

# Annual report

# 2025-2026

## **Vision:**

To be the best Ayurveda Institution known for its excellence in -

- Education, Healthcare & Research

## **Mission:**

- Excellent teaching with best of east & best of west methods.
- Creating campus atmosphere with Indian cultural values.
- At most services to public by Ayurveda treatments.

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## CONTENTS

1. Introduction
2. Governing Council
3. Faculty Team
4. Achievements of SAMC&H
5. Courses and Students
6. Infrastructure Facilities of SAMC&H
7. Important Events in SAMC&H – 2022-23
8. Activities of Different Departments
9. Extension Activities
10. Calendar of Events

# 1. INTRODUCTION



Sushrutha Ayurvedic Medical College and Hospital, nestled in the serene and vibrant campus of SVYASA Deemed to be University, Jigani, Bengaluru, stands as a premier institution for immersive learning in Ayurveda. With a glorious journey of over 23 years, the college has earned a reputation for excellence by blending the timeless wisdom of Ayurveda with modern scientific practices. Renowned for its commitment to quality education, holistic healthcare, and authentic healing therapies, the institution continues to inspire and nurture the next generation of Ayurvedic professionals.

The college is equipped with a well-planned infrastructure that provides the perfect environment for academic growth and clinical training. Both UG and PG students benefit from state-of-the-art departmental laboratories, a central herbal garden rich with medicinal plants, and a comprehensive library that keeps them abreast of the latest advancements in Ayurveda. The fully functional 120-bed hospital further enhances hands-on learning, with specialized OPD, IPD, Therapy Units, Diagnostic Laboratory, and an Ayurveda drug manufacturing facility with inbuilt quality control measures.

Selected this year for QCI rating and receiving highly positive feedback, the college has once again reaffirmed its position as a trusted center of excellence. Sushrutha Ayurvedic Medical College and Hospital takes immense pride in producing outstanding practitioners who not only excel in their profession but also embody compassion, ethics, and dedication. With a vision to emerge as a global leader in Ayurvedic education and healthcare, the institution strives to promote Ayurveda as a vital pillar of holistic well-being, while setting benchmarks in teaching, research, and patient care.



## 2. GOVERNING COUNCIL

### 2.1 Board of Directors



**Dr H R Nagendra**

ME, PhD

Chairman



**Dr H R Dayanand Swamy**

MSc (Yoga), MBA, Ph.D

Director



**Dr. B R Ramakrishna**

BSAM, BAMS, MD, PhD (Yoga)

Director



**Dr. N K Manjunath Sharma**

BNYS, PhD

Director



**Dr. Vasudeva Vaidya**

BAMS, MSc (Yoga), MBA

Ex Deputy Medical Superintendent (Ex – officio)



**Dr. Alok Roy**

BAMS, MD

Principal (Ex - officio)

SAMC&H

2.2. Academic Council



Dr. Alok Roy  
Principal,  
Professor & HOD  
Dept of Basic Principles



Dr. Sanghamitra Patnaik,  
Medical Superintendent,  
Professor & HOD,  
Dept of Panchakarma



Dr. V. Venkata Reddy,  
Director of P.G Studies,  
Professor,  
Dept of Kayachikitsa



Dr. Champa Pant  
Academic Dean,  
Professor & HOD,  
Dept of Kaumarabritya



**Members:**

- Dr. Chandrakala, Prof & HOD, Dept of Kriya Sharira
- Dr. Anagha D N, Prof & HOD, Dept of Roga Nidana & Vikruti Vignana
- Dr. B. Ravikiran, Prof & HOD, Dravyaguna Vignana
- Dr. Prabhavati C Kichadi, Prof & HOD, Dept of Rasa Shastra & Bhaishajya Kalpana
- Dr. Sandhya D S, Prof & HOD, Dept of Agada Tantra & Vyavahara Ayurveda
- Dr. Ranjitha B M, Prof & HOD, Dept of Prasuti Tantra & Stree Roga
- Dr. Remita K K, Prof & HOD, Dept of Rachana Shareera
- Dr. Nikhila B Hiremath, Prof & HOD, Dept of Swasthavritta
- Dr. Roopa L, Prof & HOD, Dept of Shalaky Tantra
- Dr. Mohan Krishna, Associate Prof & In-charge HOD, Dept of Shalya Tantra



## 3. FACULTY TEAM

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL (AYU0091)							
"PRAHANTHI KUTEERA", ACDAMIC BLOCK, JIGANI, BANGLAORE-560105, PH-08022639910							
Department of Basic Principles							
Sl. No.	Name of the Teacher and Teacher Code	UG Qualification (University & Year)	PG Qualification with subject (University & year)	Date wise details of Experience in chronological order (1st appointment to till date)			
				Duration From-To	Designation	Name of the college	Department (subject)
1.	Dr. Alok Roy (AYSS00520)	BAMS Kuvempu University 2000	MD (Siddant and darshan) Bharathi Vidyapeeth 2004	1/9/2004 - 17/9/05	Asst.Professor	SAMC & H, Bangalore	Basic Principles
				11/12/2006 - 31/05/2008	Asst.Professor	SKAMC & H & RC, B'lore	Basic Principles
				1/06/2008 - 4/12/ 2010	Asst.Professor	SAMC & H, Bangalore	Basic Principles
				6/12/2010 - 31/07/2017	Associate Professor	SAMC & H, Bangalore	Basic Principles
				1/08/2017- 31/12/2019	Professor	SAMC & H, Bangalore	Basic Principles
				1/01/2020 - 17/12/2023	Professor	SAMC & H, Bangalore	Kriya Shareea
				18/12/2023 - till date	Professor	SAMC & H, Bangalore	Basic Principles
2.	Mr.Sanjeeva Krishna Hegade (AYSN00082)	BA (Vidwath) KSEE Board, Mysore,	MA Sanskrit Mangalore University 2003	2/12/2006 - 21/10/2008	Asst. Professor	Taranath Govt. AMC, Bellary	Basic Principles
				04/6/2009 - 31/05/2017	Asst. Professor	SAMC & H, Bangalore	
				1/06/2017- 31/12/2023	Associate Professor	SAMC & H, Bangalore	
				1/01/2024 - till date	Professor	SAMC & H, Bangalore	
3.	Dr. Sahana C	BAMS RGUHS 2009	MD (Ayurveda Sidhanta) RGUHS 2014	29.12.2014 - 27/ 12/ 2019	Asst. Professor	SAMC & H, Bangalore	Basic Principles
				28/12/2019 - 31/03/2023	Associate Professor		
				1/4/2023- 31/12/2024	Associate Professor	Rajashekaraiah Institute of Ayurveda Medical Sciences and Hospital, Solur	
				01/ 01/25 - 30/11/2025	Professor	Rajashekaraiah Institute of Ayurveda Medical Sciences and Hospital, Solur	



				1/12/25 - till date	Professor	SAMC & H, Bangalore	
4.	Dr. Divya Nagari N (AYSS00266)	BAMS RGUHS 2011	MD (Ayurveda Samhita) RGUHS 2015	10/12/2015-2/05/2021	Asst. Professor	SAMC & H, Bangalore	Basic Principles
				3/05/2021 - till date	Associate Professor		
5.	Dr. P Suganya Devi (AYSS02049)	BAMS The Tamilnadu Dr MGR Medical University 2020	MD (Ayurveda Samhita) RGUHS 2024	9-05-2024 - 30-07-2024	Asst. Professor	Dharma Ayurveda Medical College, Chennai	Basic Principles
				18/09/2024 - till date		SAMC & H, Bangalore	
<b>Department of Shareera Rachana</b>							
6.	Dr. Remitha Kuppattu Kalladithodi (AYRS00194)	BAMS 2006 RGUHS Karnataka	MD (Shareera Rachana) 2012 RGUHS Karnataka	01/01/2013 to 31/12/2017	Asst. Professor	SAMC & H, Bangalore	Shareera Rachana
				01/01/2018-21/02/2023	Associate Professor	SAMC & H, Bangalore	
				22/02/2023 -till date	Professor	SAMC & H, Bangalore	
7.	Dr. Shijin Raj (AYRS00195)	BAMS 2009 Kerala University	MD (Shareera Rachana) 2014 RGUHS Karnataka	19/12/2013 to 17/12/2018	Asst. Professor	SAMC & H, Bangalore	Shareera Rachana
				18-12-2018 - 13.08.2025	Associate Professor		
8.	Dr. Ambethkar.S	BAMS 2015 (DR.M.G.R Medical University)	MD (Rachana Shareera) 2018 (DR.M.G.R Medical University)	1.1.2019 to 1.1.2024	Asst. Professor	IIAMR	Shareera Rachana
				2.1.2024 to 3.5.2024	Associate Professor		
				4.5.2024 to 11.9.2024	Associate Professor	Rajashekaraiah Institute of Ayurveda medical college solur Ramanagar	
				12.9.2024 to 3.11.2024	Associate Professor	Rashmi Institute of Ayurveda medical science & Research Centre Kudligi Vijayanagra	
				4.11.2024 to 6.8.2025	Associate Professor	Rajashekaraiah Institute of Ayurveda medical college solur Ramanagar	
07.08.2025 - till date	Associate Professor	SAMC & H, Bangalore					
<b>Department of Shareera Kriya</b>							





9.	Dr. Chandrakala (AYKC01884)	BAMS 1997- RGUHS	MD (Kayachikitsa) 2001  RGUHS	01/12/2001- 01/03/2004	Asst.Professor	AMC, Chitradurga	Roga Nidana Evum Vikriti Vignana
				08/04/2006- 23/08/2008	Asst.Professor	GAMC, Bangalore	
				08/04/2011- 08/01/2012	Asst.Professor	AAMC,H & RC, Doddaballapur	
				09/01/2012- 04/06/2017	Associate Professor	AAMC,H & RC, Doddaballapur	
				05/06/2017- 05/02/2021	Professor	AAMC,H & RC, Doddaballapur	
				06/02/2021- 28/03/2024	Professor	AAMC,H & RC, Doddaballapur	Kriya Shareera
				30/03/2024 - till date	Professor	SAMC & H, Bangalore	
10.	Dr.Nimisha B Raj (AYKS00127)	BAMS, 2010, TTCMSM (Deemed University)	MD Kriya Shareera 2014	29/12/2014 -27.12.2019	Asst.Professor	SAMC&H, Bangalore	Sharir Kriya
				28.12.2019- till date	Associate Professor		
11.	Dr. Bindhushree	BAMS- Amruta College of Ayurveda - 2018	MD (Kriya Shareera) 2024-Govt. Ayurveda College, Kannur	14/06/2024- till date	Asst.Professor	SAMC & H, Bangalore	Kriya Shareera
<b>Department of Dravyaguna Vignana</b>							
12.	Dr.Ravi Kiran B (AYDG00305)	BAMS, Bangalore University- 1998	MD (Dravyaguna )NTR University- 2004	6/12/2004 - 5/12/2009	Lecturer	SAMC & H	Dravyaguna
				6/12/2009 - 31/05/2012	Associate Professor	SAMC & H	
				01.06.2012- 06.07.2013	Associate Professor	SDMT.AMC, TERDAL, Bagalkot	
				03/09/2014- 25/04/2015	Associate Professor	AYMC, Tumkur	
				27/04/2015- 31/07/2017	Associate Professor	SAMC & H	
				01/08/2017- 13.02.2018	Professor	SAMC & H	
				14.02.2018- 26.4.2021	Professor	SAMC & H	Agdatantra
				27.04.2021 -till date	Professor	SAMC & H	Dravyaguna
13.	Dr.Sunitha M P (AYDG00592)	BAMS RGUHS 2007	MD	02/11/2011 - 21/12/12	Asst.Professor	Rama krishna AMC, B'lore	Dravyaguna



			(Dravyaguna) RGUHS, 2011	24/12/2012 -31/07/2017	Asst.Professor	SAMC & H, Bangalore	
				01/08/2017- 24/04/2022	Associate Professor	SAMC & H, Bangalore	
				25/04/2022- till date	Professor	SAMC & H, Bangalore	
14.	Dr. Niveditha Shetty (AYDG00247)	BAMS- RGUHS-2011	MD- (Dravyaguna)- RGUHS-2014	16/01/2015 to 04/01/2018	Asst. Professor	KAMC, Mangalore	Dravyaguna
				08/01/2018 to 26/07/2022	Asst. Professor	SDMCA, Udupi	
				27/07/2022 - till date	Associate Professor	SAMC&H, Bangalore	
15.	Dr. Nischal P (AYDG01385)	BAMS- RGUHS-2013	MD (Dravyaguna)- RGUHS-2019	01.01.2020 - 22.05.2025	Asst. Professor	SAMC&H, Bangalore	Dravyaguna
				23/05/2025 - till date	Associate Professor		
16.	Dr. Akshatha Somayaji K (AYDG01993)	BAMS- RGUHS-2020	MD (Dravyaguna) -RGUHS 2024	05/08/2024 - till date	Asst. Professor	SAMC & H, Bangalore	Dravyaguna

Department of Rasashastra & Bhaishajya Kalpana

17.	Dr.Prabhavati Kichadi Channappa (AYRB00627)	BAMS RGUHS 2005	MD (Bhaishajya Kalpana) 2014 RGUHS	16/1/2014 - 15/01/2019	Asst. Professor	SAMC & H, Bangalore	Rasashastra & Bhaishajya Kalpana
				16/01/2019 - 29/02/2024	Associate Professor		
				01/03/2024 - till date	Professor		
18.	Dr. Anupama Janakiram (AYRB00312)	BAMS RGUHS 2011	MD Rasashastra & Bhaishajya Kalpana- RGUHS-2017	01/01/2018- 21/02/2023	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana
				22/02/2023 - till date	Associate Professor	SAMC&H, Bangalore	
19.	Dr. Abhishek Biswas (AYRB00311)	BAMS - RGUHS-2009	MD-Madhya Pradesh Medical Science University- 2019	01/03/2019 - 28/02/2020	Asst. Professor	IIAM Bangalore	Rasashastra & Bhaishajya Kalpana
				18/03/2022 - till date	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana

Department of Roga nidana and Vikriti Vignana

20.	Dr.Raghavendra MP (AYKC01082)	BAMS Karnataka University (1997)	MD (Kayachikista) RGUHS-2005	02/05/2004- 02/05/2009	Asst. Professor & Principal	Amurutha Ayurvedic medical colloge, Chithradurga	Kayachikitsa
				03/05/2009- 30/04/2014	Associate Professor & Principal	Amurutha Ayurvedic medical colloge, Chithradurga	



				01/05/2014-15/03/2016	Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	
				13/05/2016-29/01/2019	Professor	Sushrutha Ayurvedic Medical college & Hospital, Bangalore	
				30/01/2019 – 04/08/2025	Professor	Sushrutha Ayurvedic Medical college, Bangalore	Roganidana
21.	Dr. Anagha DN (AYKC00984)	BAMS RGUHS 2009	MD (Kayachikitsa) RGUHS 2013	19/03/2014 -31/01/2019	Asst. Professor	SAMC & H, Bangalore	Kayachikitsa
				01/02/2019 -17.03.2019	Asst. Professor		Roganidana
				18.03.2019-27.12.2024	Associate Professor		Roganidana
				28.12.2024-till date	Professor		
22.	Dr. Sowmya H (AYRN00136)	BAMS, RGUHS-2012	MD (Roganidana) RGUHS 2015	17/12/2015-07/10/2017	Asst. Professor	ATREYA AYU, Bangalore	Roga nidana and Vikriti Vignana
				16/10/2017-23/12/2020	Asst. Professor	SAMC&H, Bangalore	
				24/12/2020-till date	Associate Professor	SAMC&H, Bangalore	
23.	Dr. Rashmi (AYRN00734)	BAMS, RGUHS-2017	MD (Roganidana) RGUHS 2020	28/12/2020 -till date	Asst. Professor	SAMC&H, Bangalore	Roga nidana and Vikriti Vignana
<b>Department of Swastavritta</b>							
24.	Dr. Nikhila (AYSV00173)	BAMS- RGUHS 2002	MD (Swastha Vritta) RGUHS 2007	01/06/2007 -31/05/2008	Asst. Professor	Shree RKM Ayurveda Medical College, Bijapur	Swastavritta
				01/06/2008 -05/05/2010	Asst. Professor	Shree CB Guttal Ayurveda Medical College, Dharwad	
				06/05/2010 -20/01/2015	Asst. Professor	SRI SRI AMC, Bangalore	
				21/10/2015 -01/04/2018	Associate Professor	SRI SRI AMC, Bangalore	
				02/04/2018-14/07/2023	Professor	SRI SRI AMC, Bangalore	
				17/07/2023 -till date	Professor	SAMC & H, Bangalore	



25.	Dr.Sandeep S (AYSV00270)	BAMS RGUHS 2011	MD (Swastha Vritta) RGUHS 2015	10/12/2015- 9/12/2020	Asst.Professor	SAMC & H, Bangalore	Swastavritta
				10/12/2020- 12/10/2015	Associate Professor		
26.	Dr. Athira (AYSV01070)	BAMS- RGUHS-2017	MD (Swasta Vritha) 2021- RGUHS	14.02.2024 – till date	Asst. Professor	SAMC & H, Bangalore	Swastavrittha
<b>Department of Agadatantra &amp; Vyavahara Ayurveda</b>							
27.	Dr. Sandhya DS (AYDG00601)	RGUHS-1999	MD (Dravyaguna) RGUHS-2003	1/11/2003 - 31/10/2008	Asst. Professor	SKBAMC, Bangalore	Dravyaguna
				1/11/2008 - 30/11/2013	Associate Professor	SKBAMC, Bangalore	Dravyaguna
				20/10/14 - 30/4/16	Professor	RAMC, Bangalore	Dravyaguna
				1/12/16 - 9/3/18	Professor	Amrutha, Chitradurga	Agadatantra
				10/03/18 - till date	Professor	SAMC&H, Bangalore	Agadatantra
28.	Dr. Harish Babu H (AYAT00223)	BAMS RGUHS 2011	MD (Agadatantra & Vyavahara Ayurveda) KLE-2014	06/08/2014- 21/10/2015	Asst. Professor	BAMC, Chitradurga	Agadatantra & Vyavahara Ayu.
				22/10/2015- 06/08/2019	Asst. Professor	SAMC & H, Bangalore	
				07/08/2019- 8/8/2024 – till date	Associate Professor	SAMC & H, Bangalore	
				8/8/2024 – till date	Professor		
29.	Dr. Jayalakshmi K M	BAMS KUHS 2019	MD (Agadatantra & Vyavahara Ayurveda) University: ITRA Jamnagar 2025	02/05/2025 – till date	Asst. Professor	SAMC & H, Bangalore	Agadatantra & Vyavahara Ayu.
<b>Department of Prasooti Tantra &amp; Stree Roga</b>							
30.	Dr. Shubha Muddanna (AYPS00417)	BAMS RGUHS 2004	MS (Prasooti Tantra & Stree Roga) RGUHS 2014	05/12/2013- 04/12/2018	Asst.Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
				05/12/2018- 23/12/2019	Associate Professor		Kaumara bhritya
				24/12/2019- 22/11/2023	Associate Professor		
				23/11/2023- 04/02/2024	Associate Professor		Prasooti Tantra & Stree Roga
				05/02/2024 – 04/08/2025	Professor		
31.	Dr.Ranjitha B M (AYPS00385)	BAMS RGUHS-2010	RGUHS-MS- SRPT-2014	01/01/2015- 31/12/2018	Asst.Professor	KAMC, Mangalore	Prasooti Tantra & Stree Roga



				01/01/2019 - 31/12/2019	Asst.Professor	SAMC&H, Bangalore	
				01.01.2020 - 9/02/2025	Associate Professor		
				10/02/2025	Professor		
32.	Dr. Netravati (AYPS01052)	BAMS- RGUHS-2014	MS (PTSR) 2019-RGUHS	01/01/2020 - 18/05/2024	Asst.Professor	BVVS Ayurved Medical College & Hospital, Bagalkote	Prasooti Tantra & Stree Roga
				03/06/2024 - 20/11/2025	Asst.Professor	SAMC & H, Bangalore	
				21/11/2025 - till date	Associate Professor		
33.	Dr. Shruthi R	BAMS RGUHS 2019	MS (PTSR) 2025 RGUHS	2/05/2025 - till date	Asst.Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
<b>Department of Kaumara Bhritya</b>							
34.	Dr.Champa Pant (AYKC00983)	BAMS Kanpur University 1995	MD (Kayachikits a) Delhi University 2005	11/11/2009 - 11.11.2014	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
				12.11.2014- 10.11.2019	Associate Professor		
				11.11.2019 -till date	Professor		
35.	Dr. Vanita T. Havinal (AYKB00112)	BAMS - Rajiv Gandhi University of health science year- 2011	PG in Kaumarbhritya KLE University Belgaum Year- 2016	18/8/2017 to 17/8/2023	Assistant professor	Indian Institute of Ayurvedic medicine and Research Bangalore	Kaumara bhritya
				18/8/2023 to 5/6/2025	Associate professor		
				18/6/2025 to till date	Associate professor	SAMC & H, Bangalore	
36.	Dr.Sindhu N (AYKB00683)	BAMS- RGUHS-2015	MD- BALAROGA -2020	09/12/2020- till date	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
37.	Dr.Namitha R	BAMS RGUHS - 2020	MD- BALAROGA - sri sri college of Ayurvedic science and research- 2025	28.04.2025 - till date	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
<b>Department of Kayachikista</b>							
38.	Dr. V. Venkatram Reddy (AYKC01013)	BAMS, Nagrjuna University- 1990	MD (Kayachikista) NTR University-1995	10.7.97- 10.7.2002	Asst.Professor	SSAMC, Bidar	Panchakarma
				11.7.02- 30.10.06 & 02.01.07- 08.02.08	Associate Professor	SSAMC, Bidar	



				20.05.08-09.12.2010	Professor	SSAMC, Bidar	
				27.12.10-11.07.2018	Professor	SAI RAM SAMC, Chennai	
				12.07.2018-04/01/2019	Professor	SAMC &H, Bangalore	
				05/01/2019 - till date	Professor	SAMC&H, Bangalore	Kayachikitsa
39.	Dr. Sowmya SB (AYKC01251)	BAMS- University of Mysore-1997	RGUHS- MD- Kayachikitsa - 2001	17/09/2002 -03/07/2008	Asst.Professor	JSS, Mysore	Kayachikista
				09/09/2008-26/07/2010	Associate Professor	Shri KBS, Bangalore	
				27/07/2010-13/09/2016	Associate Professor	ATREYA AYU, Bangalore	
				14/09/2016-17/02/2018	Professor	ATREYA AYU, Bangalore	
				19/02/2018-20/03/2020	Professor	Rama krishna AMC, B'lore	
				21/03/2020-30/03/2021	Professor	Karavali, Mangalore	
				01/04/2021-28/06/2023	Professor	Rama krishna AMC, B'lore	
				01/07/2023 -till date	Professor	SAMC, Bangalore	
40.	Dr. Shubharani M (AYKC01066)	BAMS RGUHS 2008	MD (Kayachikitsa) 2012	01/01/2013-31/12/2017	Asst. Professor	SAMC&H, Bangalore	Kayachikista
				01/01/2018-21/02/2023	Associate Professor	SAMC & H, Bangalore	
				22/02/2023 - till date	Professor	SAMC & H, Bangalore	
41.	Dr. Asha Rani K (AYKC00554)	BAMS, RGUHS2012	MD (Kayachikista) RGUHS 2016	12/01/2017-24/04/2022	Asst.Professor	SAMC & H, Bangalore	Kayachikista
				25/04/2022-till date	Associate Professor		
42.	Dr. Ramyashree G (AYKC00567)	BAMS, RGUHS2012	MD (Kayachikista) RGUHS 2015	31/12/15-12/10/17	Asst.Professor	ATREYA AYU, Bangalore	Kayachikista
				13/10/17-31/05/2023	Asst.Professor	SAMC&H, Bangalore	



