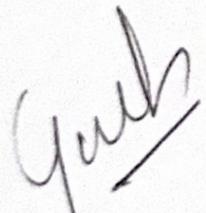


Sushrutha Ayurveda Medical College & Hospital, Bangalore

First year BAMS 2025-2026 Time Table (With effect from 19/ 01/2026)

Day	9.00am-9.50am	9.50am-10.15am	10.30am -11.20am	11.20am-12.10pm	12.10pm-1.00pm	2.00 pm - 2.30pm	2.30pm - 03.20pm	3.20 - 4.10pm
Mon	Padartha Vij LH Dr Sahana	M y t h r i M i l a n	Sh.Rachana LH/NLH Dr Remitha		Sh.Kriya LH/NLH Dr Bindusree	Mentor Meeting	Sh.Rachana LH/NLH Dr Ambethkar	Sanskrit NLH Mr Sanjeev Hegade
Tue	Padartha Vij LH Dr Suganya		Sh.Rachana LH/NLH Dr Ambethkar	Samhita Adhyayana NLH Dr Sahana/ Dr Divya		L I B R A R Y	Rachana/KriyaNLP Dr Soniya/Dr Bindusree	
Wed	Sh.Rachana LH/NLH Dr Soniya		Sh.Kriya LH/NLH Dr Nimisha	Samhita LH Dr Suganya	Sanskrit NLH Mr Sanjeev Hegade		Rachana/Kriya NLP Dr soniya/ Dr Bindusree	
Thu	Padartha Vij NLH Dr Sahana		Sh.Rachana LH/NLH Dr Soniya	Padartha Vijnana NLH Dr Suganya	Samhita LH Dr Divya		Rachana/Kriya NLP Dr Ambethkar/ Dr Nimisha	
Fri	Samhita Pathana Dr Divya		Sh.Kriya LH/ NLH Dr Chandrakala	Sanskrit LH Mr Sanjeev Hegade	Padartha Vijnana NLH Dr Alok Roy		Rachana/ Kriya NLP Dr Ambethkar/ Dr Nimisha	
Sat	Sh.Kriya LH/NLH Dr Bindusree		Sanskrit LH Mr Sanjeev Hegade	Samhita Pathana Dr Suganya	Sanskrit Practicals Mr Sanjeev Hegade	Mentor Meeting	ECE/Village visit	SPORTS/ ECA

Samhitha Adhyayana- 2+4 Padartha Vijnana - 2+3 Sanskrit - 5 Rachana - 6+8 Kriya- 4+8


Academic Dean


Principal
19/1/26