani Town**

**Event Overview:**

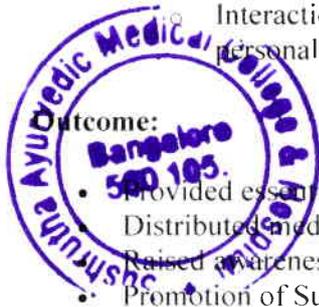
- **Date:** September 13, 2023
- **Organizers:** Sushrutha Ayurvedic Medical College and Hospital and Lions Club of Jigani Town
- **Location:** Lions club, Koppa begur road, Koppa village, Jigani hobli, Anekal Taluk, Bangalore

**Objectives:**

- To provide free general health check-ups to the community.
- To distribute essential medicines to those in need.

**Activities Conducted:**

1. **General Health Check-ups:**
  - Basic medical examinations done by Government CHC staff which is collaborated with lions club, Jigani including blood pressure, temperature, and pulse rate checks
  - Consultations with healthcare professionals from Sushrutha Ayurvedic Medical College.
2. **Medicine Distribution:**
  - Dispensing of essential medicines to participants based on their health check-up results and medical needs.
  - Instructions provided on proper usage and dosage of medications.
3. **Health Education:**
  - Information sessions on common health issues and preventive measures.
  - Advice on maintaining a healthy lifestyle and dietary habits.
4. **Community Engagement:**
  - Interaction with participants to understand their health concerns and provide personalized guidance.



**Outcome:**

- Provided essential healthcare services to underserved populations.
- Distributed medications to improve access to treatment.
- Raised awareness about preventive healthcare practices.
- Promotion of Sushrutha Ayurvedic medical college & hospital facilities



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**Conclusion:** The free general health check-up and medicine distribution event successfully addressed the healthcare needs of the community, promoting health awareness and providing immediate medical assistance. The collaboration between Sushrutha Ayurvedic Medical College and Hospital and Lions Club of Jigani Town underscored their commitment to public health and community welfare.



### Staff's attended:

1. Dr.Sandeep.S
2. Dr.Ramyashri
3. Dr.Raksha
4. Dr.Sindhu
5. Dr.Abhiram



**MEDICAL CAMP  
CO-ORDINATOR  
SAMC & H, BENGALURU.**