				01/06/2023 - till date	Associate Professor	SAMC&H, Bangalore	
43.	Dr. Ananyalakshmi	BAMS-RGUHS-2020	MD (Kayachikitsa) 2024-RGUHS	6-08-2024 – 8.01.2026	Asst.Professor	SAMC & H, Bangalore	Kayachikitsa
44.	Dr. Shashikala V	BAMS-RGUHS-2020	MD (Kayachikitsa) - 2025 RGUHS	03/01/2026	Asst.Professor	SAMC & H, Bangalore	Kayachikitsa
<b>Department of Panchakarma</b>							
45.	Dr.Sanghamitra Patnaik (AYKC00569)	BAMS, Utkal University 1992	MD (Kayachikitsa) Utkal University 1999	21/09/99 - 31/10/2004	Asst.Professor	N K J AMC, Bidar	Panchakarma
				01/11/2004 - 28/02/09	Associate Professor	N K J AMC, Bidar	
				01/03/09 - 19/05/2010	Professor	N K J AMC, Bidar	
				21/05/2010 - 11/01/2021	Professor	SAMC & H, Bangalore	
				12/01/2021 - till date	Professor	SAMC & H, Bangalore	
46.	Dr.Pooja B A (AYPK00491)	RGUHS-2008	(Panchakarma) RGUHS-2011 and Ph.D (Panchakarma) DRSRRAV-2014, JODHPUR	18.1.13-17.1.14	Asst.professor	National Institute of Ayurveda, Jaipur	Panchakarma
				03.2.14 - 24.12.14	Asst.professor	TMAES, Ayurvedic Medical College, Shimoga	
				26.12.14-21.4.18	Asst.professor	SDM, Udupi	
				23.4.18-12/02/2025	Associate Professor	SAMC&H, Bangalore	
				13/02/2025	Professor		
47.	Dr. Ramya R V (AYPK00923)	BAMS RGUHS-2009	MD (Panchakarma), Madhya Pradesh Medical Science University, Jabalpur - 2019	01/06/2020-13/11/2025	Asst.Professor	SAMC & H, Bangalore	Panchakarma
				14/11/2025 – till date	Associate Professor		
48.	Dr. Priya N K	BAMS 2011 Kannur University	MD Panchakarma 2025, Kerala University of Health Sciences (KUHS)	1.12.2025 – till date	Asst.Professor	SAMC & H, Bangalore	Panchakarma
<b>Department of Shalya Tantra</b>							
49.		RGUHS BAMS 2011		17/12/2015-22/07/2016	Asst.professor	IGMC, Bhubansher	Shalya Tantra



	<b>Dr.Mohana Krishna G (AYST00429)</b>		<b>MS (Shalya Tantra) RGUHS 2015</b>	01/8/2016-23/12/2020	Asst.professor	SAMC&H, Bangalore	
				24/12/2020 – 7/01/2026	Associate Professor	SAMC&H, Bangalore	
50.	<b>Dr.Shalini U A (AYST00928)</b>	<b>BAMS-RGUHS-2013</b>	<b>MS-RGUHS-2018</b>	10/12/2018-28/12/2020	Asst.Professor	Hillside Ayurvedic Medical College & Hospital	<b>Shalya Tantra</b>
				29/12/2020-14/02/2025	Asst.Professor	SAMC&H, Bangalore	
				15/02/2025 – till date	Associate Professor		
51.	<b>Dr Arya S Menon (AYST02062)</b>	<b>BAMS - Amrita Vishwa Vidyapeetam April 2014</b>	<b>MD - Amrita Vishwa Vidyapeetam November 2020</b>	April 1st 2022- October 2022	Assistant Professor	Ayurveda College Coimbatore	<b>Prasuti Tantra and Streeroga</b>
				December 2022- December 2024	Assistant Professor	Sri Jayendra Saraswathy Ayurveda College and Hospital, Chennai	<b>SAMC &amp; H, Bangalore</b>
				December 2024 to May 2025	Assistant Professor	Sri Paripoorna Sanathana Ayurveda College and Hospital, Bangalore	
				June 2025- till date	Assistant Professor	SAMC&H, Bangalore	
52.	<b>Dr. Swathi C Nair (AYST02473)</b>	<b>BAMS 2020 Kerala University of health and science</b>	<b>MD 2024 RGUHS</b>	24-2-2024 to 24-5-2025	Assistant Professor	Sri Paripoorna Santhana Ayurveda medical college	<b>SAMC &amp; H, Bangalore</b>
				Dec 1st 2025	Assistant Professor	SAMC & H, Bangalore	
<b>Department of Shalakyta Tantra</b>							
53.	<b>Dr.Roopa L (AYSK00301)</b>	<b>BAMS-2003-RGUHS</b>	<b>MS (Shalakyta Tantra) 2008</b>	01/07/08-19/12/08	Asst.Professor	Amrutha-Chitradurga	<b>Shalakyta Tantra</b>
				20/12/2008-02/07/2013	Asst.Professor	Ashwini - Davanagera	
				03/07/2013-31/10/2013	Associate Professor	Ashwini - Davanagera	
				05/11/2013-27/12/2017	Associate Professor	Amrutha-Chitradurga	
				01/01/2018-01/07/2018	Associate Professor	SAMC & H, Bangalore	
				02/07/2018- till date	Professor	SAMC & H, Bangalore	





54.	Dr. Renu V T (AYSK00233)	BAMS-SRI CHANDRAS HEKAREND RA SARSWATH I VISWA MAHAVIDY ALAYA (SCSVMV)- 2008	MS- SHALKYA TANTRA- RGUHS-2016	01.08.2016- 28.02.2017	Asst.Professor	ATREYA AYU, Bangalore	Shalaky Tantra
				01.03.2021- 18.12.2020	Asst.Professor	RamakrishnaBa ngalore	
				21.12.2020- 31.07.2021	Asst.Professor	Vishnu AMC, Shoranur	
				01.08.2021- 31.08.2022	Associate Professor	Vishnu AMC, Shoranur	
				06.09.2022- till date	Associate Professor	SAMC & H, Bangalore	
55.	Dr. Harish G (AYSK00827)	BAMS- RGUHS-2015	MS (Shalaky Tantra) 2020- RGUHS	09/12/2020- till date	Asst.Professor	SAMC & H, Bangalore	Shalaky Tantra
56.	Mr.Narendra	BSC -Yoga- SVYASA- 2016	M.Sc -Yoga- SVYASA- 2020	14/01/2019- till date	Yoga Teacher	SAMC & H, Bangalore	Yoga Teacher
57.	Mrs.Soubhagya Laxmi Mohanty	BA-1999	M Sc, Maths- 2001	02/11/2022- 20/01/2025	Biostatistician	SAMC & H, Bangalore	Biostatistica n

**New Joining – Teaching Staff**

1.	Dr. Shruthi R	Assistant Professor	PTSR	02.05.2025
2.	Dr. Jayalakshmi M	Assistant Professor	Agada Tantra.	02.05.2025
3.	Dr. Arya S. Menon	Assistant Professor	Shalyatantra.	09.06.2025
4.	Dr. Vanita T. Havinal	Associate Professor	Kaumarabhritya	18.06.2025
5.	Dr. Ambethkar.S	Associate Professor	Rachana Shareera .	07.08.2025
6.	Dr. Priya N K	Assistant Professor	Panchakarma.	01.12.2025
7.	Dr. Swathi C Nair	Assistant Professor	Shalya Tantra	01.12.2025
8.	Dr. Sahana . C	Professor	Samhita & Siddhanta	01.12.2025
9.	Dr. Soniya Manik Dahat	Assistant Professor	Rachana Shareera.	03.12.2025
10.	Dr. Aswathy P	Assistant Professor	Shalaky Tantra	10.12.2025
11.	Dr. Shashikala V	Assistant Professor	Kayachikitsa.	03.01.2026



PROFORMA TO FURNISH THE DETAILS OF NON-TEACHING STAFF

Sl. No.	EMP ID	Name of the Employee	Qualification	Date Of Appointment	Nature of Appointment (Regular / Contractual / Part time)	Name of working department	Designation
1	SAMCH203	Jagadish H S	M.Lib	10.10.2011	Regular	Library	Librarian
2	SAMCH224	Archan Rai	B.Lib	09.02.2021	Regular	Library	Asst.Librarian
3	SAMCH243	Rathnamma	7th	24.03.2023	Regular	Library	Attendant / Peon
4	SAMCH201	Laxminarayana Bhagwat	M.Com	02.12.2013	Regular	College office	Clerical staff for admin & Accounts
5	SAMCH202	Rayala Kumar	B sc/MBA	05.01.2007	Regular	College office	Clerical staff for admin & Accounts
6	SAMCH214	Mamatha B N	MBA	21.12.2020	Regular	College office	Clerical staff for admin & Accounts
7	SAMCH248	Jarina Bibi	5th	28.12.2023	Regular	Samhita Siddanta	Attendant
8	SAMCH204	Prakash M T	10th	07.07.2004	Regular	Rachana Shareera	Museum Keeper
9	SAMCH229	Ujjini Kotreshi	B.A	09.07.2018	Regular	Rachana Shareera	Laboratory Technician
10	SAMCH222	Dilip sarmah	9th	01.09.2014	Regular	Rachana Shareera	Anatomy Lifter
11	SAMCH320	Suvabrata Panigrahi	DMLT	01.01.2014	Regular	Kriya Shareera	Laboratory Technician
12	SAMCH247	Ranjitha DM	M.Sc	28.12.2023	Regular	Dravyaguna	Laboratory Technician
13	SAMCH219	Ranganath	9th	01.01.2021	Regular	Dravyaguna	Laboratory Assistant
14	SAMCH255	Suraj Chetry	7th	01.02.2025	Regular	Dravyaguna	Museum Keeper



15	SAMCH2 12	Satyaprakash Bharat Tudu	DMLT	12.04.2016	Regular	Roganidana/ Vikriti Vigyan	Laborato ry Technici an
16	SAMCH3 19	Devendra Kumar	ANTTC	18.01.2016	Regular	Agadatantra evam vidhi vaidhya & Swastha vritta	Museum Keeper
17	SAMCH2 38	Shanthamma	5th	01.07.2022	Regular	Prasutitantra & Sriroga	Attenden t
18	SAMCH2 45	Ananda Timung	9th	01.07.2023	Regular	Herbal Garden	Multipur pose worker
19	SAMCH2 27	Murugesh C	5th	08.01.2018	Regular	Herbal Garden	Multipur pose worker
20	SAMCH2 31	Narayanappa	5th	01.02.2020	Regular	Herbal Garden	Gardner
21	SAMCH2 21	Lakshmi	5th	01.02.2021	Regular	Swasthavritta	Attenden t
22	SAMCH2 28	Sarojamma	5th	02.08.2021	Regular	Kayachikitsa	Attenden t
23	SAMCH/ H/341	Mrs. Nethra	7th	02.12.2016	Regular	Kayachikitsa	Attenden t
24	SAMCH/ H/462	Mr. Bommegowda Y.K	M.sc.	27.01.2025	Regular	RSBK	Laborato ry Technici an
25	SAMCH/ H/335	Mr. Umesh Kumar Bhagat	ANTTC	01.08.2016	Regular	RSBK	Laborato ry Assistant

**PROFORMA TO FURNISH THE DETAILS OF HOSPITAL STAFF**

Sl.No.	Employee ID	Name of the Employee	Qualification	Date Of Appointment	Nature of Appointment (Regular / Contractual / Part time)	Designation	Name of working department
<b>Medical Superintendent</b>							
1	SAMCH/T/003	Dr.Sanghamitra Patnaik	Post-Graduate	1/12/2021	Regular	Hospital Superintendent	Hospital
<b>Deputy Medical Superintendent</b>							
1	SAMCH/H/313	Dr. Shrirama Dongre	Graduate	11.11.2016	Regular	Deputy Medical	Hospital



						Superintende nt	
Hospital Consultants							
1	SAMCH/T/010	Dr.Vajrala Venkat Ram Reddy	Post-Graduate	12.07.2018	Regular	Consultants	Kayachikitsa
2	SAMCH/T/078	Dr S B Sowmya	Post-Graduate	01.07.2023	Regular	Consultants	Kayachikitsa
3	SAMCHT/016	Dr Shubha Rani M	Post-Graduate	01.01.2013	Regular	Consultants	Kayachikitsa
4	SAMCHT/041	Dr Asha Rani K	Post-Graduate	12.01.2017	Regular	Consultants	Kayachikitsa
5	SAMCHT/031	Dr.Ramyashree G	Post-Graduate	13.10.2017	Regular	Consultants	Kayachikitsa
6	SAMCH/T/100	Dr. Shashikala V	Post-Graduate	03.01.2026	Regular	Consultants	Kayachikitsa
7	SAMCH/T/012	Dr Roopa L	Post-Graduate	01.01.2018	Regular	Consultants	Shalakya Tantra
8	SAMCH/T/074	Dr. Renu V.T	Post-Graduate	06.09.2022	Regular	Consultants	Shalakya Tantra
9	SAMCH/T/099	Dr.Aswathy P	Post-Graduate	10.12.2025	Regular	Consultants	Shalakya Tantra
10	SAMCHT/047	Dr Ranjita B M	Post-Graduate	01.01.2019	Regular	Consultants	PTSR
11	SAMCH/T/084	Dr Netravati B Aruni	Post-Graduate	25.04.2024	Regular	Consultants	PTSR
12	SAMCH/T/091	Dr Shruthi R	Post-Graduate	02.05.2025	Regular	Consultants	PTSR
13	SAMCH/T/013	Dr Champa Pant	Post-Graduate	11.11.2009	Regular	Consultants	Kaumarbhritya
14	SAMCH/T/094	Dr. Vanita T Havinal	Post-Graduate	18.06.2025	Regular	Consultants	Kaumarbhritya
15	SAMCH/T/090	Dr. Namitha R	Post-Graduate	28.04.2025	Regular	Consultants	Kaumarbhritya
16							
17	SAMC/H/T/079	Dr Nikhila B Hiremath	Post-Graduate	17.07.2023	Regular	Consultants	Swasthavritta
18	SAMCH/T/082	Dr Athira A G	Post-Graduate	14.02.2024	Regular	Consultants	Swasthavritta
19	SAMCH/T/003	Dr Sangamitra Patnaik	Post-Graduate	21.05.2010	Regular	Consultants	Panchakarma
20	SAMCH/T/017	Dr Pooja B A	Post-Graduate	23.04.2018	Regular	Consultants	Panchakarma



21	SAMCH/T/05 5	Dr Ramya R V	Post-Graduate	01.06.20 20	Regular	Consultants	Panchakarma
22	SAMCH/T/09 7	Dr Priya N K	Post-Graduate	01.12.20 25	Regular	Consultants	Panchakarma
23	SAMCH/T/03 4	Dr. Sandhya D.S	Post-Graduate	10.03.20 18	Regular	Consultants	Agadatantra
24	SAMCH/T/02 6	Dr. Harish Babu	Post-Graduate	22.10.20 15	Regular	Consultants	Agadatantra
25	SAMCH/T/09 2	Dr.Jayalakshmi K.M	Post-Graduate	02.05.20 25	Regular	Consultants	Agadatantra
26	SAMCH/T/02 8	Dr Mohan Krishna	Post-Graduate	01.08.20 16	Regular	Consultants	Shalya Tantra
27	SAMCH/T/06 3	Dr Shalini U A	Post-Graduate	29.12.20 20	Regular	Consultants	Shalya Tantra
28	SAMCH/T/09 3	Dr. Arya S. Menon	Post-Graduate	09.06.20 25	Regular	Consultants	Shalya Tantra
29	SAMCH/T/09 6	Dr Swathi C Nair	Post-Graduate	01.12.20 25	Regular	Consultants	Shalya Tantra

EMO

1	SAMCH/H/30 5	Dr.Tara D Kulakarni	Graduate	03.07.20 21	Regular	Emergency Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
2	SAMCH/H/31 0	Dr. Yashbir Singh	Graduate	09.06.20 20	Regular	Emergency Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital

RMO

1	SAMCH/H/30 8	Dr. Abhiram S S	Graduate	04.09.20 19	Regular	Clinical Registrar(R MO or RSO)	Hospital
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						or MO or CR)	
2	SAMCH/H/40 3	Dr. Dhanyashree P T	Graduate	01.07.20 22	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
3	SAMCH/H/43 7	Dr Anju Antony	Graduate	05.01.20 24	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
4	SAMCH/H/43 8	Dr Diya Binu	Graduate	05.01.20 24	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
5	SAMCH/H/44 9	Dr. Mukesh Seervi	Graduate	21.10.20 24	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital



6	SAMCH467	Dr. Balakrishna K H	Graduate	18.02.2025	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
7	SAMCH468	Dr. Aaron C Justin	Graduate	18.02.2025	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
8	SAMCH470	Dr. Preety Daimary	Graduate	11.03.2025	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
9	SAMCH474	Dr. Jeevitha P	Graduate	05.01.2026	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
10	SAMCH475	Dr. Akarsha V S	Graduate	05.01.2026	Regular	Resident Medical Officers or Surgical or	Hospital



						Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	
11	SAMCH476	Dr. Prajwal Gowda D.R	Graduate	08.01.2026	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(R MO or RSO or MO or CR)	Hospital
Panchakarma House officer							
1	SAMCH/H/442	Dr Niveditha P	Graduate	13.06.2024	Regular	Panchakarma House Officer	Hospital
NURSES							
1	SAMCH/H/457	Mrs Sugirtha	GNM	21.01.2025	Regular	Matron	Hospital
2	SAMCH/H/337	Mrs. Ramya Mohan	Diploma in Ayurveda Nursing	16.08.2014	Regular	Assistant Matron	Hospital
3	SAMCH/H/444	Mrs Rudrani Kumari	B.Sc.Nursing	29.07.2024	Regular	Assistant Matron	Hospital
4	SAMCH/H/336	Mr. Ramesh M G	Diploma in Ayurveda Nursing	01.08.2014	Regular	Staff Nurses for In Patient Department	Hospital
5	SAMCH/H/425	Ms. Susmita Roy	GNM	22.12.2023	Regular	Staff Nurses for In Patient Department	Hospital
6	SAMCH/H/421	Mr Binu Kumar J	Diploma in Panchakarma	01.06.2023	Regular	Panchakarma Nurse	Staff of Panchakarma Therphy Section
7	SAMCH/H/424	Ms koyel Barman	GNM	22.12.2023	Regular	O.T Nurse	Staff of OT
8	SAMCH/H/446	Mr. Nirban Mandal	GNM	08.08.2024	Regular	Staff Nurses for In Patient Department	Hospital





9	SAMCH/H/44 5	Mr. Ripan Barman	GNM	08.08.20 24	Regular	Staff Nurses for In Patient Department	Hospital
10	SAMCH/H/45 0	Ms. Bharati Karmakar	GNM	22.11.20 24	Regular	Staff Nurses for In Patient Department	Hospital
11	SAMC&H451	Mr. Pratik Saha	GNM	06.01.20 25	Regular	Staff Nurses for In Patient Department	Hospital
12	SAMC&H452	Mr. Sanjit Sarkar	GNM	06.01.20 25	Regular	Staff Nurses for In Patient Department	Hospital
13	SAMC&H453	Mr. Sourav Jana	GNM	07.01.20 25	Regular	Staff Nurses for In Patient Department	Hospital
14	SAMC&H454	Mr. Joypramanik	GNM	15.01.20 25	Regular	Staff Nurses for In Patient Department	Hospital
15	SAMC&H461	Ms. Labanya Kar	GNM	25.01.20 25	Regular	Staff Nurses for In Patient Department	Hospital
16	SAMC&H477	Ms. Priyanka Maity	GNM	08.01.20 26	Regular	Staff Nurses for In Patient Department	Hospital
Modern Consultants							
1	SAMCH/H/36 1	Dr Vijaya Das	Post-Graduate	1/1/2022	Contract	Medical Specialist	Modern Medical Staff
2	SAMCH/H/37 5	Dr. Ravi K	Post-Graduate	1/1/2022	Contract	Surgical Specialist	Modern Medical Staff
3	SAMCH/H/52 4	Dr.Meghana .P	Post-Graduate	4/1/2023	Contract	Obstetrician and Gynecologis t	Modern Medical Staff
4	SAMCH/H/36 2	Dr. Pradeep R Rudramurthy	Post-Graduate	11/10/20 11	Contract	Pathologist	Modern Medical Staff
5	SAMCH/H/52 2	Dr.M.P.S Lokesa	Post-Graduate	4/1/2023	Contract	Anaesthesiol ogist	Modern Medical Staff
6	SAMCH/H/52 5	Dr Navya C	Post-Graduate	4/1/2023	Contract	Ophthalmolog ist	Modern Medical Staff
7	SAMCH/H/52 6	Dr. Muzfar Ahmed Yaragatti	Post-Graduate	4/1/2023	Contract	Pediatrician	Modern Medical Staff



8	SAMCH/H/52 7	Dr. Tejaswini H	Post-Graduate	4/1/2023	Contract	Radiologist	Modern Medical Staff
9	SAMCH/H/37 8	Dr. Madhura	Post-Graduate	26-12- 2019	Contract	Dentist	Modern Medical Staff
10	SAMCH/H/41 9	Ms Jeevitha N	Certificate course in Radiographic assistant	01.06.20 23	Regular	X-Ray Technician/ Radiographe r	Modern Medical Staff
11	SAMCH/H/52 8	Dr. Praveen Kumar T.R	Graduate	19.11.20 25	Contract	Physiotherep ist	Modern Medical Staff
Panchakarma Assistancess							
1	SAMCH/H/46 5	Ms.Savitha Santhosh	Diploma in Ayurveda Nursing and Panchakarma Therapy	12.02.20 25	Regular	Panchkarma Assistant	Staff for Panchkarma Therapy Section for OPD and IPD
2	SAMCH/H/38 2	Ms. Latha D.R	Diploma in Ayurveda Massage and Panchakarma	12.02.20 21	Regular	Panchkarma Assistant	Staff for Panchkarma Therapy Section for OPD and IPD
3	SAMCH/H/37 4	Mr. Nandhu.C	Cerificate course in Ayurveda panchakarma	18.02.20 21	Regular	Panchkarma Assistant	Staff for Panchkarma Therapy Section for OPD and IPD
4	SAMCH/H/41 2	Mr.Jayanandan Kumar	ANTTC	16.01.20 23	Regular	Panchkarma Assistant	Staff for Panchkarma Therapy Section for OPD and IPD
5	SAMCH/H/47 3	Ms.Vaishnavi V	Diploma in Ayurveda Nursing and Panchakarma Therapy	08.12.20 25	Regular	Panchkarma Assistant	Staff for Panchkarma Therapy Section for OPD and IPD
Dark-Room Attendant							
1	SAMCH/H/42 3	Mrs Mahanada	PUC	12/8/202 3	Regular	Dark Room Attendant	Hospital Staff
Office Staff							



