

Sushrutha Ayurvedic Medical College & Hospital, BENGALURU

Recognised by - NCISM, Ministry Of AYUSH New Delhi, Affiliated to RGUHS, Bengaluru
Prashanthi Kuteeram, Jodi Bingipura, JiganiHobli, Anekal Taluk-560105

Annual Report

Cultural events and achievements report:

The year 2024 was marked by active participation and spectacular showcase in the cultural events by the students of SAMCH. The following events highlight their enthusiasm and dedication:

1. INCOFYRA CULTURALS

Our students participated in the cultural showcase of an international conference which was hosted by Svyasa deemed to be university. We selected the theme ***panchamahaboota*** to represent ayurveda through dancing.

Event date: 05/01/2024

Around 80 students participated in our grand showcase.

2. KALA MRUNALINI

The cultural tapestry of Kala Mrunālini, where ancient Āyurvedic wisdom merges seamlessly with artistic expression. Celebrating 'Sāntvam Saundaryam, the harmonious blend of mind, body, and soul. Immerse yourself in the vibrant 'Rasāyanā' of talents amid the serenity of 'Prakriti, witnessing the divine interplay of Sādhana and 'Kala. Kala Mrunālini: An ode to the synthesis of tradition and innovation, where Āyurveda essence resonates in every artistic bloom.

We organised different cultural events to bring out the hidden talents of our students

Event dates: 8/01/24 - 10/01/24

Overall cultural champions: warriors

Around 16-18 events were held in 3 days, where more than 150 students participated.

3. RAMA PRANA PRATISHTHA

On 22nd January we organised a small procession in the occasion of RAMA PRANA PRATISHTHA which was held in Ayodhya. We made our students dress up as RAMA, LAKSHMANA, SITA & HANUMANA to evoke the devotion and gratitude for the big day.

All the students actively participated in the procession.

4. GOURI GANESHA CHATURTHI CELEBRATION

The gauri ganesha celebration held from 9/9/24 - 11/9/24 was a vibrant and spiritually enriching event that brought together devotees to honour goddess gauri and lord ganesha. This year's festivities were marked by a series of themes and rituals, culminating in a grand visarjan.

All our students participated in huge numbers for the aarti, pooja and other activities. The 3 days were filled with blessings, grace and devotion.

Spot dance competition and Musical bonanza were organised to keep the spirits high. On the last day Procession followed by Visarjana and Prasadam distribution was done.

5. GARBA DAY

On 5/10/24 the vibrant and culturally rich garba event took place as a part of the Navaratri celebrations. The event was a joyous occasion that brought together students and faculty to celebrate the spirit of the Navratri through traditional dance and attire.

Colour theme for navratri was given for the faculty, staff members, interns, pg students for the 9 days. RANGOLI was made based on the colours allotted for the respective dates (3/10/24 - 11/10/24)

Garba day was an open event for the other colleges to participate. Cash prizes and certificates were distributed for the categories: BEST DRESSED, BEST DANCER & BEST DUO.

6. AYURVEDA DAY

On the auspicious occasion of ayurveda day and dhanteras, a vibrant Dhanwantari pooja was conducted. The event was celebrated with great enthusiasm, highlighting the significance of ayurveda and honouring Lord Dhanvantari, the divine propagator of this ancient system of medicine. Beautiful decoration was done by our team of students.

Painting competition and Fireless cooking competition was also organised for the same.
Event date: 29/10/24

7. AVABODHINI 2.0

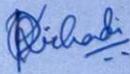
The avabodhini cultural event took place on 6/12/24 attracting an enthusiastic audience of approximately 300 attendees. The event commenced at 6:30pm and featured a diverse lineup of performances that showcased various cultural traditions. The event ended with a mesmerising grand finale by 65+ students showing the unity in diversity. The audience was awestruck and all the students were appreciated for the efforts and hardwork.

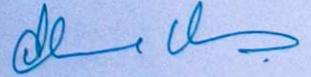
8. KANNADA RAJYOTSAVA

On 30/12/24 a vibrant celebration of Kannada Rajyotsava was organised honouring the rich heritage of Karnataka. The event brought together various schools of sciences, showcasing a spirit of unity and cultural diversity. A colourful procession followed by cultural events took place on the same day. Folk dance and songs were presented on the stage by group of students.

By
Cultural committee,

Cultural head: Dr. Prabhavati
Cultural secretary: Nandini M
And all the class cultural representatives





Principal
Shrutha Ayurvedic Medical College & Hospital
Bangalore-560 1