1	SAMCH/H/33 3	Mrs. Divya	B.A	25.10.20 14	Regular	Office Staff (for registration, record maintenance , data entry etc.)	Hospital Staff
2	SAMCH/H/41 1	Mrs. Sowmya V	B.Com	10.01.20 23	Regular	Office Staff (for registration, record maintenance , data entry etc.)	Hospital Staff
Store Keeper							
1	SAMCH/H/34 5	Mr Anuj Kumar	ANTTC	30.07.20 16	Regular	Store Keeper	Hospital Staff
Ward Boy							
1	SAMCH/H/32 2	Mrs Chandrika	Less than 10th	16.08.20 14	Regular	Ward Boy or Ayah	Hospital Staff
2	SAMCH234	Mrs.Gowramm a	Less than 10th	04.02.20 22	Regular	Ward Boy or Ayah	Hospital Staff
3	SAMCH/H/43 6	Mrs Akkayamma	Less than 10th	01.03.20 24	Regular	Ward Boy or Ayah	Hospital Staff
4	SAMCH/H/42 2	Mrs Munirathnam ma	Less than 10th	01.07.20 23	Regular	Ward Boy or Ayah	Hospital Staff
5	SAMCH/H/44 7	Mrs. Jagadevi Malappa Koli	Less than 10th	01.08.20 24	Regular	Ward Boy or Ayah	Hospital Staff
6	SAMCH/H/39 3	Mrs. Suma	Less than 10th	01.02.20 21	Regular	Ward Boy or Ayah	Hospital Staff
Operation Theater Attendant							
1	SAMCH/H/35 4	Mrs.Prabhavati Kumari	ANTTC	01.01.20 14	Regular	Operation theater attendant	Hospital Staff
Yoga Teacher							
1	SAMCH463	Mrs.Chayadevi H.S	MSC. YOGA	27.01.20 25	Part time	Yoga teacher or expert	Swasthavritt a and Yoga Department
Midwife							
1	SAMCH/H/38 9	Ms. Sasmitha Raut	Auxiliary Nurse and Midwife	06.12.20 21	Regular	Midwife	labour room
Others							
1	SAMCH/H/34 2	Mrs Jayamma	Less than 10th	21.07.20 14	Regular	Cook/Food Service	Others



2	SAMCH/H/35 9	Mr Rajappa	Less than 10th	01.01.20 23	Contract	Washerman	Others
3	SAMCH/N/23 2	Mr S Mahesh	Less than 10th	16.11.20 13	Regular	Driver	Others
4	SAMCH/H/36 0	Mr. Mahalingappa	ANTTC	01.08.20 17	Regular	Electrician	Others
5	SAMC&H427	Mr Rajib bora	Less than 10th	01.01.20 24	Regular	Security Guard	Others
6	SAMCH252	Mr Indrasena	10th	06.03.20 24	Contract	Masseur	Others
7	SAMCH/H/32 8	Mrs Rita Kumari	ANTTC	01.04.20 17	Regular	Masseur	Others
8	SAMC&H456	Mr. Rajappa	7th	13.01.20 25	Regular	Security Guard	Others
9	SAMCH/H/33 4	Mrs. Radha C T	Diploma in Panchakarma	01.08.20 14	Regular	Others	Others
10	SAMCH/H/46 6	Ms. Meenakshi S	Diploma in Ayurveda Nursing and Panchakarma Therapy	12.02.20 25	Regular	Bone Setter	Others
Clinical Lab Attender							
1	SAMCH/H/33 1	Mr. Aditya Kumar	ANTTC	16.08.20 14	Regular	Clinical Lab Attender	Hospital Staff
Pharmacists							
1	SAMCH/H/33 2	Mr. Sandesh Raj S	B.Com	10.12.20 20	Regular	Pharmacists	Hospital Staff
2	SAMCH/H/35 0	Mr. Dipen Malik	ANTTC	01.04.20 17	Regular	Pharmacists	Hospital Staff
Pharmacy Workers							
1	SAMCH/H/34 0	Mrs. Mechri Jalakshi	Less than 10th	29.01.20 19	Regular	Pharmacy worker	Hospital Staff
2	SAMCH/H/47 1	Mrs. Goutami N	PUC	15.04.20 25	Regular	Pharmacy worker	Hospital Staff
Dresser							
1	SAMCH/H/34 7	Mr. Vikas Kumar	BSC yoga	01.04.20 17	Regular	Dresser	Hospital Staff
2	SAMCH/H/31 7	Mrs Raji Ragunath	Less than 10th	15.08.20 14	Regular	Dresser	Hospital Staff
Laboratory Technician							
1	SAMCH/H/32 1	Mrs. Karuna Kiran Gurjar	Laboratory Technician Course	01.01.20 14	Regular	Laboratory Technicians	Clinical Laboratory
						Laboratory Technicians	
Pharmacognosist							



					Part-Time	Pharmacognosist (Part time)	Teaching Pharmacy and Quality Testing Laboratory
Analytical Chemist							
1	SAMCH464	Mr. Manjappa S V	Msc.	01.02.2025	Part-Time	Analytical Chemist (Part time)	Teaching Pharmacy and Quality Testing Laboratory
Pharmacy Attendant							
1	SAMCH/H/390	Mrs. Bhagyamma	Less than 10th	03.07.2021	Regular	Attennder	Teaching Pharmacy Attedant
BIOCHEMIST							
1	SAMCH/H/462	Mr. Bommegowda Y.K	Msc. Chemistry	27.01.2025	Regular	Biochemist	Teaching Pharmacy
Microbiologist							
					Regular	Microbiologist	Laboratory
Pharmacologist							
1	SAMCH/H/448	Dr. Geethika Reddy	Pharm. D	01.10.2024	Regular	Pharmacologist	Teaching Pharmacy
Pharmacy Manager							
1	SAMCH/T/018	Dr Prabhavati C Kichadi	Post Graduate	16.01.2014	Regular	Pharmacy Manager/Incharge	Teaching Pharmacy



## 4. ACHIEVEMENTS OF STAFF AND STUDENTS

### RESEARCH ACTIVITIES

**Academic Year: 2024 - 2025**

**Name of the Institution: Sushrutha Ayurvedic Medical College & Hospital**

The institution encourages and promotes a structured research culture among undergraduate students, postgraduate students, and faculty members. Research activities are conducted in accordance with the guidelines of **RGUHS**, under the supervision of the **Institutional Research Committee (IRC)** and the **Institutional Ethics Committee (IEC)**, ensuring scientific rigor and ethical compliance.

### **Institutional Research Committee (IRC) and IEC Activities**

During the academic year, the **Institutional Research Committee**, in coordination with the **Research Committee and Institutional Ethics Committee**, conducted:

- **Synopsis** presentations
- **Ethical review and approval (IEC)** for postgraduate research work, particularly for students of the:
- **Kayachikitsa** Department
- **Dravyaguna** Department

These activities ensured proper research design, methodology validation, and adherence to ethical standards before initiation of the studies.

### **RGUHS Student Research Projects**

- A total of **10 RGUHS student research projects** were shortlisted and submitted to the university.
- Out of these, **4 student projects were selected by RGUHS on 25/ 10/2025**, indicating satisfactory academic and research standards. There details are as follows:



1. VARIETAL ASSESSMENT WSR TO PHYTOCHEMICAL ANALYSIS AND INVITRO SAFETY STUDY OF KALAMEGHA AND VALLABH KALAMEGHA 1 (Andrographis paniculata Nees.)
2. Aditi.A.Patil: Standardization of Bindu Pramana dose in Nasya karma with special reference to age and Nasya dravya kalpana for clinical practice-An observational study.

Guide name: Dr. Pooja B.A

3. Kadam Srushti Vijay: Feasibility and Efficacy of Himavan Agada Powder-Based Cream: Standardization and Formulation Development.

Guide Name- Dr. Harish Babu H.

4. Kshithija S: A clinical study to evaluate the effect of Prapoundarikadi lepa in the management of diabetic peripheral neuropathy

Guide Name - Dr.Asha Rani K

#### **RGUHS Faculty Research Projects**

- **RGUHS faculty research projects** were submitted on 19/01/2025
- Among these, **one project was shortlisted and called for an interview** at the university level.

#### **SPARK Research Projects**

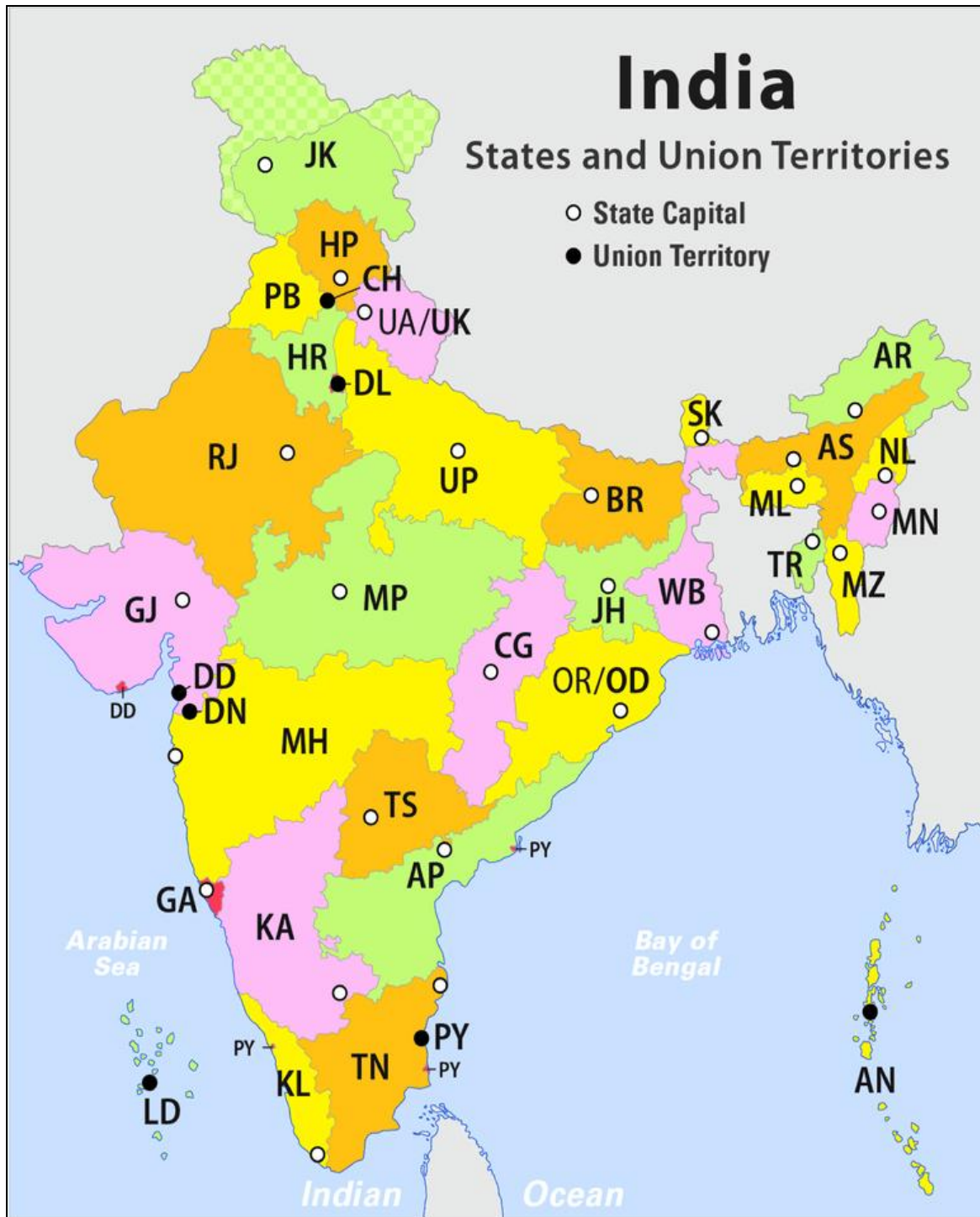
- **10 SPARK research projects** were submitted during the academic year.
- The **Institutional Ethics Committee (IEC)** meeting was conducted on **11th December 2025**, during which:
  - **09 SPARK projects**
  - **01 external research project**were reviewed and processed as per ethical guidelines.

#### **National-Level Research Submission**

- **One DST project** was submitted under SATYAM in December 2024, which was a good attempt and a learning opportunity.
- **One research project** was submitted to the **Indian National Science Academy (INSA)** on **31st December 2025**, reflecting the institution's engagement in national-level research initiatives.

## 5. COURSES AND STUDENTS

No. of Students according to State wise



AN - 02	CG - 03	KA - 236	MZ - 0	TR - 2
AP - 22	DL - 05	KL - 03	OD - 0	TS - 22
AR - 10	GJ - 07	MH - 64	PB - 01	UK - 01
AS - 31	HR - 0	ML - 02	RJ - 05	UP - 09
BR - 14	JH - 03	MN - 0	TN - 10	WB - 0



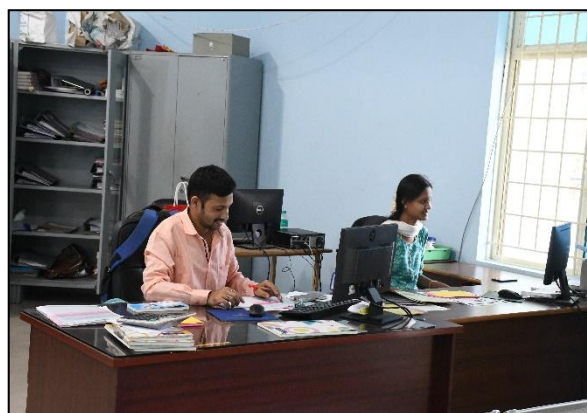
## 6. INFRASTRUCTURE FACILITIES OF SAMC&H



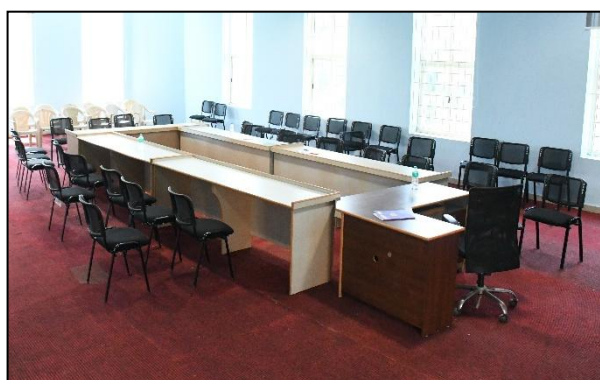
### 6.1. Academic Building

Academic Block is spacious with all the amenities hosting Principal's Office & Administrative section & fully equipped Clinical & Non Clinical Departments along with museums.

### 6.2. Principal Office



### 6.3. Board Room



### 6.4. Class Rooms

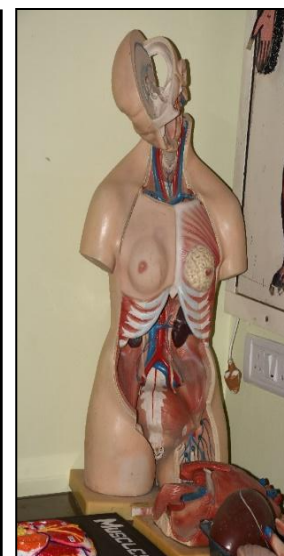


World Class Infrastructure in campus provides an ambience conducive for stimulating learning with classroom having good architecture, are designed hexagonal shape with good ventilation and plenty of natural light and to facilitate case discussion & presentation, smart board facility is available. All blend to provide holistic learning environment.

### 6.5. Library & Digital Library



### 6.6. Dept of Rachana Shareera



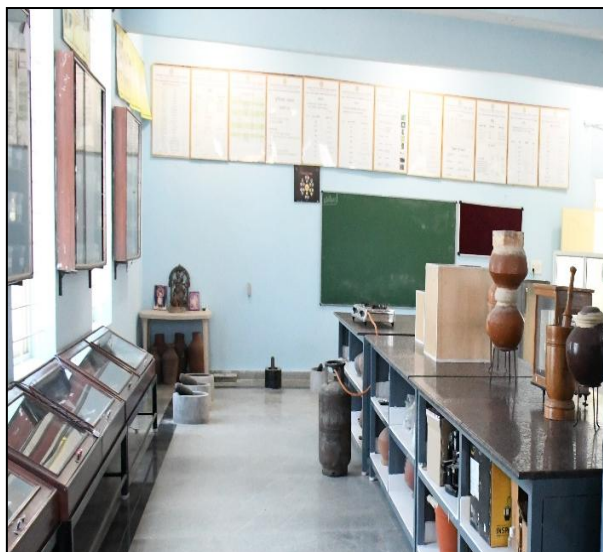
### 6.7. Dept of Kriya Shareera



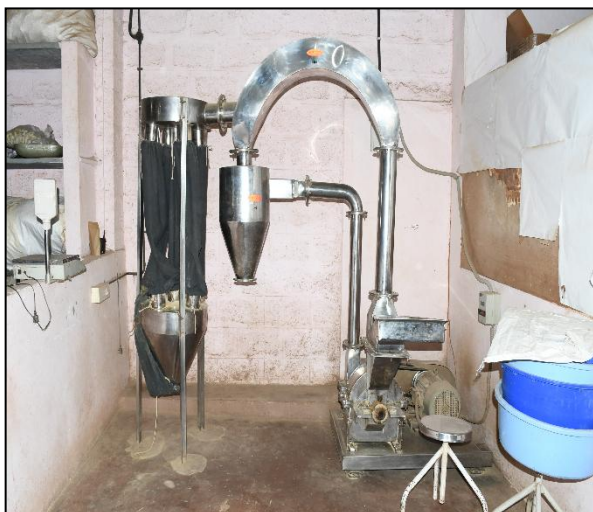
### 6.8. Dept of Basic Principles



### 6.9. Dept of Rasashastra & Bhaishajya Kalpana



### Pharmacy



6.10. Dept of Dravyaguna



6.11. Dept of Roga Nidana & Vikriti Vignana



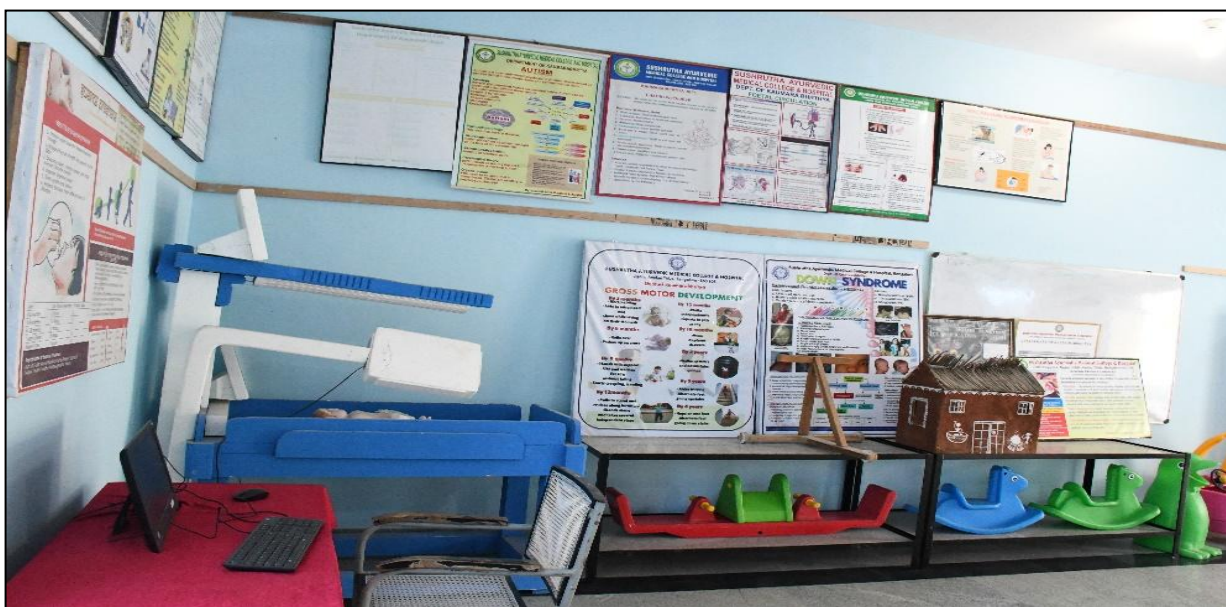
**Laboratory:** Well equipped lab with X-ray and ECG



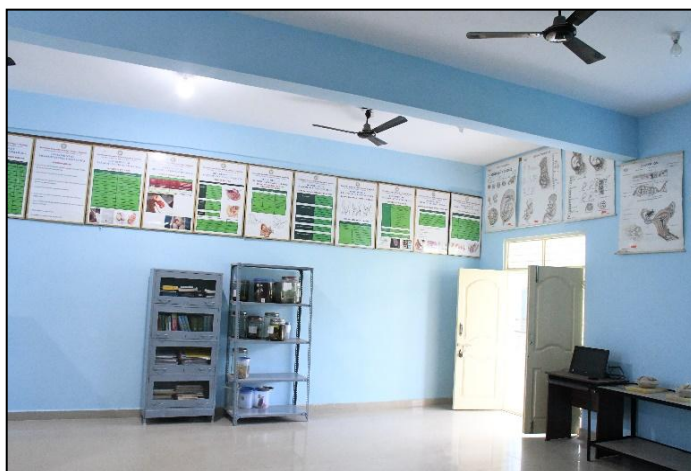
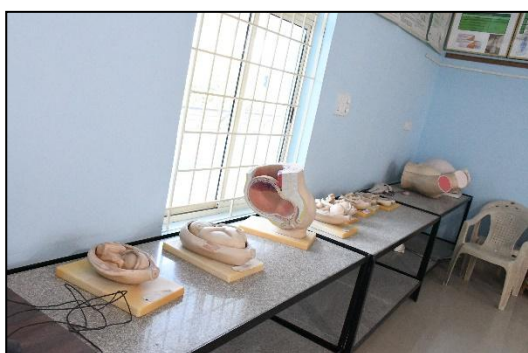
6.12. Dept of Swastha Vritta



6.13. Dept of Kaumara Bhritya



6.14. Dept of Prasooti & Stree Roga



**6.15. Dept of Agada Tantra**



**6.16. Dept of Kayachikitsa**



**6.17. Dept of Shalya Tantra**



### 6.18. Dept of Shalakyta Tantra



### 6.19. Dept of Panchakarma



### 6.20. Dissection Room

Spacious & modernized with modern amenities according to NCISM norms.

### 6.21. Anveshana – Research Laboratory



Individual department in campus is supported by state of art infrastructure for research and clinical experience.



### 6.22. SAMC Hospital Block

**OPD** – There are separate OPDs that cater to the individualistic needs of the patients. Each of these OPDs is fully equipped as per NCISM norms.

**IPD** – 120 bedded hospital with all facilities, paramedical staff, Panchakarma therapy unit, OT, Casualty & Medicine Dispensary outlet.







### 6.23. Soukhyam - Panchakarma Centre

Well equipped Panchakarma Centre with all the Panchakarma Therapies conducted regularly. (Special Rooms for therapies are available for Males and Females).



### 6.24. Aushada Vana

The institution has well maintained herbal garden with more than 400 species of medicinal plants including rare species.



### 6.25. Dining Halls

There are three dining halls catering to the needs of the guests, patients, staff and students of the campus.

### 6.26. Students Kioske

College is equipped with student kiosk which contains all information about students.

### 6.27. Faculty Block

14 Individual departments with well set amenities required as per CCIM regulations are present.

### 6.28. Lakshmi Amma Girls and Boys Hostel

Separate residence for girls and boys are provided which has all facilities and amenities.



## 7. IMPORTANT EVENTS OF SAMC&H IN 2023 & 2024

### Charaka Jayanti Celebrations

### Report on Samskrita Bhāṣhana

**Theme - "Ayurvede Charakasya Yogadanam (Contributions of Charaka in Ayurveda) "**

On the auspicious occasion of Charaka Jayanti, a Samskrita Bhāṣhana (Sanskrit Speech) program was organized by Dr. Sanjeev Hegade, Head of Sanskrit Club and Professor in Department of Samhita, Siddhanta and Samskritam on 22nd July 2025 at the First Year BAMS Classroom. The theme of the event was " Ayurvede Charakasya Yogadanam (Contributions of Charaka in Ayurveda) " – highlighting the invaluable contribution of Āchārya Charaka to the field of Āyurveda.

The event served as a platform for students to express their reverence for Āchārya Charaka and to showcase their oratory skills in the divine language of Sanskrit. Participants spoke on various aspects of Charaka's legacy, including his authorship of the *Charaka Samhitā*, his contributions on preventive medicine, and his insights on ethics and physician conduct.

Students participated with great enthusiasm and devotion, reflecting their deep interest in Sanskrit and Āyurveda. The program not only fostered a sense of linguistic pride but also helped reinforce the foundational principles of Āyurveda as envisioned by Āchārya Charaka.

The event concluded with encouraging words from the beloved judges who appreciated the efforts of the participants and emphasized the importance of upholding traditional knowledge systems through such meaningful engagements.



## DHANVANTARI JAYANTI AND 8<sup>TH</sup> AYURVEDA DAY CELEBRATIONS

- **Event: National Ayurveda Day 2025- Quiz competition**
- **Date: 23/09/2025**
- **Time: 2:30 pm -4 pm**
- **Venue: Shruti Mandir, Prashanti Kuteeram**

As part of National Ayurveda Celebration 2025, a Quiz Competition was organized by Sushruta Ayurveda Medical College and Hospital on the topic Ayurveda for People and Planet. The quiz was conducted in 3 rounds and aimed to provide an engaging platform for students to test their intellect and quick-thinking abilities.

### Participants

- A total of 5 teams participated.
- Each team consisted of 4 members.
- Participants included PG Scholars, Internees and students of all the batches of Sushruta Ayurveda Medical College.

The **winning team** was Team 2, represented by Dr. Lakshmesh ( Internee), Mr. Aravind Gowda ( Third Professional BAMS), Miss Anjali ( Second Professional BAMS) and Veerabhadra ( First Professional BAMS). The quiz was coordinated by Dr Arya Menon & Dr Namitha R under the guidance of Dr Ramyashree G & Dr Anupama Janakiram.

The quiz provided a stimulating environment for students to enhance their knowledge on the fundamentals of Ayurveda. Their success exemplifies the teamwork and academic spirit within our institution.





## Report on Prakriti Assessment – World Ayurveda Day Celebration 2025

As part of the **World Ayurveda Day Celebration 2025**, a **Prakriti Assessment** program was organized for students of various schools in the S-VYASA campus. The Prakriti assessment for the **BNYS students** was conducted with the permission of **Dr. Apar A Saoji, Principal, BNYS**, on **18th September 2025, from 3:00 pm to 4:00 pm**. The session was coordinated and conducted by **Dr. Jayalakshmi K M, Assistant Professor, Department of Agada Tantra**. Interns from **Sushrutha Ayurvedic Medical College and Hospital, Dr. Athul and Dr. Sumanjali**, provided assistance in the smooth conduct of the program.

A total of **74 students from the First Year BNYS batch** actively participated in the assessment. The session began with an **orientation on the concept of Prakriti in Ayurveda**, delivered by Dr. Jayalakshmi. Following this, the **Prakriti assessment questionnaire** was distributed to each participant, and the students engaged enthusiastically in the activity.

The program successfully created awareness among students regarding the significance of Prakriti in Ayurveda and encouraged active participation and learning in line with the spirit of World Ayurveda Day.



### Report on Prakriti Assessment – World Ayurveda Day Celebration 2025

As part of the **World Ayurveda Day Celebration 2025**, a **Prakriti Assessment Program** was organized for students of various schools on the S-VYASA campus. With the permission of **Dr. Parveen, Principal, Sushrutha Institute of Nursing**, the assessment for nursing students was conducted on **19th September 2025, from 11:00 am to 12:00 pm**. The session was coordinated and led by **Dr. Bindusree V, Assistant Professor, Department of Kriya Shareera**, with valuable support from interns **Dr. Athul M** and **Dr. Sreeharsha Reddy** of Sushrutha Ayurvedic Medical College and Hospital.

A total of **30 First-Year students** actively participated in the program. The session commenced with an orientation on the concept of Prakriti in Ayurveda, presented by Dr. Bindusree V. This was followed by the distribution of the Prakriti assessment questionnaire, in which the students took part with great enthusiasm.

The initiative effectively raised awareness among students about the importance of Prakriti in Ayurveda and promoted active engagement and learning, reflecting the true spirit of **World Ayurveda Day**.



### Detailed Report on Microtalk – National Ayurveda Day

As part of the 10th *National Ayurveda Day* celebration, with the theme “**Ayurveda for People and Planet**”, a microtalk session was organized on **Friday, 19th September 2025**, at **Shruti Mandir, S-VYASA University**, from **10:15 pm to 10:30 pm**.

The session was delivered by **Dr. Roopa L, Professor and HOD, Department of Shalakyta Tantra**, on the topic “**Role of Indriya Swasthya in Ayurveda.**”

Dr. Roopa L. emphasized the significance of maintaining *Indriya Swasthya* (sensory health) as a vital aspect of overall well-being in Ayurveda. She explained how balanced functioning of the five sense organs contributes to physical, mental, and spiritual health. The talk highlighted Ayurvedic preventive measures, daily practices, and therapeutic approaches to preserve the health of the senses, thereby ensuring harmony between the individual and the environment.

The session was enlightening and appreciated by the participants for bringing awareness to an often-overlooked but essential aspect of holistic health.



### Detailed Report on Microtalk – National Ayurveda Day

As part of the 10th *National Ayurveda Day* celebration, with the theme “**Ayurveda for People and Planet**”, a microtalk session was organized on **Saturday, 20th September 2025**, at **Shruti Mandir, S-VYASA University**, from **10:15 pm to 10:30 pm**.

The session was delivered by **Dr. Anagha, Professor, Department of Roganidana**, on the topic “**Role of Ayurveda for Mental Health.**”

Dr. Anagha discussed the increasing burden of mental health issues in the modern era and emphasized Ayurveda’s holistic role in mental well-being. She explained the concepts of *Satva*, *Manas*, and *Sattvavajaya Chikitsa*, highlighting how balanced diet, lifestyle practices, meditation, and Ayurvedic therapies contribute to mental stability and emotional resilience. The talk also underlined the importance of preventive measures and early intervention in maintaining mental health.

The session was highly relevant, insightful, and well received by the participants, as it addressed an important aspect of holistic health care.



## REPORT ON MICROTALK – NATIONAL AYURVEDA DAY CELEBRATION

As part of the celebration of the 10th *National Ayurveda Day* with the theme “**Ayurveda for People and Planet**”, a microtalk was organized at **Shruti Mandir** on **Tuesday, 16th September 2025**.

The session was delivered by **Dr. Champa Pant, Academic Dean and Head of the Department of Koumarabritya**, who spoke on the topic “**How to Plan Diet for Infants.**” The health talk was scheduled from **10:15 pm to 10:30 pm**.

Dr. Champa Pant emphasized the importance of appropriate dietary planning during infancy, highlighting Ayurveda’s scientific principles in ensuring proper nourishment, immunity, and overall healthy growth of children. The session was highly informative and well appreciated by the participants.



## REPORT ON MICROTALK – NATIONAL AYURVEDA DAY CELEBRATION

As a part of the 10th *National Ayurveda Day* celebration, with the theme “**Ayurveda for People and Planet**”, a microtalk session was organized on **Monday, 15th September 2025**, at **Shruti Mandir** from **10:15 pm to 10:30 pm**.

The session was delivered by **Dr. Sowmya S.B., Professor, Department of Kayachikitsa**, on the topic “**Respiratory Infections – Prevention through Ayurveda.**”

Dr. Sowmya S.B. emphasized the increasing prevalence of respiratory infections and highlighted Ayurveda’s holistic preventive strategies. She explained the role of daily and seasonal regimens (*Dinacharya* and *Ritucharya*), diet, lifestyle modifications, and simple Ayurvedic remedies in strengthening immunity and preventing respiratory ailments. The talk also underlined the relevance of Ayurveda in safeguarding health naturally and sustainably.

The session was insightful and well appreciated by the participants for its practical approach in applying Ayurvedic principles to everyday life





## **REPORT ON MICROTALK – NATIONAL AYURVEDA DAY CELEBRATION**

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## REPORT ON MICROTALK – NATIONAL AYURVEDA DAY CELEBRATION

As a part of the 10th *National Ayurveda Day* celebration, with the theme “**Ayurveda for People and Planet**”, a microtalk session was organized on **Thursday, 18th September 2025**, at **Shruti Mandir** from **10:15 pm to 10:30 pm**.

The session was delivered by **Dr. Ranjitha, Professor and HOD, Department of Prasooti Tantra and Stree Roga**, on the topic **Heavy Menstrual bleeding –A hidden women’s health concern**.

**Madam** highlighted that heavy menstrual bleeding is a common but often neglected health issue among women. She explained its potential impact on physical health, emotional well-being, and quality of life. Drawing from Ayurvedic principles, she elaborated on dietary guidelines, lifestyle modifications, and classical formulations that help in regulating menstrual health. The session also emphasized the importance of early recognition, timely management, and creating awareness about this hidden concern in women’s health.

The talk was insightful, practical, and well appreciated by the participants, as it addressed a sensitive and significant women’s health issue.



## REPORT OF ORIENTATION PROGRAM AND TRANSITIONAL CURRICULUM 2025-2026 BATCH

### **Report of Orientation Program of 2025-2026 Batch**

The Orientation Program for the newly admitted BAMS 1st Year students (2025–2026 batch) was conducted on 12 November 2025 at Atreya Hall, Sushruta Ayurvedic Medical College & Hospital. The event was anchored by Dr. Bindusree V, Assistant Professor, Department of Kriya Shareera. The program commenced with an invocation rendered by Ms. Nayana, first-year BAMS student, followed by a warm welcome address delivered by Dr. Suganya Devi, Assistant Professor, Department of Samhita & Siddhanta. A traditional lamp-lighting ceremony by the dignitaries marked the formal inauguration of the session. Dr. Alok Roy, Principal, presented an overview of the campus and institutional profile, outlining the academic structure and student support system. Dr. Champa Pant, Academic Dean, introduced the faculty members to the newly admitted students. A special Address to the Gathering was delivered by Dr. Sanghamitra Patnaik, Medical Superintendent, who encouraged students to uphold discipline, compassion, and commitment throughout their medical education journey. An interaction session with parents was organized to clarify academic and administrative queries, ensuring transparency and engagement. The program concluded with a vote of thanks by Dr. Ambethkar S, Assistant professor, Department of Rachana Shareera.





## Report of Shishyopanayana Samskara of 2025-2026 Batch

The Shishyopanayana program for the new batch of 1st-year students was held on 1/12/2025 in the Dhanvanthari Temple of SAMC & H. The event was graced by esteemed dignitaries, including Dr. H. R. Nagendra Guruji, Chancellor of S-VYASA, Prof. Subramanyamji, Dr Vasudev Vaidya Deputy Registrar S-VYASA, Dr. Alok Roy, Principal SAMC & H, Dr Sanghamithra Patnaik, Medical Superintendent, Dr Champa Pant, Academic Dean along with all faculty members. The program commenced with the Dhanvanthari Pooja. The students were dressed in white traditional attire and performed the ceremony under the guidance of Vedic scholars and Ayurveda experts. They participated in mantra chanting and took the sacred oath of learning enacted by Dr Champa Pant. Each student was presented with a sacred thread, symbolizing their initiation into Ayurveda. Following the ceremony, a blessing speech was delivered by Dr. H. R. Nagendra Guruji, Prof. Subramanyamji, Dr Vasudev Vaidya and Dr. Alok Roy. The program concluded with the chanting of the Shanti Mantra and the distribution of Prasada.

### Ayurveda Arogya mitra Abhivan

#### Village Adoption Report of 2025-2026 Batch

As part of the Transitional curriculum, a Village Adoption Program was conducted for the 1st year BAMS students. The program aimed to create awareness about rural health conditions, lifestyle, and community needs while encouraging students to participate in health-oriented service activities.

#### **Participation**

- Students involved: 1st Year BAMS students
- Date :28.11.2025
- Faculty support: Dr Ambethkar S , Dr Bindusree V (Class teachers)
- Supporting staff: Attenders
- Families Covered: 100 families from Giddenahalli, Kalaballu and near by village

#### **Activities Conducted**

- Students visited the families in groups.
- Interaction was done with family members regarding lifestyle, sanitation, and health practices.
- Basic health observations were recorded.
- Awareness regarding hygiene and preventive health care was discussed.
- Teachers supervised and guided the students throughout the program.

The Village Adaptation Program was successfully conducted with active participation from students, teachers, and attenders. The initiative provided valuable learning experience and laid a strong foundation for ongoing community health involvement.





**AYURPRAVESHIKA -REPORT**

**DAY 1(11/11/2025)**

Sl.No.	Time	Topic	Resource Person	Photo
1	9-9:50am	Reporting	Mr Kumar	
2	10:30-11:20am	Verification of Documents	Mr Kumar	
3	2-4:20pm	Campus orientation	Dr Ambethkar Dr Bindusree	


**DAY 2 (12/11/2025)**

Sl.No.	Time	Topic	Resource person	Photo
1	9-9:50am	Reporting	Mr Kumar	
2	10:30-11:20am	Verification Documents	Mr Kumar	




3.	11:20- 12:00	Library Enrolment	Mr Jagadeesh	
4.	12:00- 1:00PM	Induction Programme	Dr. Alok roy Dr. Sanghamitra Dr champa pant Dr. Harish babu	
5	2-4pm	Briefing of Rules & regulations & Antiragging form filling	Dr Ambethkar, Dr Bindusree	

**DAY 3 (13/11/25)**

<b>Sl.No.</b>	<b>Time</b>	<b>Topic</b>	<b>Resource Person</b>	<b>Photo</b>
1	9am- 9:50am	Pretest	Dr Ambethkar, Dr Bindusree	



2	10:30am -11.20am	Administrative Structure: Who is Who in the College Campus Rules, Regulations & Dress Code: General conduct, timings, and campus policies	Dr Champa Pant	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756612° Long 77.623523° Thursday, 13/11/2025 11:02 AM GMT +05:30</p>
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3	11:20am-12:10am	Basic principles of Ayurveda and Trisutra (Hetu, Linga, Aushadha)	Dr Suganya	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756609° Long 77.623512° Thursday, 13/11/2025 12:04 PM GMT +05:30</p>
4	12:10-1pm	Administrative Procedures: Leave applications, attendance policies, and fee payments	Dr Bindusree	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756606° Long 77.623495° Thursday, 13/11/2025 01:01 PM GMT +05:30</p>
5	2-3pm	Session on student grievance redressal mechanism	Dr Anupama	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756651° Long 77.623624° Thursday, 13/11/2025 02:54 PM GMT +05:30</p>
6	3-4pm	Sanskrit Orientation, Basics of Sanskrit alphabet, pronunciation	Mr Sanjeev Hegade	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756522° Long 77.623527° Thursday, 13/11/2025 04:00 PM GMT +05:30</p>



7	4-4:20pm	Reflection: Ayurveda & Me	Dr Ambethkar	
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Day 4 (14/11/2025)

SI.No	Time	Topic	Resource person	photo
1	9am-9:50am	Indian Knowledge System(IKS)-Overview: Orientation lecture on Vision of reality Holistic view of human wellbeing	Dr Shridhar	
2	10:30-11:20am	Introduction to Bruhatrayi – Charaka, Sushruta, Vagbhata	Dr Suganya	





3	11:20-12:10pm	<p>Scope of Ayurveda: Current status, legal recognition, and national scope.</p> <p>Global Scope of Ayurveda: Growing acceptance and international opportunities</p>	Dr Ramyashree	
4	12:10-1pm	Overview of BAMS curriculum , Introduction to competency based curriculum & syllabus of 1 <sup>st</sup> Proff BAMS syllabus	Dr. Remitha	
5	2-3pm	<p>Concept of ‘Anand’ the true goal of healing lessons from Taittarreeya Upanishad</p>	Prof. Jayaraman	
6	3-4pm	<p>Ayurveda beyond Practice: Capacity Building activities in Entrepreneurship development in context of Ayurveda field</p>	Dr Anagha	

7	4-4:20pm	Reflection: Ayurveda & Me	Dr Ambethkar	
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Day 5 (17/11/2025)



Sl.No.	Time	Topic	Resource person	Photo
1	9-950am	Sharir Kriya Orientation details of syllabus	Dr Nimisha	
2	10:30-11:20	Padartha Vigyana orientation in brief with detailed elaboration of Tantrayuktees	Dr Suganya	





3	11:20-12:10pm	Introduction to Ayurveda and History	Dr Divya	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756613° Long 77.623612° Monday, 17/11/2025 12:12 PM GMT +05:30</p>
4	12:10-1pm	Sanskrit Orientation – Basic Grammar	Mr Sanjeev Hegade	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75663° Long 77.623674° Monday, 17/11/2025 01:04 PM GMT +05:30</p>
5	2-3pm	Indian Philosophical system – Overview of Darshanas linking to Ayurveda, Sankhya, Nayaya, Vaisheshika	Dr Alok Roy	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756616° Long 77.623603° Monday, 17/11/2025 02:50 PM GMT +05:30</p>
6	3-4pm	Who is good Vaidya (Charaka's view) professional code of conduct/personal code of conduct	Dr Soumya S B	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756545° Long 77.623445° Monday, 17/11/2025 04:08 PM GMT +05:30</p>
7	4-	Reflection activity: why	Dr Ambethkar	






	4:20pm	have chosen Ayurveda (My Roots in Ayurveda)		
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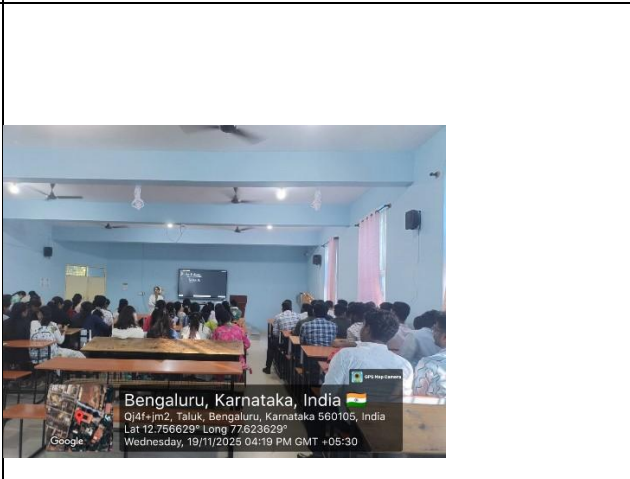
Day 6 (18/11/2025)

SI.No.	Time	Topic	Resource person	Photo
1.	9-9:50am	Self-directed, selfmotivated, learning skills and studying skills	Dr Prabhavathi	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75661° Long 77.623535° Tuesday, 18/11/2025 09:52 AM GMT +05:30</p>
2	10:30-11:20am	Ayurveda & Personalized Medicine. Prakriti as a key to preventive and curative health	Dr Bindusree	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756587° Long 77.623569° Tuesday, 18/11/2025 10:39 AM GMT +05:30</p>


3	11:20-12:10pm	Regulatory Bodies; NCISM, Universities, Directorate of Ayush, State ISM Registration councils	Dr Ananya lakshmi	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756482° Long 77.623456° Wednesday, 26/11/2025 03:44 PM GMT +05:30</p>
4	12:10-1pm	Spoken Sanskrit: Common communicational Phrases in class	Mr Sanjeev Hegade	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75657° Long 77.623672° Tuesday, 18/11/2025 12:53 PM GMT +05:30</p>
5	2-4pm	Pharmacy visit/Herbal Garden visit	Dr Ambethkar Bindusree Dr Abhishek	 <p>Vaderamanchana Halli, Karnataka, India 49, Vadarapohla, Vaderamanchana Halli, Karnataka 560106, India Lat 12.71328° Long 77.62927° Tuesday, 18/11/2025 03:36 PM GMT +05:30</p>  <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75657° Long 77.623672° Tuesday, 18/11/2025 03:36 PM GMT +05:30</p>

Day 7(19/11/2025)

Sl.No.	Time	Topic	Resource person	Photos
1	9-9:50am	Ayurveda and Neuronal mental science. Role of Ritucharya and Dinacharya in climate adaptation	Dr Jayalakshmi	
2	10:30am-11:20am	Basic life support (BLS) training, Emergency protocols, CPR theory (adults, children, infants)	Dr Mohan	
3	11:20am-12:10pm	First aid training basic/cuts wound, sprains, shock, bleeding and other common emergency situations	Dr Arya	
4	12:10-1pm	Spoken Sanskrit: Common communicational Phrases in class	Dr Sanjeev Hegade	
5	2-3pm	Healthy Food, Diet pattern, Nutritional plate, Nutritional values usually required	Dr Vanita	


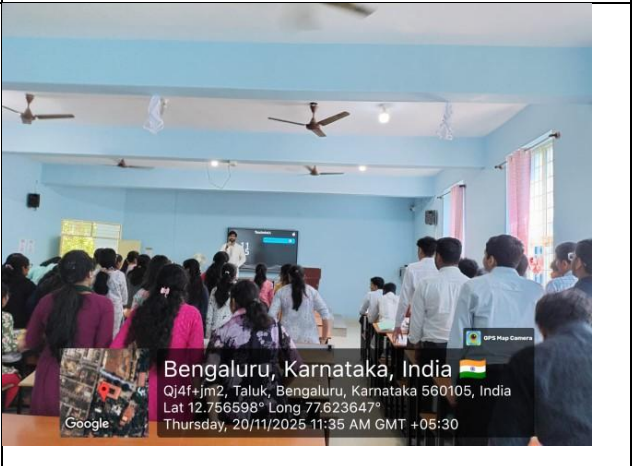


6	3-4pm	<p>Guest Health policy in Lecture</p> <p>- Charak Samhita, Ayurveda's role in shaping Modern Health diplomacy</p>	Dr Suganya	
7	4-4:20pm	<p>Ayurvedic pathology, Nidana panchaka, framework understanding disease in Ayurveda beyond Pathogens</p>	Dr Rashmi	

**Day 8 (20/11/2025)**

<i>Sl.No.</i>	<i>Time</i>	<i>Topic</i>	<i>Resource person</i>	<i>Photos</i>
1	9-9:50am	<p>Overview of other Indian Medical Systems: Unani, Siddha, Sowa Rigpa, Yoga Naturopathy &amp; Homeopathy</p>	Dr Champa	








2	10:30-11:20am	Overview of other Indian Medical Systems: Unani, Siddha, Sowa Rigpa, Yoga Naturopathy & Homeopathy	Dr Ramya	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756541° Long 77.623407° Thursday, 20/11/2025 11:37 AM GMT +05:30</p>
3	11:20-12:10pm	Interdisciplinary exposure	Dr Nischal	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756598° Long 77.623647° Thursday, 20/11/2025 11:35 AM GMT +05:30</p>
4	12:10-1pm	Why Ayurveda is more relevant than ever/my journey as an Ayurvedic doctor	Dr Sanghamitra	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756489° Long 77.62346° Thursday, 20/11/2025 01:07 PM GMT +05:30</p>
5	2-3pm	Applying Triguna theory for Emotional Intelligence, Stress management and Atmanirbharata	Dr Bindusree	 <p>Bengaluru, Karnataka, India Road Number 3, J. Binjapur, Bengaluru, Karnataka 560105, India Lat 12.756564, Long 77.623497 Thursday, 20/11/2025 14:55 GMT+05:30 Note: Captured by GPS Map Camera</p>

6	3-4pm	Heritage in young hands: Youth as brand ambassadors of Ayurveda	Dr Harish Gopal	
7	4-4:20pm	Introduction to Ashtanga Ayurveda	Dr Divya	

**Day 9 (21/11/2025)**

<b>Sl.No.</b>	<b>Time</b>	<b>Topic</b>	<b>Resource person</b>	<p style="text-align: center;"><b>Photo</b></p>


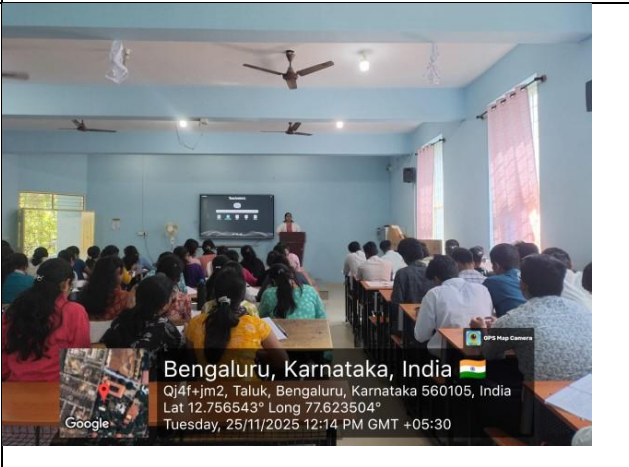


1	9-9:20am	Role of Artificial intelligence in Academics AI in education, diagnostic research	Dr Shruthi	<p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75659° Long 77.62347° Friday, 21/11/2025 09:47 AM GMT +05:30</p>
2	10:30-11:20am	Nation building: Ayurveda as a pillar of India 's Health security	Dr Netravati	<p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756605° Long 77.623631° Friday, 21/11/2025 11:09 AM GMT +05:30</p>
3	11:20-12:10pm	Concept of Dosha, Dhatu, Mala in brief in application aspect	Dr. Chandrakala	<p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75657° Long 77.623426° Friday, 28/11/2025 03:21 PM GMT +05:30</p>
4	12:10-1pm	Laghutrayee with elaboration of Ashtang Hridaya	Dr Divya	<p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756622° Long 77.623626° Friday, 21/11/2025 01:02 PM GMT +05:30</p>




5	2-3pm	Ayurveda Communication/ media studies	&Dr Ranjitha	
6	3-4pm	Ayurveda ethics & Philosophy in context of Sadvritta	&Dr Rashmi	
7	4-4:20pm	Hand Hygiene Universal Precautions. Infection Control Measures	&Dr Akshatha	



**Day 10 (24/11/2025)**

<b>Sl.No.</b>	<b>Time</b>	<b>Topic</b>	<b>Resource person</b>	<b>Photo</b>
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1	9-9:20am	Pride in becoming a Healer - Interactive session	Dr Renu	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756595° Long 77.623414° Wednesday, 26/11/2025 09:14 AM GMT +05:30</p>
2	10:30-11:20am	Public Health and Ayurveda in community (Role of Ayurveda in Public Health)	Dr Athira	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756543° Long 77.623504° Tuesday, 25/11/2025 12:14 PM GMT +05:30</p>
3	11:20-12:10pm	Integrative tradition with ambition: Goal setting in ayurveda education	Dr Sandhya	 <p>J.bingipura, Karnataka, India Qj3f+xqv, J.bingipura, Karnataka 560105, India Lat 12.75494° Long 77.624078° Monday, 24/11/2025 02:03 PM GMT +05:30</p>
4	12:10-1pm	Spoken Sanskrit: Introduction to Chhandas	Mr Sanjeev Hegade	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756609° Long 77.623638° Monday, 24/11/2025 01:04 PM GMT +05:30</p>

5	2-3pm	<p>Effective time management strategies:  ‘Sankalpa to Siddhi’ – Time management for obtaining academic and clinical excellence</p>	Dr Sowmya	 <p>Giddinahalli, Karnataka, India QJ4f+26, Giddinahalli, Karnataka 560105, India Lat 12.755276° Long 77.62372° Tuesday, 25/11/2025 02:52 PM GMT +05:30</p>
6	3-4pm	<p>A healer ‘s duty to health and environment, eco responsibility: Biomedical Waste Management Principles</p>	Dr Abhishek	 <p>Anekal, Karnataka, India QJ4f+3q7, Taluk, Geddelahalli, Jigani, Anekal, Karnataka 560105, India Lat 12.755386° Long 77.624298° Monday, 24/11/2025 03:42 PM GMT +05:30</p>
7	4-4:20pm	<p>Reflection: becoming a Vaidya, discovering my Path to Purpose</p>	Dr Namitha	 <p>J.bingipura, Karnataka, India QJ3f+qxv, J.bingipura, Karnataka 560105, India Lat 12.75494° Long 77.624078° Monday, 24/11/2025 04:18 PM GMT +05:30</p>



**Day 11(25/11/2025)**

<b>SI.No.</b>	<b>Time</b>	<b>Topic</b>	<b>Resource person</b>	<b>Photo</b>
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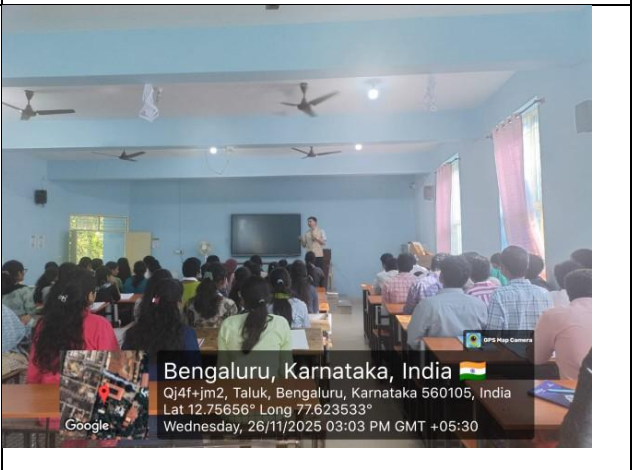
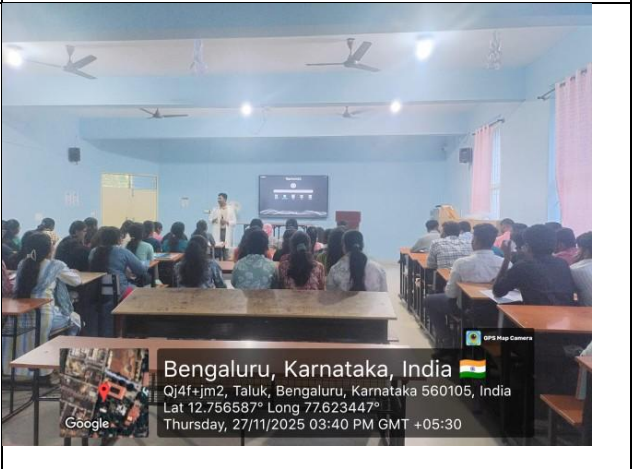
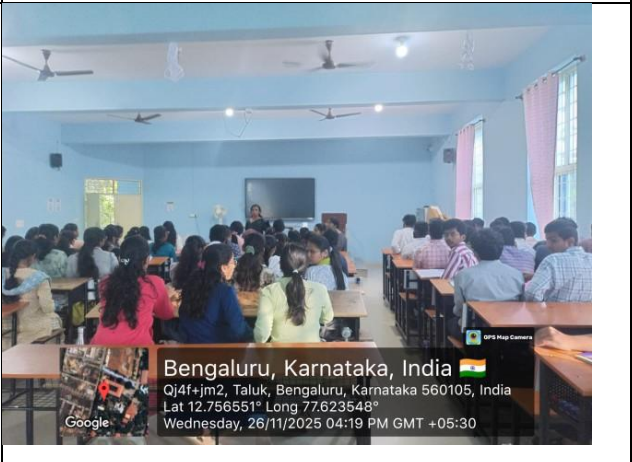


1	9-9:20am	Ayurveda Psychology— correlations of Satva, Rajas, Tamas with Modern Psychology	Dr Pooja	
2	10:30-11:20am	Success Stories of Ayurathiraveda in action: real life patient care success story by expert in modern research	Dr Shalini	
3	11:20-12:10pm	National Health Programmes & Role of Ayurveda	Dr Athira	
4	12:10-1pm	Shloka Recitation Practice	Mr Sanjeev Hegade	



5	2-3pm	Cultural Competence & Disability Awareness: empathy as therapy to disability care and rehabilitations	Dr Arya	
6	3-4pm	Soft skills & Life skills in Ayurvedic context, building collaborative skills	Dr Roopa	
7	4-4:20pm	Environment al hygiene: Concept of Janapada wamsa in ayurveda and its relevance to environment al hygiene	Dr Niveditha	




Day 12 (26/11/2025)


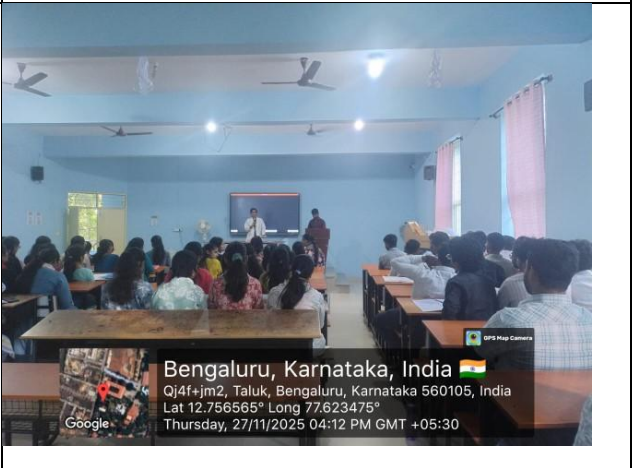
SI.No.	Time	Topic	Resource person	Photo
1	9-9:50am	Ayurveda and agriculture (Krishi Ayurveda)	Dr Akshatha	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756607° Long 77.623583° Monday, 24/11/2025 09:47 AM GMT +05:30</p>
2	10:30-11:20am	What are the risk if technology overtakes human wisdom? Digital toxicity.	Dr Nischal	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756566° Long 77.623568° Wednesday, 26/11/2025 11:26 AM GMT +05:30</p>
3	11:20-12:10pm	Ayurveda and Economics of Health: Ayurveda's role in preventive healthcare, affordability and sustainable health economics	Dr Shruthi	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756547° Long 77.623509° Wednesday, 26/11/2025 12:19 PM GMT +05:30</p>

4	12:10-1pm	Sanskrit Practice: Interactive Grammar	Mr Sanjeev Hegade	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756562° Long 77.62359° Thursday, 27/11/2025 01:01 PM GMT +05:30</p>
5	2-3pm	Basic understanding of Ashtanga yoga for physical and mental well- being.	Dr Vikas Rawat	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75656° Long 77.623533° Wednesday, 26/11/2025 03:03 PM GMT +05:30</p>
6	3-4pm	Digital Literacy: Learning Management System (LMS) Orientation  —How Will LMS Help Your Academic Success?	Dr Harish Gopal	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756587° Long 77.623447° Thursday, 27/11/2025 03:40 PM GMT +05:30</p>
7	4-4:20pm	Ayurvedic perspective of Deaddiction: role of Satvavjeya chikitsa and rasayana	Dr Jayalakshmi	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756551° Long 77.623548° Wednesday, 26/11/2025 04:19 PM GMT +05:30</p>


Day 13(27/12/2025)

Sl.No.	Time	Topic	Resource person	Photo
1	9-9:20am	Academic Writing: Introduction to Scientific Writing & Plagiarism	Dr Sunitha	 <p>Bengaluru, Karnataka, India QJ4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756577° Long 77.623546° Thursday, 27/11/2025 09:22 AM GMT +05:30</p>
2	10:30-11:20am	Proposed Higher Education Pathways in Ayurveda (M.D./M.S./Ph.D., Super specialty courses)	Dr Asha Rani	 <p>Bengaluru, Karnataka, India QJ4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756569° Long 77.623462° Thursday, 27/11/2025 10:39 AM GMT +05:30</p>

3	11:20-12:10pm	Orientation on co-curricular arrangement, indoor outdoor sports facilities, house formation	Dr Prabhavathi	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756607° Long 77.623586° Thursday, 27/11/2025 12:01 PM GMT +05:30</p>
4	12:10-1pm	Sanskrit Practice Session	Mr Sanjeev Hegade	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756562° Long 77.62359° Thursday, 27/11/2025 01:01 PM GMT +05:30</p>
5	2-3pm	Swasthya, Satya, Seva: The ayurveda student 's commitment of self, society and world	Dr Manjunath G	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756627° Long 77.623635° Thursday, 27/11/2025 02:37 PM GMT +05:30</p>

6	3-4pm	Presentation Skills: Structuring an Academic Presentation with good content.	Dr Ananyalakshmi	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756482° Long 77.623456° Wednesday, 26/11/2025 03:44 PM GMT +05:30</p>
7	4-4:20pm	Discussion on outreach activity of 14th day	Dr Ambethkar, Dr Bindusree	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756565° Long 77.623475° Thursday, 27/11/2025 04:12 PM GMT +05:30</p>

**Day 14 (28/11/2025)**

<i>Sl.No.</i>	<i>Time</i>	<i>Topic</i>	<i>Resource person</i>	<i>Photo</i>
1	9:00Am-4:20PM	Ayurveda Arogya Mitra Abhiyan ) visit of nearby Village  :100 families were adopted	Dr Ambethkar, Dr Bindusree	 <p>Kallbalu, Karnataka, India Qjcf1e4g Umesh Reddy Building, Anguti District, Kallbalu, Karnataka 560105, India Lat 12.770924° Long 77.622535° Friday, 28/11/2025 12:02 PM GMT +05:30</p>



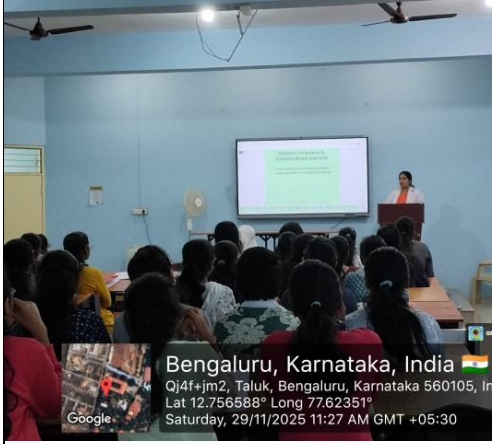



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Day 15 (29/11/2025)

Sl.No.	Time	Topic	Resource person	Photo
1	9-9:20am	Orientation on National tobacco control programme	Dr Harish Babu	
2	10:30-11:20am	Different opportunities after BAMS: Practice, wellness centers, PanchaKarma Units, Govt. Ay. Dispensary, Entrepreneurship	Dr Shubha rani	





3	11:20-12:10pm	Research awareness and evidence based Ayurveda: Orientation	Dr Arya	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, In Lat 12.756588° Long 77.62351° Saturday, 29/11/2025 11:27 AM GMT +05:30</p>
4	12:10pm-1pm	Ayurveda and Yoga as India 's soft power diplomacy through wellness	Dr Vasudev Vaidya	
5	2-3pm	Glory of Ayurveda in Global Health	Dr Ravikiran	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, In Lat 12.756549° Long 77.623501° Saturday, 29/11/2025 02:50 PM GMT +05:30</p>
6	3-4pm	Introduction to Rachana Sharira concepts, Syllabus, Orientation on cadaver room etiquette	Dr Ambethkar	 <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, In Lat 12.756529° Long 77.623369° Saturday, 29/11/2025 04:01 PM GMT +05:30</p>

7	4-4:20pm	Post test Feedbackcollection	&Dr Ambethkar, Dr Bindusree	<p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.75664° Long 77.623489° Saturday, 29/11/2025 04:14 PM GMT +05:30</p>
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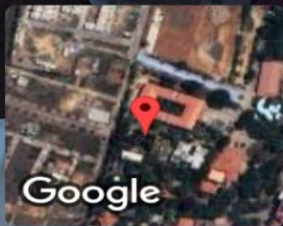
**Day 16 (1/12/2025)**


<b>SI.No.</b>	<b>Time</b>	<b>Topic</b>	<b>Resource person</b>	<b>Photo</b>
1	8- 10:30am	Shishopanayana Dhanvantari Homa	&Dr H R Nagendra guruji Prof. Subramanyam Dr Vasudev Vaidya Dr Alok Roy Teaching faculty	<p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756647° Long 77.623311° Monday, 01/12/2025 09:32 AM GMT +05:30</p> <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756672° Long 77.623825° Monday, 01/12/2025 08:20 AM GMT +05:30</p> <p>Bengaluru, Karnataka, India Qj4f+jm2, Taluk, Bengaluru, Karnataka 560105, India Lat 12.756638° Long 77.623846° Monday, 01/12/2025 08:21 AM GMT +05:30</p>

2	11:00AM -4:20 PM	Freshers day Followed by Valedictory Function .		
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**PG INDUCTION PROGRAMME REPORT**





Bengaluru, Karnataka, India   
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India  
Lat 12.756554° Long 77.623586°  
Friday, 02/01/2026 11:10 AM GMT +05:30

GPS Map Camera



### Day 2 :

The 2nd day began with a session on Kayachikitsa -internal medicine conducted by Dr. V.V.Reddy, Professor, HOD, Department of Kaya Chikitsa. The next session was conducted by Dr. Sangamitra Patnaik ; Professor, HOD;Department of Panchakarma, and Dr. Ramya Assistant Professor; Department of Panchakarma on the topic Panchakarma , the 3rd session was conducted by Dr. Sandhya DS; Professor, HOD;Department of Agada Tantra, on the topic AYUSH Regulatory bodies ma'am elaborated on AYUSH Ministry and its functions. The 4th session post lunch was conducted by Dr. Sowmya ; Associate Professor; Department of Roganidana and vikruthi vignana ; ma'am took us went on a visit to laboratory and explained us about the different laboratory investigations being conducted in the laboratory ,the safety measures while handling samples and its documentation. The last session of day 2 was conducted by Dr. Shalini UA;Associate Professor; Department of Shalya Tantra, on the topic of Team Building Activities for interns where ma'am encouraged us in performing different activities n helped us understand the role of communication in a team for its proper functioning.

### Day 3 :

The 3rd day started with a session on shalya tantra conducted by Dr. Mohan Krishna; Associate Professor, I/C HOD;Department of Shalya Tantra. The next session was conducted by Dr. RAVIKIRAN B;Professor, HOD; Department of Dravya Guna on the topic Drug and Magic remedy Act.sir elaborated on avoiding misleading drug practices, complying with the Drug & Magic Remedies Act, and issuing medical certificates with legal and professional validity.It was followed by session on Medico-legal aspects and Ethics conducted by Dr. Harish Babu; Professor, Department of Agada Tantra. Sir elaborated on code of Ethics, Misconduct and punishment and Rights of practitioner. The 4th session was conducted by Dr. ABHIRAM SS, RMO on the topic : Knowledge of HIMS (Hospital information Management system). The last session was conducted by Dr. Roopa L ;Professor, HOD;Department of Shalakyta Tantra on the Topic Shalakyatantra Hands on training on application of instruments. Ma'am elaborated on Kriyakalpa unit management.

### Day 4 :

The 1st session of day 4 was conducted by Dr. Ranjitha BM;Professor, HOD; Department of Prasuti Tantra Evum Stree Roga on the topic Stree Roga evam Prasuti Tantra (Gynecology and Obstetrics) . Ma'am highlighted on Labour Theater etiquettes,antenatal and post-natal problems and their remedies, antenatal and post-natal care,all routine works such as case taking, investigations, diagnosis and management of common striroga by Ayurvedic medicine. The second session was conducted by Dr. Champa Pant;Professor, HOD; Department of Kaumarabrutya on the topic Kaumarabrutya and elaborated on Care of new born along with immunization programme including Svarnaprashana. The next session was on the topic Pharmacy by Dr. Prabhavati Kichadi; Professor, HOD; Department of Rasha Shastra & Bhaishajya Kalpana. It was followed by session from Dr. Sunitha MP; Professor; Department of Dravya Guna on the topic Pharmaco-vigilance and elaborated on Knowledge of Right Dose, time of administration and duration of the formulations.

### Day 5 :

The 1st session was conducted by Dr. Athira, Assistant Professor; Department of Swasthavrutta on the topic Swasthavrutta & Yoga (Lifestyle Management, Public Health and yoga). The next session was conducted by Dr. Sandeep S; Associate Professor; Department of Swastha Vrutta on the topic Primary Health Care (PHC) and explained the importance of teaching of health care methods to rural population and also various immunization programme. The 3rd session was conducted by Dr. Anupama Janakiram ;Associate Professor; Department of Rasha Shastra & Bhaishajya Kalpana on the topic National Examinations and elaborated on exam regulation

of NCISM for different exams like AIAPGET, NEXT, NTET. The next session was conducted by Dr. Alok Roy; Professor, Principal; Department of Samhita Siddantha on the topic Capacity Building and Personality development. Sir emphasized on Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, public speaking, Patient Interaction and Bedside Manners. The last session was conducted by Dr. Nikhila B Hiremath; Professor, HOD; Department of Swastha Vrutta on the topic Scientific presentation skills.

**Day 6:**

Post test was conducted on Teachmint app by Dr. Pooja BA and Dr. Namitha ; Intern coordinator committee. It was followed by a session on Medical value travel and AYUSH VISA by Dr. B. R. Ramakrishna

BSAM, BAMS, MD (Ayu) MSc, PhD (Yoga); Pro Chancellor Svyasa; Director & Professor Emeritus, SAMC&H, Bangalore Independent Director, NALCO, GOI, Bhubaneswar, Odisha President, Vishwa Ayurveda Parishad, Karnataka. The Orientation Programme was concluded with a valedictory function conducted by Interns coordinator committee and refreshment.

**SPORTS COMPETITION (KREEDA SOURABHA) -2025**

Date– 4 July 2025

Venue– Arise Badminton Academy

Organizing committee principal– Dr. Alok Roy head of sports – Dr. Prabhavati K Teacher's Committee - Dr. Mohan Krishna, Dr. Sowmya Girish, Dr. Divyanagari, Dr. Ramyashree G, Dr. Renu V T, Dr. Asharani, Dr. Anupama, Dr. Niveditha, Dr. Abhishek Biswas, Dr. Vanita, Dr. Shalini, Dr. Nishchal P, Dr. Harish Gopal, Dr. Rashmi, Dr. Athira, Dr. Suganya, Dr. Ananyalakshmi, Dr. Netravati, Dr. Akshatha, Dr. Bindushree, Dr. Jayalakshmi, Dr. Arya, Dr. Namitha, Dr. Shruthi, Dr. Abhiraam, Dr. Mukesh, Dr. Alaka, Dr. Dhanya, Dr. Preety, Dr. Aaron, Dr. Diya, Dr. Niveditha

Sports Secretary – Sanket Kesare

**EVENTS AND COMPETITIONS**



1. List of events – • Badminton Singles (Boys) • Badminton Singles (Girls) • Badminton  
Doubles (Boys) • Badminton Doubles (Girls) • Badminton Mixed 2. Participation Details –  
Badminton Singles (Boys)

**WINNER LIST OF SPORTS**

Results- Events	Winners	Runners Up
Badminton Singles (boys)	Raghav (Panthers)	Naren (Panthers)
Badminton Singles (girls)	Ira (Titans)	Kshitija (Grifins)
Badminton Doubles (boys)	Raghav & Naren (Panthers)	Karegouda & Abhishek (Panthers)
Badminton Doubles (girls)	Ira & Anagha (Titans)	Mantasha & Roma (Panthers)
Badminton Mixed	Ira & Darshan (Titans)	Naren & Mantsha (Panthers)







## LITERARY COMPETITIONS

### REPORT ON ANNUAL LITERARY EVENT 2025 – SAHITYA PALLAVA 2.0

The **Annual Literary Fest – Sahitya Pallava 2.0**, organized by the **Literary Committee**, was successfully conducted from **2nd June to 6th June 2025**, during the afternoon sessions from **2:00 PM to 3:30 PM**. The event aimed to encourage literary expression, creative thinking, and extracurricular engagement among students across all batches.

The event witnessed **enthusiastic participation from every batch**, with students showcasing impressive talent and originality. A total of **nine diverse competitions** were conducted throughout the week, each focusing on unique themes and skill sets:

1. **Rubik's Cube Challenge** – focused on logical thinking and problem-solving speed.
2. **Handkerchief Painting (Theme: Folk Art)** – students creatively represented traditional and regional folk art forms on fabric, celebrating cultural heritage.
3. **Poetry Writing (Theme: Operation Sindoor)** – a powerful platform for students to express patriotism, valor, and social messages inspired by the military operation.
4. **Crossword Puzzle** – tested vocabulary, memory, and language proficiency.
5. **Best Out of Waste** – encouraged sustainability and creativity by transforming waste into artistic or useful items.
6. **Sudoku** – enhanced students' numerical and analytical reasoning skills.
7. **Photography (Theme: Nature as Medicine)** – captured the healing and therapeutic aspects of nature through the lens.
8. **Shloka Recitation** – promoted traditional wisdom, pronunciation, and spiritual rhythm through classical verse recitations.
9. **Reel Making Competition (Theme: Clinical Examination)** – students skillfully depicted key elements of clinical practice in a creative and engaging video format.

The **Debate, Quiz, and Pick and Act** competitions are scheduled to be conducted during the upcoming **Cultural Events**, allowing for broader participation and preparation.

The Literary Committee extends sincere appreciation to all the participants, volunteers, faculty members, and coordinators whose dedication and energy made **Sahitya Pallava 2.0** a vibrant and successful celebration of literature and creativity.





## REPORT ON PARTICIPATION IN “GEETHA-SUGEETHA” – BHAGAVADGEETHA SHLOKA CHANTING COMPETITION

On the auspicious occasion of **International Yoga Day – 2025**, our students had the unique opportunity to participate in the **“Geetha-Sugeetha” – Bhagavadgeetha Shloka Chanting Competition**, organized by **S-VYASA Deemed to be University, Bengaluru**. The event, held in a spiritually vibrant atmosphere, aimed at fostering a deeper connection with the timeless wisdom of the Bhagavadgeetha and celebrating the harmony of body, mind, and soul through shloka chanting.

Our students enthusiastically took part in this prestigious intercollegiate competition, representing our institution with devotion, discipline, and cultural pride. The competition saw the participation of students from various institutions across the state, all coming together to recite selected verses from the Bhagavadgeetha with correct pronunciation, rhythm, and bhava (spiritual emotion).

We are immensely proud to share that **our team was honored with the “Best Coordination Award”**, a recognition of their seamless group performance, unity, and overall presentation.

We extend our heartfelt congratulations to all the participants and express our gratitude to the faculty coordinators and mentors who guided the students in their preparation. Their continuous encouragement and support played a vital role in this achievement.





**Date: 30th June 2025**

**Organized by: Literary Committee, SAMC&H, Jigani**

As a continuation of the month-long literary celebrations under *Sahitya Pallava*, a series of intellectually engaging competitions were conducted on **Monday, 30th June 2025**, exclusively for students.

The day began with the **Pick and Act** competition held from **11:00 AM to 11:30 AM**, coordinated by **Dr. Athira, Dr. Sughanya, and Dr. Mukesh**. Students showcased spontaneous creativity and theatrical expression, bringing humour and insight to various themes.

Following this, a stimulating **Debate** session was held on the topic “*Integration of Ayurveda with Modern Medicine*”. Participants presented well-researched arguments both *for* and *against* the motion. The event was meticulously coordinated by **Dr. Netravathi and Dr. Ananyalakshmi**, fostering critical thinking and a balanced perspective among students.

In the afternoon session, an exciting **Quiz Competition** tested the participants’ knowledge across literature, science, and general awareness. The quiz was conducted by **Dr. Anupama Janakiram**, with **Dr. Ramyashee** and **Dr. Rashmi Bhat** managing the scoring and technical aspects.

The event witnessed enthusiastic participation and excellent coordination, making it a successful continuation of *Sahitya Pallava 2025*. The Literary Committee extends heartfelt gratitude to all the coordinators, student participants, and supporting staff for their contributions.





## REPORT ON NATIONAL-LEVEL ACHIEVEMENTS OF SUSHRUTHA AYURVEDA MEDICAL COLLEGE & HOSPITAL (SAMCH)

Samyojanam – 2025 | National Online Competitions on Metabolic Disorders  
Organized by: Vishwa Ayurveda Parishad in collaboration with Sushruta Ayurveda Medical College and Hospital and Karnataka State Open University

Sushruta Ayurveda Medical College & Hospital (SAMCH) proudly presents its outstanding achievements in the **National-Level Online Competitions** held under **Samyojanam – 2025**, themed “**Metabolic Disorders**,” organized by **Vishwa Ayurveda Parishad**. Ayurveda institutions from across the country took part, making the event highly competitive and enriching.

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### Overview of the Event

Samyojanam – 2025 promoted academic excellence, research insight, creativity, and cultural expression among Ayurveda students. Competitions were aimed at enhancing understanding of metabolic disorders through classical, clinical, and innovative perspectives.

Competitions conducted:

1. Online Quiz
2. Ayu Quiz
3. Logo Making
4. Oral Presentation
5. Poster Presentation
6. Shloka Recitation
7. Sanskrit Elocution
8. Reel Making

---

### Achievements of SAMCH

Students of SAMCH excelled in various categories, earning national recognition.

#### 1. Logo Making Competition

- **Mr. Jethin**, 2nd BAMS student, *Titans Batch*, received special appreciation as **his logo was selected as the best one**

#### 2. Ayu Quiz Competition

- **Ms. Bhunidhi**, 2nd BAMS student, *Titans Batch*, secured the **1st Prize** in the National Ayu Quiz.

#### 3. Other Competitions

- Students delivered outstanding performances in **Quiz, Poster & Oral Presentations, Shloka Recitation, Sanskrit Elocution, and Reel Making**, showcasing academic strength, creativity, and cultural proficiency.

These accomplishments reflect the dedication, hard work, and talent of SAMCH students and the strong academic foundation provided by the institution.

## Acknowledgement

The institution expresses gratitude to **Vishwa Ayurveda Parishad** for organizing this national platform. Special thanks to faculty coordinators and mentors for their constant guidance and motivation.



## REPORT ON

## STUDENT



ಯಾದಚಮ್ ಟ್ರಸ್ಟ್ **Yadalam Trust**  
ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ  
**Sushruta Ayurvedic Medical College & Hospital**

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanti Kuteera" SVYASA Campus, Jodi Bingipura, Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105.

+91-9110659242 2002ayu0091@gmail.com <https://sushrutaayurvedicmedicalcollege.com>

NCISM CODE - AYU0091

RGUHS CODE - A005



## PARTICIPATION IN NATIONAL SYMPOSIUM

The 2nd Professional BAMS junior students of **Sushruta Ayurvedic Medical College and Hospital (SAMCH)** actively participated in a **2-day National Symposium on "Yoga for One Earth, One Health: Integrating Tradition with Innovation"**, organized by **Powergrid** in collaboration with **S-VYASA University** on 13th and 14th August at **Sanskriti Bhavan, S-VYASA Campus**.

The symposium highlighted the global relevance of Yoga in promoting health and sustainability, emphasizing its integration with innovation and modern healthcare approaches.

Key features of the event included:

- **Inaugural keynote sessions** by eminent Yoga scholars and scientists.
- **Panel discussions** on innovation in Yoga research and its application in public health.
- **Interactive group activities** fostering student engagement and practical exposure.
- **Experiential sessions** designed to bridge traditional wisdom with contemporary healthcare needs.

The participation provided valuable insights to the students, inspiring them to integrate the holistic principles of Yoga with Ayurveda and modern health sciences in their future professional journey.









पावरग्रिड  
POWERGRID



## "Yoga for One Earth, One Health: Integrating Tradition with Innovation".

### WHO SHOULD ATTEND?

- Health Professionals (Doctors, Therapists)
- Yoga Teachers & Practitioners
- Ayurveda Experts & Wellness Coaches
- Environmentalists & Ecologists
- Students & Researchers
- Policy Makers & Educators
- Corporate Wellness Consultants
- Anyone interested in sustainable living & holistic health

REGISTER NOW



### SYMPOSIUM HIGHLIGHTS

- Keynotes from Eminent Yoga Scholars & Scientists
- Panels on Sustainable Living, Innovation, and Public Health
- Group Activities – Yoga Therapy Demos, Relaxation Techniques
- Interactive Q&A Sessions and Networking Opportunities
- Integrated Approach Of Yoga Therapy

13<sup>TH</sup>-14<sup>TH</sup> AUGUST, 2025

[www.svyasa.edu.in](http://www.svyasa.edu.in)

[arogyadhama@svyasa.edu.in](mailto:arogyadhama@svyasa.edu.in)



S-VYASA Deemed to be University, Prashanthi  
Kutiram, Kalluballu Post, Jigani-560105

### REPORT ON STUDENTS PARTICIPATION IN NATIONAL CONFERENCE – SANKALPAM: CLASSICS TO CLINICS

The students of our institution enthusiastically participated in the **Two-Day National Conference "Sankalpam – Classics to Clinics"** organized by **N. K. Jabshetty Ayurvedic Medical College, Bidar** on **23rd and 24th August**.

The conference featured eminent **resource persons** who delivered highly insightful sessions on diverse and clinically significant themes such as:

- Clinical success stories of *Hetu Vipareeta Chikitsa Siddhanta*
- Clinical interpretation of *Avarana*
- Modern investigations in the perspective of Ayurveda
- Rapid pain management
- Miraculous results in non-healing wounds and ulcers
- Infertility management

The sessions enriched the knowledge base of the students, helping them connect **classical Ayurvedic principles with contemporary clinical practice.**

We are delighted to highlight that our **3rd-year BAMS student, Rakesh,** presented a **Poster Presentation** on *Viruddha Ahara*. His contribution was well appreciated and added to the academic prestige of our institution.

Participation in such conferences provides our students with a valuable platform for academic exposure, clinical updates, and research orientation, strengthening their confidence in presenting and sharing Ayurveda wisdom in modern forums.





**VINDOHA AHARA IN TODAY'S SCENARIO**  
Presenter: LAKSHI, N. B. Guide: Dr. MINAL, N. R.  
SMVY'S RIM AMCH, VIJAYAPURA, KARNATAKA

What is your status of Agni?

**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL**  
BENGALURU  
Title: **VINDOHA AHARA IN CURRENT SCENARIO**  
Presented by: Lakshmi N. B. (24304001)  
Guide: Dr. Minal N. R. (24304002) (Dept. of Shalya Tantra)

**INTRODUCTION**  
In the present era, lifestyle changes have led to a significant increase in the prevalence of metabolic disorders such as obesity, diabetes, and hypertension. These conditions are closely linked to the status of Agni (digestive fire). This poster aims to explore the relationship between Agni and these modern ailments, providing practical advice on maintaining a healthy digestive system.

**Agni is the foundation of health.**  
Agni is the fire that transforms food into energy and nutrients. It is the source of all vitality and health. When Agni is weak, the body is unable to properly digest and absorb nutrients, leading to various health problems.

**Types of Agni:**

- Madhura Agni:** Having good and is responsible for good health.
- Madhura Agni:** Having weak and is responsible for various health problems.
- Madhura Agni:** Having strong and is responsible for good health.
- Madhura Agni:** Having weak and is responsible for various health problems.

**Causes of Weak Agni:**

- Irregular eating habits
- Overeating
- Consuming junk food
- Stress
- Lack of exercise
- Genetic factors

**Signs and Symptoms of Weak Agni:**

- Indigestion
- Bloating
- Constipation
- Diarrhea
- Weight gain
- Acid reflux
- Headaches
- Fatigue
- Weak immunity

**Prevention and Treatment:**

- Eat regular meals
- Chew food thoroughly
- Avoid overeating
- Drink plenty of water
- Exercise regularly
- Manage stress
- Use Ayurvedic herbs like ginger, turmeric, and cumin



**Bidar, Karnataka, India**  
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23/08/25 05:58 PM GMT +05:30

GPS Map Camera



## CULTURAL COMPETITIONS

### **RASANOVA 2025 – Event Report**

Theme Overview RASANOVA 2025 was the flagship cultural fest of Sushrutha Ayurvedic Medical College & Hospital, thematically centered around the concept of 'Rasa', which refers to the nine essential emotions of classical Indian aesthetics. The event's name was a poetic fusion of 'Rasa' (emotion) and 'Nova' (a starburst or new beginning), symbolizing a vibrant emotional renaissance expressed through art, music, dance, and drama. The three-day celebration was thematically divided into:- Day 1: Ethnic Essence-Day 2: Cosplay Carnival- Day 3: Twinning with a Twist each day embodied a unique visual and emotional narrative that brought the Navarasa to life on stage.

Day 1 – Ethnic Theme (1st July 2025) The fest began with a deeply spiritual ambience, marked by the Dhanvantri Pooja and Tulsi Pujan. These rituals were graciously conducted by the Guests of Honour: Dr. Vasudeva Vaidya (Deputy Registrar, SVYASA), Dr. Alok Roy (Principal, SAMCH), Dr. Sanghamitra Patnaik (Medical Superintendent, SAMCH), and Dr. Nischal P (Cultural Committee Coordinator, SAMCH). Following the inaugural ceremonies, the fest banner was unfurled at the Casualty block, symbolizing the official start of RASANOVA. The energy was amplified with a Yoga Pyramid formation and a dynamic flashmob, which led into the ceremonial Maitri Milan walk, encouraging unity and vibrancy across the campus. The cultural segment commenced with a beautiful opening dance by Lipta, setting the tone for the day. This was followed by the Investiture Ceremony, where badges were ceremoniously handed over from the outgoing to the incoming student council. A special transition performance was presented by Dr. Nandini Motwani, ex-Cultural Secretary, along with her team — an emotional tribute to service and leadership. Events conducted on Day 1 included:- Classical Singing Competition (~5 participants)- Pot Painting – Emotion in Earthenware (~16 participants)- Duet Dance Competition (~21 teams)- Wound Craft (Special FX Art) (~6 entries) The day concluded with engaging competitions judged by experienced faculty and external experts across all event categories.

Day 2 – Cosplay Theme (2nd July 2025) The second day began with mesmerizing solo classical dance performances that embodied tradition and grace. The festive spirit continued to rise with Solo Non-Classical Singing, Solo Non-Classical Dance, and the thrilling Group Dance Competitions, each performance uniquely portraying different Navarasas such as Raudra (anger), Hasya (joy), and Veera (heroism). Approximate participation included:- Solo Classical Dance: ~6 participants- Solo Non-Classical Singing: ~15 participants- Solo Non-Classical Dance: ~17 participants- Group Dance: ~17 Team the costumes on Day 2 reflected brilliant imagination — from mythological and fictional characters to hilarious improvisations and cultural references, making it one of the most colorful and interactive days of the fest.

Day 3 – Twinning Theme (3rd July 2025) The final day opened with heart-touching Group Singing performances that brought melody and emotion to the forefront. The final set of programs included the Musical Bonanza, a segment filled with live performances, music-based games, and crowd interactions that kept the audience highly engaged. The evening culminated in the Fashion Show – 'Royal Couture', showcasing elegance, synchronized styling, and expressive creativity based on royal and cultural aesthetics. A standout moment was the Faculty Special Dance, which lit up the stage with joy, respect, and surprise, as teachers gracefully took on the spotlight. Day 3 Participation Overview:- Group Singing: ~ 4 teams- Musical Bonanza & Faculty Dance: Featured segment (non-competitive) -Fashion Show: ~ 5 teams (15–20 members each)

Closing Note RASANOVA 2025 concluded with a vote of Thanks by Dr. Nischal P, Cultural Committee Coordinator, who extended warm gratitude to the organizing teams, faculty mentors, volunteers, student council, and all participants for their dedication, emotion, and unwavering enthusiasm. Rasonova brought out the cultural talent of SAMC&H, Bengaluru., In a vibrant way where students participated with enthusiasm and sincerity.

Event Gallery....



## Report on Guest Lecture by Dr. Alokānātha

Topic: “Application of Samanya Vishesha Siddhanta in Charaka Samhita”

The Department of Samhitā, Siddhānta and Saṃskṛitam organized an enlightening guest lecture on 29th April 2025, aimed at introducing the first-year BAMS students to the clinical importance of the Charaka Saṃhitā.

The program was inaugurated by Dr. Alok Roy, HOD, Department of Samhita, Siddhanta and Samskrita and Principal, SAMCH and hosted by Dr P Suganya Devi, Assistant Professor, Department of Samhita, Siddhanta and Samskritam. The session was delivered by the esteemed scholar and clinician, Dr. Alokānātha, Associate Professor, Department of Samhita and Siddhanta, ALN Rao Memorial Ayurvedic Medical college Koppa, Chikkamangalur. Dr. Alokānātha, with his deep understanding of the classical texts and vast clinical experience, highlighted the foundational role Samanya Vishesha Siddhanta in Charaka Samhita of the *Charaka Saṃhitā*. He explained how concepts such of Samanya vishesha are not merely theoretical, but directly applicable to the diagnosis and treatment of diseases even in the present context.

The lecture served as an eye-opener for the new students, giving them a glimpse into how classical Ayurvedic knowledge forms the basis for clinical reasoning and patient care. Dr. Alokānātha also motivated the students to read the *Charaka Saṃhitā* not just as a textbook, but as a timeless guide for becoming compassionate and competent physicians.

The session concluded with an interactive discussion, where students eagerly raised questions and expressed their appreciation for the practical perspective shared.

The Department extended sincere thanks to Dr. Alokānātha by offering him the letter of Appreciation for his inspiring talk and for helping students connect with the clinical essence of Samanya vishesha siddhanta from the very beginning of their academic journey.

## REPORT ON GUEST LECTURE BY REVERED PROF. VAIDYA BANWARILAL GAUR

### Topic: "Application of treatment principles in diseases"

As a part of the Charaka Jayanti celebrations, a guest lecture was organized on 24th July 2025 by the Department of Samhitā Siddhānta and Samskr̥itam. The session was graced by the esteemed Revered Prof. Vaidya Banwarilal Gaur, Bhishagacharya, Former Vice Chancellor, RAV, Jodhpur a renowned person who addressed the final-year BAMS students on the topic: "Application of treatment principles in diseases."

The event began with a warm welcome and introduction by Dr. Divya Nagari N, Associate Professor, Department of Samhita, Siddhanta and Samskritam who served as the Master of Ceremony, gracefully conducting the proceedings of the program.

The program was officially inaugurated by Dr. Alok Roy, HOD, Department of Samhita, Siddhanta and Samskrita and Principal, SAMCH.

Vaidya Gaur ji, with his profound clinical experience and deep-rooted scholarship, enlightened the students on how the timeless principles of the *Charaka Samhitā* remain relevant in present-day clinical practice. He emphasized the importance of understanding the *Roga Vinischaya*, *Indriyasthanā* and *Cikitsitasthāna* for effective diagnosis and treatment. His lecture beautifully bridged the gap between classical textual knowledge and its application in real-life patient care.

The session also included engaging discussions, where students actively participated and gained insights into the practical relevance of concepts. The program served as a valuable academic experience, reinforcing the clinical strength of classical Āyurvedic wisdom. The vote of thanks was delivered by Dr. Divya Nagari N on the behalf of the Department where an extended heartfelt gratitude was expressed to Vaidya B. R. Gaur for his inspiring words and presence on this special occasion.



## REPORT ON WORLD CANCER AWARENESS PROGRAM

- Organized by the Literary Committee & Student Council, SAMCH, Bengaluru
- Date: 22/02/2025
- Venue: 3rd Year Classroom
- Time : 2.30 pm to 4pm

The Literary Committee & Student Council of SAMCH, Bengaluru, successfully conducted a **World Cancer Awareness Program** on **22nd February 2025**. Lavender colored ribbon tags, symbolizing cancer awareness, were distributed to all staff and student council members

### Lecture Sessions:

1. **Dr. Harish Babu**, Professor, Department of Agada Tantra, delivered a lecture on **"Clinical Case Narratives: Treatment Experiences."**
  2. **Dr. Netravathi**, Assistant Professor, Department of PTSR, presented a session on **"Healing Within: Ayurveda Insights on Cervical and Breast Cancer Prevention."**
- The session was effectively moderated by **Mr. Sacchin**, a **4th-year BAMS student**.
  - The program was **coordinated by Dr. Sowmya.H**, Associate Professor, Dept of Roga Nidana & Vikriti Vijnana & **Dr. Athira A G**, Assistant professor, Dept of Swasthavritta, ensuring smooth execution and participation.
  - The committee also organized a **Reel Making Competition** for students on the topic **"Oral Cancer"**, encouraging creative awareness initiatives.
  - The event provided **valuable insights into Ayurveda approaches** for cancer awareness, prevention, and treatment experiences.
  - The program concluded by giving a token of appreciation to the speakers

The event was a **great success**, contributing to **awareness and knowledge sharing** on Ayurveda-based cancer prevention and treatment strategies.





**'REPORT ON INTERNAONAL DAY OF OLDER PERSONS & WORLD DIABETES DAY  
2025**

The Department of **Roganidana and Vikriti Vignana** organized a **Free Medical Check-up Camp** for senior citizens on the occasion of *International Day of Older Persons* and *World Diabetes Day* on **14th November 2025**. The camp was held at **Sushrutha Diagnostic Lab, Ground Floor, Sushrutha Ayurveda Medical College & Hospital, Bengaluru**, from **10:00 AM to 4:30 PM**.

The primary objective of the event was to promote health awareness, early detection of lifestyle disorders, and preventive healthcare among the elderly population. The camp focused on essential diagnostic screenings useful for monitoring chronic conditions prevalent in older adults.

**Total Number of Participants: 13 senior citizens**

**Services Provided:**

1. **Diabetes Evaluation**
  - GRBS
  - Diabetes risk assessment and counselling
2. **Cardiac Evaluation – ECG**
  - Electrocardiogram screening for early detection of cardiac abnormalities
3. **Ankle Brachial Index (ABI)**
  - Screening for peripheral arterial disease
4. **Blood Pressure Monitoring**
  - Hypertension screening and awareness

The event witnessed meaningful participation from the elderly community, and the beneficiaries expressed appreciation for the timely services provided. Faculty members, interns, and diagnostic staff contributed to the smooth coordination and successful execution of the camp.

The department extends heartfelt appreciation to all staff members, volunteers, and participants for their support in making the programme successful.





## Sushrutha Ayurvedic Medical College & Hospital

Prashanthi Kuteeram, Jodi Bingipura, Jigani Hobbli, Anekal Taluk, Bengaluru, Karnataka - 560105



### Department of Roga Nidana & Vikriti Vignana Cordially invites you for **FREE MEDICAL CAMP** On the occasion of **World Diabetes Day & International Day of Older Persons 2025**

#### Special Highlights

- Free Cardiac Evaluation (ECG)
- Hypertension Check-up  
(Ankle Brachial Index)
- Blood Sugar Screening (GRBS)
- Prakriti Pareekshan (Ayurvedic  
Constitution Assessments)

**NOVEMBER 14TH - 2025**

**TIME: 10 AM - 3 PM**

**VENUE: SUSHRUTHA DIAGNOSTIC LAB, GROUND FLOOR, SUSHRUTHA AYURVEDA MEDICAL  
COLLEGE & HOSPITAL, BENGALURU**



### REPORT ON THE EXHIBITION FOR INTERNATIONAL DAY OF OLDER PERSONS 2025

The **Literary Committee** of Sushrutha Ayurveda Medical College & Hospital organized a student exhibition on the occasion of the **International Day of Older Persons** on **14th November 2025**. The event was sponsored by the **Ministry of Social Justice and Empowerment, Government of Karnataka**.

The exhibition aimed to create awareness about various health concerns of the elderly and highlight Ayurvedic perspectives on preventive and curative care. Students from **BAMS**, representing each batch, actively participated. Each batch formed **4 teams**, who presented informative and interactive exhibits.

#### **Themes of the Exhibition**



The students prepared displays and demonstrations on the following topics related to **Geriatric Care**:

1. **Pain Management**
  - Common musculoskeletal pains in old age
  - Ayurvedic therapies such as Abhyanga, Swedana, Agnikarma, and Rasayana
2. **Memory & Cognitive Care**
  - Age-related memory decline
  - Medhya Rasayana, lifestyle modifications, diet, and yoga
3. **Sleep Management**
  - Insomnia and disturbed sleep patterns in elderly
  - Ayurvedic solutions including Nidrajanaka dravyas, Dinacharya, and relaxation techniques
4. **Gut Care**
  - Digestive issues like constipation, indigestion, IBS
  - Ayurvedic dietetics, Deepana-Pachana, and lifestyle advice
5. **Sense Organ Care**
  - Age-related issues of eyes, ears, nose, skin, and tongue
  - Ayurvedic practices such as Netra Tarpana, Karna Purana, Nasya, and skincare routines

## Honourable Presence

The programme was graced by the esteemed presence of:

- **Dr. B. R. Ramakrishna**, Director, SAMC & Pro-Chancellor, S-VYASA University
- Other respected faculty members and dignitaries of the institution

## Judges for the Exhibition

The exhibits were evaluated by a distinguished panel:

- **Dr. Champa Pant**, Academic Dean
- **Dr. Sandhya**, Professor, Department of Agada Tantra
- **Dr. Netravathi**, Assistant Professor, Department of PTSR

Their valuable feedback and encouragement motivated the students and enriched the learning experience.

## Participation

- All BAMS batches took part enthusiastically.
- **Four teams per batch** presented models, charts, demonstrations, and patient education materials.
- Students effectively explained geriatric health issues and Ayurvedic management through interactive sessions.

## Outcome

The exhibition received appreciation from faculty, visitors, and participants for its informative content and the students' dedication. The initiative successfully promoted awareness about elderly health problems and highlighted Ayurveda's holistic approach to geriatric care.



## INTERCOLLEGIATE EVENTS AT SVYASA

On the occasion of **World Environment Day**, our students actively participated in the **Intercollegiate Competitions** organized by **SVYASA University** on **5th June 2025**. The day was filled with various activities aimed at promoting environmental awareness and sustainable practices.

The event commenced with a **morning skit** performed by participating colleges, focusing on the theme of environmental protection and conservation. This was followed by a **tree plantation drive**, symbolizing the collective responsibility of nurturing nature for future generations.

Later, the **prize distribution ceremony** was held for various creative competitions conducted under the themes of "**Best out of Waste**," "**Collage making**," and "**Bottle Painting**." We are proud to share that our **BAMS 1st Year student** secured the **First Prize** in the **Bottle Painting** competition, held under the theme "**Colour the Waste, Craft the Change**." The artwork was highly appreciated for its creativity, message, and alignment with the theme.

The event was an enriching experience for our students, giving them a platform to showcase their talent while spreading awareness on environmental issues. We commend our students for their enthusiastic participation and commitment to sustainability.



## INTERNATIONAL YOGA DAY CELEBRATIONS – 2025

This is a comprehensive report of the International Day of Yoga (IDY) 2025 celebrations that took place at Sushruta Ayurvedic Medical College & Hospital (SAMC&H). The event truly reflected our commitment to promoting holistic health and wellness through the ancient practice of Yoga, and we are delighted with its success.



As an additional highlight, SAMC&H had officially registered as an organizer on the Yoga Portal (Yoga Sangam), which aligns the institute with national efforts to promote Yoga on a wider platform and contribute to its broader reach.

### **Inaugural Ceremony**

The official inauguration of the International Day of Yoga (IDY) 2025 program at Sushruta Ayurvedic Medical College & Hospital (SAMC&H) was held on 30<sup>th</sup> May 2025 with the auspicious Dhanwantari Pooja, seeking divine blessings for the event and its participants. During this inaugural ceremony, Principal, Dr. Alok Roy, and Dr. Vasudev Vaidya along with the HOD and staff of the department of Swasthavritta unveiled the overarching theme and detailed schedule for IDY 2025.

We also took the opportunity to announce the pre-event college-level competitions to build excitement and engagement. These competitions included a Jnana Yoga Shloka Recitation Competition, Surya Namaskara Performance Competition, and a Digital Poster Making Competition focused on topics related to Yoga Asana and Pranayama, all of which saw enthusiastic participation.

### **Pre-IDY Activities**

Leading up to the International Day of Yoga, we organized several preparatory events and awareness initiatives aimed at fostering deeper engagement with Yoga.

From 13<sup>th</sup> June 2025 onwards, daily Common Yoga Protocol (CYP) practice sessions were consistently held at Sruthi Mandir and within the hospital premises. These inclusive sessions witnessed enthusiastic participation from a wide range of individuals, including our undergraduate and postgraduate students, teaching and non-teaching faculty, administrative staff, as well as patients and their bystanders. These sessions not only promoted physical and mental well-being but also cultivated a collective consciousness around the profound benefits of Yoga. Our instructors provided detailed demonstrations and offered personalized corrections to ensure the correct and safe performance of Asanas, Pranayama, and meditation techniques.

Modified and accessible yoga practices were introduced specifically in the hospital area for individuals with health limitations, highlighting SAMC&H's strong commitment to holistic healing in clinical settings. Beyond the physical practice, post-practice reflections, informal discussions, and student-led awareness sessions were also held to deepen the understanding of Yoga's impact on lifestyle, stress management, and preventive health.

### **Competition held**

Three college-level pre-event competitions were conducted to build excitement and engagement.

#### **1. Jnana Yoga Shloka Recitation Competition**

The Jnana Yoga Shloka Recitation Competition was conducted on 9<sup>th</sup> June 2025, with 23 students participating. To support their preparation, the *Jnana Yoga Shloka Sangraha* was shared in advance. The event was judged by Mr. Sanjeeva Krishna Hegade, Professor of Sanskrit, Department of Samhita Siddhanta, and Dr. Pooja B A, Professor, Department of Panchakarma. Each participant was given 3 minutes to recite, and evaluation was based on the number of shlokas recited, rhythm, pronunciation, fluency and clarity, and overall expression. The 1<sup>st</sup> prize was awarded to Sushma, I Prof BAMS student, and the 2<sup>nd</sup> prize to Anaghashree, II Prof BAMS junior batch student.

#### **2. Surya Namaskara Performance Competition**

The Surya Namaskara Competition was held on 18<sup>th</sup> June 2025, with 16 teams (4 participants each) performing the 12-step Surya Namaskara. Judging was based on rounds completed, accuracy, posture and flow, coordination, use of shloka/music, and overall presentation. The judges were Dr. Sandhya



D S(Professor & HOD, Department of Agada Tantra), Dr. Champa Pant(Professor & HOD, Department of Kaumarabhritya), and Ms. Chaya(Yoga Instructor, Department of Swasthavrittaevam Yoga). The 1<sup>st</sup> prize was awarded to Harshali & team (II Prof Seniors), and the 2<sup>nd</sup> prize to Shrawani & team (II Prof Juniors).

### 3. Digital Poster Making Competition on the topics of *Yoga Asana or Pranayama*

The Digital Poster Making Competition focused on Yoga Asana/Pranayama, with entries evaluated for relevance, content depth, creativity, and visual appeal. A total of 21 posters were received. Judges were Dr. Nikhila B H (Professor & HOD) and Dr. Sandeep S(Associate Professor) from the department of Swasthavrittaevam Yoga. The 1<sup>st</sup> prize went to Chinnabathini Jethin, and the 2<sup>nd</sup> prize to Nagoor Qhaled (II Prof juniors).

#### MAIN CELEBRATION – 21<sup>st</sup> JUNE 2025

The grand celebration on 21<sup>st</sup> June 2025, was a landmark event, jointly organized with S-VYASA at the college front yard and Sruthi Mandir. Over 500 participants, all dressed in coordinated yoga attire, assembled by 6:15 AM, creating a visually inspiring sight.

The program began with soulful devotional bhajans led by Gairik & team, which immediately created a serene and meditative ambiance.

A special highlight was the live telecast of the address by the Hon'ble Prime Minister Shri Narendra Modiji, who emphasized the global significance and unifying power of Yoga.

This was followed by a warm welcome address from Dr. B.R. Ramakrishna, Pro-Chancellor of SVYASA, who spoke eloquently about Yoga's evolution and its seamless alignment with integrative healthcare practices.

A guided Common Yoga Protocol session was then expertly led by Dr. Reena (in English) and Raghavendra (in Kannada), ensuring inclusivity for all participants.

There was a prize distribution ceremony to acknowledge the winners of the three IDY-themed competitions, celebrating their talent and dedication. The presence of our esteemed Chief Guest, Dr. C.N. Manjunath, Member of Parliament (Bengaluru Rural) and a renowned cardiologist, truly elevated the occasion. Dr. Manjunath lauded the integration of Yoga in medical education and patient care, and strongly encouraged youth to adopt it as a daily practice for a healthier lifestyle. He was felicitated by the Chancellor and Pro-Chancellor in recognition of his contributions.

A captivating Yogasana demonstration by students Gaurav and his team, was a highlight, featuring classical asanas, advanced postures, drawing wide appreciation from the audience.

The formal program concluded with an insightful address by the Chancellor of SVYASA University, Prof. Subramaniam, who powerfully highlighted the importance of maintaining Yoga's philosophical and ethical roots.

A vote of Thanks was delivered by Dr. Vasudev Vaidya, acknowledging everyone's contributions and making the event a truly collaborative success. The celebration concluded by 9:00 AM, leaving a lasting impression of harmony, vitality, and community spirit.

The IDY 2025 celebrations at SAMC&H were a resounding success, characterized by devotion, discipline, and an incredible sense of community spirit. The Department of Swasthavritta meticulously coordinated the entire event, with unwavering support from our dedicated class teachers, the enthusiastic student council, our efficient administrative staff, and both teaching and non-teaching faculty. Their collective efforts ensured a smooth, impactful, and inspiring celebration that truly upheld the spirit and profound message of Yoga.



**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
(Recognised by NCISM, Ministry of AYUSH, New Delhi & affiliated to RGHS Bengaluru, Karnataka)  
A Grade Accredited by QCI-NABET-MARBISM

**DEPARTMENT OF SWASTHAVRITTA EVAM YOGA & LITERARY COMMITTEE**

**INTERNATIONAL DAY OF YOGA - 2025 CELEBRATION**

**SHLOKA RECITATION COMPETITION**

**Topic: Jnana Yoga Shloka Sangraha**

**Date of Event: 04.06.2025**

**Judging Criteria:**

- Number of shlokas recited in 3minutes
- Pronunciation
- Clarity, Fluency, Rhythm
- Overall Expression

**Last Date of Entries: 02.06.2025**

*Verues and timings will be updated shortly  
STAY TUNED!*

SCAN ME



**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
(Recognised by NCISM, Ministry of AYUSH, New Delhi & affiliated to RGHS Bengaluru, Karnataka)  
A Grade Accredited by QCI-NABET-MARBISM

**DEPARTMENT OF SWASTHAVRITTA EVAM YOGA**

**INTERNATIONAL DAY OF YOGA - 2025 CELEBRATION**

**SURYA NAMASKARA COMPETITION**

**RULES:**

- Each team should consist of 4 participants.
- Time provided is 5 minutes.
- Appropriate dress for Yoga performance is a must.
- Music can be used.

**Date of Competition: 18.06.2025**  
**Last date for entries: 15.06.2025**

*Verues and timings will be updated shortly*

**CRITERIA FOR JUDGMENT:**

- Number of rounds performed
- Accuracy and Synchronisation in the performance
- Posture and Flow
- Team coordination and overall presentation

SCAN ME

**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
(Recognized by NCISM, Ministry of AYUSH, New Delhi & affiliated to IGHS Bengaluru, Karnataka)  
\*A Grade Accredited by QCI-NARBIT-MARRISM

**DEPARTMENT OF SWASTHAVRITTA EVAM YOGA**  
**INTERNATIONAL DAY OF YOGA - 2025 CELEBRATION**  
**DIGITAL POSTER MAKING COMPETITION**

**Topic: Yoga Asana/ Pranayama**

**POSTER MUST INCLUDE:**

- \* Name of the Asana or Pranayama
- \* Origin of the name
- \* Steps of procedure
- \* Indications and Contraindications

**CRITERIA FOR JUDGMENT:**

- \* Relevance
- \* Depth of content
- \* Creativity
- \* Visual appearance
- \* Clarity

Last Date of Poster Submission: 08.06.2025

All posters must be self-created.  
Any form of duplication or copying will lead to disqualification

ಬಿಜ್ಜುಬಾತಿಗೆ ಸ್ವ-ಸೃಷ್ಟಿ  
Last Date of Registration: 16.06.2025

**भुजंगासन**

1. Lie down:  
Start by lying on your stomach with your legs extended and your feet together. Point your toes so the tops of your feet are on the floor.

2. Position your hands:  
Place your hands under your shoulders, with your palms facing down and fingers spread wide.

3. Lift and arch:  
Inhale and press your palms into the floor to lift your head, chest, and abdomen off the mat. Keep your elbows slightly bent and your hips on the floor.

**BENEFITS:**

- Strengthens the spine
- Expands the chest
- Tones abdominal muscles
- Relieves stress and fatigue
- Stimulates digestive organs
- Improves posture
- Enhances blood circulation
- Helps with menstrual issues
- Relieves sciatica

**CONTRAINDICATIONS:**

- Back injuries
- Fracture of ribs and wrist
- Hernia, after surgery for hernia
- Headaches
- Carpal tunnel syndrome
- Pregnancy
- Those who have undergone abdominal surgeries (recent surgeries)

"जागति भुजङ्ग देवी भुजङ्गासनसाधनात्!"

1<sup>st</sup> Prize - Chinnabathini Jethin

**VRKSHASANA**

**ORIGIN:** IT IS BELIEVED THAT YOGI TERM OF THIS POSTURE MIMIC A TREE STABILITY AND ROOTEDNESS, EMPHASISING GROUNDING, FOCUS ON MENTAL CALM.

मूलतः स्थितिः अस्मान् दृढं धरन्ती मनुष्यं न वाति। एतन्मिमांसां कुरुते।  
"Taking the form of a tree, holding the body firmly and steadily, whose mind does not waver — that yogi becomes like a tree in stillness."

**PHYSICAL BENEFITS:**

- IMPROVES BALANCE AND STABILITY
- STRENGTHENS LEGS AND CORE
- ENHANCES POSTURE
- IMPROVE FLEXIBILITY IN HIPS
- STRENGTHENS THE FEET AND ANKLES

**MENTAL AND PSYCHOLOGICAL BENEFITS:**

- BOOSTS CONCENTRATION AND FOCUS
- REDUCES STRESS AND ANXIETY
- PROMOTES INNER CALM

**ENERGETIC AND YOGIC BENEFITS:**

- BALANCES THE ROOT CHAKRA
- STIMULATES THE NERVOUS SYSTEM

**To perform it:**  
stand with feet together, shift weight to one leg, and place the other foot on the inner thigh (avoiding the knee). Raise arms overhead, palms joined, and hold while maintaining balance.

**CONTRAINDICATIONS:** Migraines, insomnia, or low or high blood pressure. Individuals with knee, hip, or foot injuries should also refrain from practicing this pose.

2<sup>nd</sup> Prize - Nagoor Ohaled

## REPORT ON GRADUATION DAY

### Vishikhanupravesha - 2025

#### 17th Convocation & Founders' Day

The 17th Convocation and Founders' Day of Sushrutha Ayurvedic Medical College and Hospital & PG Institute, titled Vishikhanupravesha – 2025, was held on Saturday, 19th July 2025 Samskruthi Bhavan, Prashanthi Kuteeram, Bengaluru. The chief guest for this year's Graduation Day was Prof. Vaidya Banwari Lal Gaur, Bhishagacharya, Former Vice Chancellor, Rajasthan Ayurveda University, Jodhpur. It was celebrated with profound reverence, joy, and academic pride. The day marked a significant milestone in the lives of graduating students of Batch 2018, symbolizing their transition from dedicated learners to responsible Ayurvedic professionals, ready to serve humanity with knowledge, integrity, and compassion. The ceremonial proceedings commenced at 10:30 AM with the auspicious Dhanwantari Pooja, invoking the blessings of Lord Dhanwantari—the divine physician and embodiment of Ayurvedic wisdom. The ritual was graced by the presence of graduates, dignitaries, faculty members, and parents, setting a spiritually vibrant tone for the day. Following the pooja, the graduates and dignitaries proceeded in a traditional procession to Samskruthi Bhavan, accompanied by an energetic and culturally rich Chenda Melam, symbolizing the celebration of tradition, achievement, and heritage.

The formal session began at 11:00 AM at Samskruthi Bhavan, anchored gracefully by Dr. Athira A.G. (Assistant Professor, Department of Swastha Vritta) and Dr. Akshatha Somayaji (Assistant Professor, Department of Dravya Guna), who served as the Masters of Ceremony. The event opened with an invocation in the form of Veda Ghosha, presented by the students, followed by melodious shloka chanting by the I BAMS students of Batch 2024–25, infusing the gathering with sacred resonance and invoking blessings for the graduates' future. Dr. B. R. Ramakrishna, Director of SAMC&H, formally welcomed the gathering and offered a brief yet insightful narrative on the legacy and evolution of the college. He highlighted the institution's commitment to excellence in Ayurvedic education, research, and clinical service. Following this, the ceremonial lighting of the lamp was performed by the dignitaries, signifying the dispelling of ignorance through the light of knowledge. The Annual Report was presented by Principal Dr. Alok Roy, who articulated the college's significant academic, research, and clinical achievements over the past academic year. He emphasized the institution's growing prominence in the field of Ayurvedic education. The Guest of Honor, Dr. N. K. Manjunath Sharma, Hon'ble Vice Chancellor of S-VYASA Deemed-to-be University, delivered an inspirational and future oriented address. He emphasized the critical importance of staying abreast





with emerging trends in Ayurvedic practice and global healthcare and recognizing the international scope and demand for qualified Ayurvedic professionals. His address served as a clarion call to graduates to embrace their professional journeys with both vision and responsibility. The central highlight of the ceremony was the certificate distribution, where graduating students were felicitated by the dignitaries. This solemn and proud moment celebrated the culmination of years of rigorous study, clinical training, and personal growth. The ceremony was followed by the Charaka's Oath, administered by Dr. Champa Pant, Dean Of Academics, SAMC & H. Graduates pledged to uphold the highest standards of ethics, compassion, and scientific integrity in their practice of Ayurveda. The Keynote Address was delivered by the eminent Prof. Vaidya Banwari Lal Gaur, Bhishagacharya and former Vice Chancellor of Rajasthan Ayurveda University. He spoke eloquently on the core values of Ayurveda, emphasizing the timeless relevance of classical principles in modern-day health challenges. He urged students to remain rooted in tradition while also embracing innovation and research. A felicitation ceremony honored the esteemed chief guest Prof. Vaidya Banwari Lal Gaur. Following this, a heartwarming segment featured graduates sharing their personal journeys, reflections, and memories, offering a glimpse into their unique experiences at SAMC&H. The Presidential Address was delivered by Padma Shri awardee Pujya Dr. H. R. Nagendra, President, S-VYASA Trust, whose words resonated deeply with the audience. Guruji highlighted the increasing burden of lifestyle-related disorders, the potential of Ayurveda as a holistic, sustainable solution and the urgent need for evidence-based research and global advocacy of Ayurvedic principles. His address served as both a reflection and a roadmap for the future of Ayurvedic medicine. The formal proceedings concluded with a vote of thanks by Dr. Sanghamitra Patnaik, Medical Superintendent, SAMC&H, who expressed heartfelt gratitude to all dignitaries, faculty, staff, students, and guests who contributed to the success of the event. The celebration ended on a festive note with "Sushrutha Kala Sourabha – Krishna Leela", a captivating cultural performance by Miss Nandini and her team, showcasing devotion, art, and heritage. The ceremony concluded with the chanting of the Shanti Mantra, invoking peace and well-being for all. Lunch was served at Annapurna from 2:00 PM onwards, bringing the day's events to a joyful and communal close. The Graduation Day 2025 at SAMC&H stood as a testimony to the enduring spirit of Ayurvedic education—rooted in tradition, enriched by knowledge, and inspired by service to humanity.

## REPORT ON CHARAKA JAYANTI CELEBRATION -2025

**Organized by the Literary Committee**  
**Sushruta Ayurvedic Medical College & Hospital**  
**Date: 29th July 2025**

On the sacred occasion of **Charaka Jayanti**, the **Literary Committee of Sushruta Ayurvedic Medical College & Hospital** organized a special program on **29th July 2025**, to commemorate the contributions of the great sage **Acharya Charaka**.

In the week leading up to this day, a series of enriching events were **successfully organized by the Department of Samhitha Siddanta**, which included:

- **Samskritha Bhashana** – Encouraging spoken Sanskrit and connecting with the original Ayurvedic texts.
- **Charaka Recipes** – A creative revival of classical dietary concepts from Charaka Samhita.
- **Guest Lecture Series** – Delivered by esteemed academicians and practitioners, highlighting key teachings and clinical applications of Acharya Charaka's work.

### **Charaka Jayanti – 29th July 2025**

The **Literary Committee** took the lead in organizing the **Charaka Jayanti program on the main day**, which began with a **Dhanvantari Pooja**, performed using the **Charaka Moola Text**, invoking blessings and paying homage to the roots of Ayurveda.

The highlight of the day was the **inauguration of the 'Charaka Chintana' series**, envisioned as a continuous platform for thoughtful reflection and discussion on the Charaka Samhita.

This was followed by a special address by **Sri Gajanana Hegde, President of Vishwa Ayurveda Parishad – Karnataka**, who shared profound insights on the timeless relevance of Charaka's contributions to the science of life and healing.

The event concluded with the **distribution of prasada** to all staff and students, reinforcing the spirit of unity and devotion.

### **Conclusion**

The Charaka Jayanti celebration served as a meaningful tribute to the timeless wisdom of Acharya Charaka. With dedicated efforts from both the **Department of Samhitha Siddanta** and the **Literary Committee**, the celebration brought together scholarship, tradition, and community in a vibrant and inspiring manner.





**78<sup>TH</sup> INDEPENDENCE DAY CELEBRATIONS – 15/08/2024**





## 8. ACTIVITIES OF DIFFERENT DEPARTMENTS

### DEPARTMENT OF SHAREERA RACHANA

#### EDUCATIONAL VISIT - MANIPAL MUSEUM OF ANATOMY, UDUPI

Educational visit: Manipal Museum of Anatomy, MAHE, Udupi.

Organised by: Department of Rachana Shareera

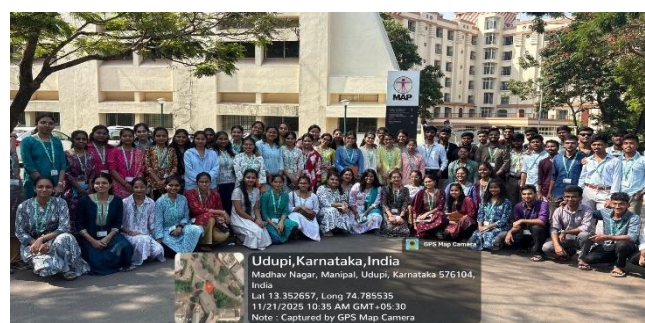
Faculties: Dr. Remitha KK, Professor & Head, Dept. of Rachana Shareera, Dr. Ambethkar S, Associate Professor, Dept. of Rachana Shareera, Dr. Suganya Devi P, Assistant Professor, Dept. of Samhitha Siddhanta

Batch: I BAMS - 2024 (Shauryas)

No. of students: 68 (Boys : 23, Girls: 45)



As a part of the I BAMS curriculum, Department of Rachana Shareera (Anatomy) organized an educational trip to Udupi from 20th November to 23rd November 2025. A total of 68 students, accompanied by 03 faculty members, travelled in two buses. The Journey began from Bangalore on Thursday 20/11/25 at 9:20 pm From Sushrutha Ayurvedic Medical College & Hospital. We reached Udupi the next morning on Friday 21/11/25 at 8.00am. The stay was arranged at Hotel Mathura Comforts, Udupi. After breakfast, we visited the Manipal Museum of Anatomy, where we explored various anatomical exhibits that enhanced our academic understanding. Later, we had lunch at the food court and proceeded to our next institutional visit. It was SDM college of Ayurveda, Kuthpady Udupi, where we attended a CME on Cranial nerves. The CME provided us with valuable exposure to academic facilities like the anatomage- virtual dissection table. We also visited the pharmacy, where we observed the preparation of various choornas, tablets, arista, taila etc. In the evening, we visited Malpe Beach and saw the sunset. All of us returned to our respective rooms after dinner at night. The next day [Saturday - 22/11/25] began early with a visit to the Krishna Matha. After breakfast, all of us set out for an exciting trip to the Island - King of Kings Picnic spot. We played many water games, kayaking in the backwaters, tug of war in water and many other activities. By late evening, we started our journey back to Bengaluru. On Sunday 23/11/2025 by 6 am, we reached back at the campus. The trip was both educational and enjoyable, offering us practical learning, memorable experiences, and a refreshing break from routine academic life.





## DEPARTMENT OF SAMHITA SIDDHANTA

### REPORT ON CLASSICAL FOOD GALA

Theme – Charakasya Āhāra Kalpanā

Organized by the Department of Ayurveda Samhita, Siddhanta and Samskritam Sushrutha Ayurvedic Medical College & Hospital Date: 21st July 2025

Venue: Atreya Hall

On the auspicious occasion of Charaka Jayanti, celebrated on 21st July 2025, our institution ideated and organised a unique and enriching event titled “Classical Food Gala”. Themed on “Charakasya Āhāra Kalpanā”, the festival sought to revive and celebrate the classical culinary wisdom as described by Āchārya Charaka, one of the principal contributors to the ancient system of Āyurveda.

The program was commenced with an invocation song by Nayana, First year BAMS. The event was officially inaugurated by honorable guest, Revered Prof. Vaidya Banwarilal Gaur, Bhashagacharya, Former Vice Chancellor, RAV, Jodhpur, and Dr. Jayashree, Retired Professor and HOD of DG Post graduate studies and Retired Principal of SJS college, Tamilnadu, Dr. Alok Roy, Principal and HOD, Department of Samhita, Siddhanta and Samskritam, SAMCH and Dr Sanghamitra Patnaik, Medical Superintendent whose gracious support and inspiring words set the tone for the day. The event was coordinated by Dr. Divya Nagari N, Associate Professor and Dr. P. Suganya Devi, Assistant Professor, Department of Samhita, Siddhanta and Samskritam which was witnessed by the faculty members and students of SAMCH. The presence of chief guests greatly elevated the spirit of the gathering, and their insights on the relevance of Charaka’s dietary principles in current times were both enlightening and thought-provoking.

The highlight of the event was a recipe presentation competition, wherein students were invited to explore, research and prepare food recipes that are exclusively mentioned in the Charaka Samhitā. The initiative aimed at deepening the understanding of Ayurvedic nutrition principles among budding scholars, and promoting the practice of integrating ancient dietary knowledge into modern lifestyles.

The Classical Food Gala competition witnessed enthusiastic participation of 18 teams in total where a team of 2 was scrutinized from all the Under graduate student batches including Post graduate scholars. The authenticity, presentation and understanding behind each dish showcased the students' dedication and depth of learning.

An expert panel of judges which included – Dr. Sandhya, HOD and Professor, Department of Agada tantra; Dr. Champa pant, HOD and Professor, Department of Kaumarabhrutya; Dr. Prabhavati, HOD and Professor, Department of Rasa shashtra and Bhaishajya kalpana; Dr. Nikhila, HOD and Professor, Department of Swasthavrutta, Dr Divya Nagari N, Associate Professor, Department of Samhita, Siddhanta and Samskritam evaluated the recipes based on

parameters such as taste, hygiene, presentation, culinary demonstration, style of presentation, time management and textual references. The event not only celebrated culinary creativity but also fostered teamwork, research skills, and a deeper appreciation for Āyurvedic traditions.

The Department with the help of management had thoughtfully arranged the cash prizes for the winners of Rs 1500/-, Rs 1000/-, Rs 750/- for the first, second and third place respectively along with the consolation prize.

The Classical Food Gala served as a vibrant platform to blend academic learning with practical application. It was a reminder of how food, when understood through the lens of ancient wisdom, becomes a powerful medium of healing and sustenance.



## DEPARTMENT OF KAUMARABHRITYA

### Annual report –January 2025- December 2025

Department of Kaumarabhritya is providing OPD and IPD care to pediatric patients besides organising various medical camps in nearby schools and villages. Department conducts Swarnaprashana for children every month on Pushya Nakshatra day and a total of around 1400 children were benefited by it in the year 2025.

#### Report of Medical Camps conducted by Kaumarabhritya Department

Department of Kaumarabhritya in association with Department of Prasootitantra and Striroga conducted a two days medical camp on 28/1/25 and 29/1/25 in Adya Academy school, Swami Vivekananda Road, Jigni, Anekal, Bangalore and total of 76 children on 28/1/25 and on 29/1/25 a total of 102 children were examined. Healthy children were educated about importance of nutritious food, physical activities and less screen time. Children needing consultation were referred to Kaumarabhritya OPD. Additionally, 23 teenage girls were screened for various health issues. They were educated about the menstrual hygiene and other menstruation related issues. All female staff of the school was given consultation.

A medical camp was conducted by the department on 1/3/25 in Global Indian International school, Bannerghatta Road Bangalore, from 9:00 AM to 3:00 PM. All the students and their parents were briefed about importance of healthy food, exercise, outdoor activities and reduction in screen time.

Kaumarabhritya department of Sushruta Ayurvedic Medical College & Hospital in collaboration with SVYASA University, Prashanti Kuteeram, Jigani, conducted a personality development camp (PDC) for children from 1/4/2025 to 10/5/2025. Medical screening for all the



children was done at the commencement of each batch. A total of 376 children in four batches were screened and medical care was provided for the those in need. The personality development camp was a resounding success, thanks to the collaborative efforts of SAMC & H and SVYASA University.

The camp provided a nurturing environment for children to grow and develop their personalities, ensuring improvement in their physical and mental health.

A free medical camp was organised by Department on 19/8/2025 in Surajakanalli village, Bangalore, Karnataka from 10:AM to 3:00 PM. To mark the celebration of month long breastfeeding awareness programme, the department of Kaumarabhritya also arranged for a talk on breastfeeding and complimentary feeding for breast feeding mothers.

World Breastfeeding Week Celebration: On the occasion of World Breastfeeding Week (1st to 7th August 2025), the Department of Kaumarabhritya, SAMC & H, Bengaluru is organised a series of programs and initiatives to promote, support, and protect breastfeeding practices among the community. The formal inauguration of the programme commenced with Lord Dhanawantri Puja followed by a brief updating of programme activities and objectives by HOD Dr. Champa Pant. The inaugural programme was graced by Director Dr. B R Ramakrishna, Principal Dr. Alok Roy, Medical Superintendent Dr. Sanghamitra Patnaik, all Deans and faculty members, RMOs, PG students, and interns of the institute.

The following events were organised.

1. The students of BAMS 3 rd year were given an educational talk by Dr. Champa Pant on 1/8/25 on importance of breastfeeding. They were briefed about the roles and activities they have to take up during the breast feeding week.
2. A talk was delivered by Dr. Champa Pant for all the faculty members and students of S-VYASA yoga university, School of Yoga and naturopathy, School of Physiotherapy, Nursing college on breast feeding awareness and importance on 4/08/25.
3. Students were posted to PHCs of Mahantalingapura and Jigani Village to provide breastfeeding guidance, diet counselling for lactating mothers on weekly vaccination days.
4. Survey Study on Breastfeeding and Complementary Feeding Practices was carried out by BAMS 3 rd year students among the mothers of infants and young children with an Objective of assessing current breastfeeding practices, complementary feeding trends, and awareness levels. Data collection was done during outreach visits by students.
5. Lactation Awareness and Education Programs and free medical camp was held in Village Suragajakanahalli from 19/8/25 to 21/8/25 for antenatal mothers, postnatal mothers, caregivers, medical students, and health workers. Dr. Vanitha T Havinal and Dr. Namitha Rao provided medical consultation to all children. An awareness talk was organized for pregnant and lactating mothers. All BAMS 3rd year students actively attended the programme.

The week was successfully celebrated and played a crucial role in spreading awareness about the lifelong benefits of breastfeeding and promoting the health of future generations.





## DEPARTMENT OF SHALAKYA TANTRA

### Report on Six-Day Free ENT Camp

Date: 23rd June 2025 to 28th June 2025

Time: 9:00 AM to 4:00 PM

Venue: Shalakya OPD

Overview A Six-Day Free ENT Camp was successfully conducted at the Shalakya OPD from 23rd to 28th June 2025. The event aimed to spread awareness about ENT (Ear, Nose, and Throat) hygiene and to provide practical knowledge on ear cleaning techniques.

The program was led by esteemed Shalakya professionals: Dr. Roopa (HOD, Dept. of Shalakya), Dr. Renu VT (Associate Professor), Dr. Harish G (Assistant professor) Participation

Total Participants: 41

Survey Participants: 500

Survey Focus: Migraine and Allergic Rhinitis Event Highlights

1. Free ENT and Wax Removal Camp Free check-ups and wax removal services were provided to all attendees. Each patient received personalized consultations and advice on maintaining ENT health.
2. Distinguished Guests « Dr. Alok Roy - Principal « Dr. Sanghamithra Patnaik — Medical Superintendent « Faculty members from all departments, interns, and students also participated and supported the event.
3. Workshop and Hands-on Training Under the expert guidance of Dr. Roopa, Dr. Harish Gopal, and Dr. Renu VT, participants engaged in hands-on training sessions, focusing on:
  - Best practices for maintaining ENT hygiene and wellness
  - Proper techniques for ear wax cleaning

These sessions were highly interactive and enhanced students' practical understanding of ENT care.

**Interns participated:** Rakshitha, Shree Rakshitha, Pragya, Alok, Vineela, Dharshan, Twarikh

### **Outcome:**

Skills Acquired by Interns: « Patient history taking « Case management and clinical decision-making  
Conclusion The six-day ENT camp was a resounding success, benefiting both students and the local community. The event effectively bridged the gap between theoretical learning and clinical practice.



## DEPARTMENT OF PANCHAKARMA

**Sharadiya Virechana Camp – 22/10/2025 – 1/12/2025**

**Total Virechana – 47**

**Male- 22, female – 11**

**Classical – 20, Sadyo Virechana – 10, Mridu Virechana – 3, Nitya Virechana - 14**





## **DEPARTMENT OF KAYACHIKITSA**

### **Report on Diabetic camp**

**Date:** 14-11-2025 to 22-11-2025

**Time:** 9 AM – 4 PM

**Venue:** Kayachikitsa OPD

#### **Over view:**

The 1week of free diabetic camp was conducted in Kayachikitsa OPD of Sushrutha Ayurvedic Medical College & Hospital, Bengaluru from 14<sup>th</sup> November 2025 to 22<sup>nd</sup> November 2025.

The program was led by following consultants:

1. Dr Sowmya S B (Professor)
2. Dr Shubharani M (Professor)
3. Dr Ramyashree G (Associate Professor)
4. Dr Asha Rani K (Associate Professor)
5. Dr Ananyalakshmi E (Assistant Professor)

#### **Participation:**

Total Participants: 61

#### **Event Highlights:**

- Free check-ups, screening and personalised consultation were provided for each participant.
- Advised for maintenance of Diabetic health (Diet, lifestyle changes)
- The camp was conducted on the eve of World Diabetic Day and continued for 1 week.
- As the prevalence of the condition is observed more in this area, timely diagnosis and management of the condition will help for prevention of disease.

#### • **Distinguished guests:**

- Dr Alok Roy- Principal, SAMCH
- Dr Sangamitra Patnaik- Medical Superintendent, SAMCH
- Faculty members of other departments

#### **Outcome:**

#### **PG Scholars Participated:**

1. Dr Varshini H R
2. Dr Deepu C N
3. Dr Apoorva K S
4. Dr Bhoomika R
5. Dr Vajreshwari
6. Dr Basappa Kadadi
7. Dr J.Kaveri Abinaya
8. Dr Mohammed Reehan
9. Dr Parashuram Chimmalagi



10. Dr Madusudhan Sharma
11. Dr Dada Rao Gaikwad

**Interns Participated:**

1. Geethanjali
2. Sowmya
3. Ambika
4. Nandini
5. Shoaib

**Skills acquired to PG Scholars & Interns:**

- Patient History taking
- Knowledge regarding Diagnostic tools for DM and Treatment modalities including prevention measures.

**Conclusion:**

- The 1week free diabetic camp was successful with benefiting both students and local community.

**Report on Geiriatric camp**

**Date:** 14-11-2025 to 22-11-2025

**Time:** 9 AM – 4 PM

**Venue:** Kayachikitsa OPD

**Over view:**

The 1week of free geriatric camp was conducted in Kayachikitsa OPD of Sushrutha Ayurvedic Medical College & Hospital, Bengaluru from 14<sup>th</sup> November 2025 to 22<sup>nd</sup> November 2025.

The program was led by following consultants:

6. Dr Sowmya S B (Professor)
7. Dr Shubharani M (Professor)
8. Dr Ramyashree G (Associate Professor)
9. Dr Asha Rani K (Associate Professor)
10. Dr Ananyalakshmi E (Assistant Professor)

**Participation:**

Total Participants: 35

**Event Highlights:**

- Free check-ups and personalised consultation were provided for each participant.
- Advised for maintenance of Geriatric health (Diet, lifestyle changes)
- The camp was conducted on the eve of international day of older persons and continued for 1 week.



- As the prevalence of the condition is observed more in this area, timely diagnosis and management of the condition will help for prevention of disease.

- **Distinguished guests:**

- Dr Alok Roy- Principal, SAMCH
- Dr Sangamitra Patnaik- Medical Superintendent, SAMCH
- Faculty members of other departments

**Outcome:**

**PG Scholars Participated:**

12. Dr Varshini H R
13. Dr Deepu C N
14. Dr Apoorva K S
15. Dr Bhoomika R
16. Dr Vajreshwari
17. Dr Basappa Kadadi
18. Dr J.Kaveri Abinaya
19. Dr Mohammed Reehan
20. Dr Parashuram Chimmalagi
21. Dr Madusudhan Sharma
22. Dr Dada Rao Gaikwad

**Interns Participated:**

6. Geethanjali
7. Sowmya
8. Ambika
9. Nandini
10. Shoaib

**Skills acquired to PG Scholars & Interns:**

- Patient History taking
- Knowledge regarding Diagnostic tools and Treatment modalities including prevention measures

**Conclusion:**

- The 1week free geriatric camp was successful with benefiting both students and local community.



## 9. EXTENSION ACTIVITIES

### NSS WING

#### **REPORT ON EXAM MOTIVATION AND STRESS MANAGEMENT TALKS – 2025 (Titans batch 2023-24)**

**Organized by:**

NSS Unit, Academic council, Student council of Sushrutha Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru

**Date:** 30th January 2025

**Time:** 10.30 am to 12.00 pm

**Venue:** 2nd yr classroom, SAMC&H, Bengaluru

To uplift the spirits of the Titans Batch (Exam going batch) and help them navigate exam-related pressure with a calm mind, a special session on "**Exam Motivation and Stress Management**" was conducted on **30th January 2025**, from **10:30 AM to 12:00 PM** at 2<sup>nd</sup> BAMS Classroom.

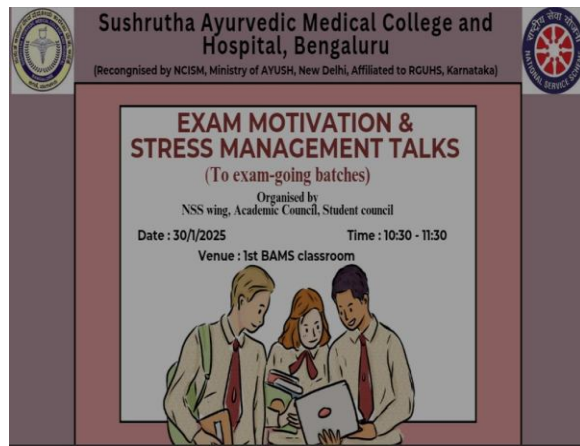
The event aimed at boosting the students' confidence as they approach their exams and equipping them with practical ways to manage academic stress effectively. The session opened with a warm welcome to the teachers Dr. Alok roy (Principal), Dr. Remitha (Academic dean), Dr. Chandrakala, Dr. Divya, Dr. Suganya by NSS Programme Officer

Dr. Nischal, who were invited as special guests to inspire and encourage the students with their words and presence.

As part of the opening, Dr. Alok Roy addressed the students on how to manage stress continued by Dr. Remitha, Dr. Divya and then Dr. Chandrakala, which set a focused and positive tone for the session.

Throughout the session, various techniques, real-life examples, and tips were shared to help students channel their energy positively, maintain discipline, and stay motivated during exam preparation. The session was interactive, engaging, and appreciated by the attendees. As part of the ending, Kshithija led the group by reading a motivational pledge, which set a focused and positive tone for the session. Later, pens were distributed as a blessing to the students.

The event successfully created a supportive atmosphere, leaving students feeling empowered, focused, and better prepared mentally to face their upcoming exams.



### (Panthers batch - 2021-22)

**Organized by:** NSS Unit, Academic council, Student council of Sushrutha Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru

**Date:** 1st February 2025

**Time:** 11.00 am to 12.00 pm

**Venue:** 2nd yr classroom, SAMC&H, Bengaluru

To uplift the spirits of the panthers Batch and help them navigate exam-related pressure with a calm mind, a special session on "**Exam Motivation and Stress Management**" was conducted on **1st February 2025, from 11:00 AM to 12:00 PM** at 2nd BAMS Classroom.

The event aimed at boosting the students' confidence as they approach their exams and equipping them with practical ways to manage academic stress effectively. The session opened with a warm welcome to the teachers Dr. Ravikiran, Dr. Sandhya, Dr. Nikhila, Dr. Sunitha, Dr. Harish babu, Dr. Anagha, Dr. Anupama, Dr. Akshata by NSS Programme Officer - Dr. Nischal, who were invited as special guests to inspire and encourage the students with their words and presence.

As part of the opening, Dr. Alok Roy addressed students on how to manage stress continued by Dr. Ravikiran, Dr. Nikhila, Dr. Sunitha, Dr. Harish babu, Dr. Anupama, Dr. Sandhya and Dr. Anagha which set a focused and positive tone for the session.

Throughout the session, various techniques, real-life examples, and tips were shared to help students channel their energy positively, maintain discipline, and stay motivated during exam preparation. The session was interactive, engaging, and appreciated by the attendees. As part of the ending, Kshithija

led the group by reading a motivational pledge, which set a focused and positive tone for the session. Later, pens were distributed as a blessing to the students.

The event successfully created a supportive atmosphere, leaving students feeling empowered, focused, and better prepared mentally to face their upcoming exams.



### Event Report: Human Chain Formation and Universal Love Pledge

**Organized by:** NSS Unit, Cultural Committee, Student council of Sushrutha Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru

**Date:** 14<sup>th</sup> February 2025

**Time:** 1.30pm to 2.30 pm

**Venue:** Dhanvantari statue, SAMC&H, Bengaluru

On the occasion of Valentine's Day, the **NSS Unit, Cultural Committee and Student Council 2025** of **Sushrutha Ayurvedic Medical College and Hospital** organized an event titled "**Human Chain Formation and Universal Love Pledge**" on **14th February 2025**. The event was held at **1:30 PM** near the **Dhanwantari Statue** on the ground floor, SAMCH, Bengauru following the auspicious **Dhanwantari Pooja**.

The event aimed to promote the essence of **universal love and togetherness**, transcending boundaries and embracing humanity in all its forms. The program began with an insightful speech by **Dr. Nischal**, highlighting the importance of love, compassion, and unity in today's world. This was followed by an encouraging and thoughtful address by our respected **Director Dr. B R Ramakrishna**, who emphasized love not only as a romantic notion but as a foundation for strong relationships in society—be it friendship, family, or community bonds.

Staff members from both teaching and non-teaching departments, along with students, came together in solidarity to form a **human chain**, symbolizing unity and the celebration of love in all its diverse expressions.

The event concluded with the distribution of **sweets**, leaving a positive impact on everyone with warm hearts and smiling faces.

The event aimed at reminding that **love, when universal, becomes a force that unites, heals, and uplifts humanity**.





## Event Report: Life Skill Training for Teaching and Non-teaching staff

Organised by NSS Unit & Cultural Committee, SAMCH, Bengaluru

**Date:** 24/05/2025

**Time:** 3.30 pm onwards

**Venue:** Atreya Hall, SAMC&H

The NSS Unit and Cultural Committee of SAMC&H, Bengaluru, organized a dynamic *Life Skill Training* session for Teaching and Non-teaching staff, aimed at enhancing essential Life skills through hands-on experience.

The training session included activity-based learning having the following activities/tasks - **Communication skill** – Quick group formations followed by fun introductions encouraged active listening and team bonding.

**Critical Thinking Challenge** – A human-circle twist with a no-hand-break rule tested creative problem-solving.

**Decision-Making Task** – A guessing game with marbles sparked healthy debates and team consensus.

All activities were conducted by **Dr. Nischal**, Programme Officer, SAMCH, Bengaluru making the session lively, meaningful, and memorable.



## Sushrutha Ayurvedic Medical College and Hospital, Bengaluru

(Recognised by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Karnataka)



### Report on – ‘World No Tobacco Day – Inter-Batch Quiz’

**Organized by:** NSS Unit, SAMC&H, Bengaluru

**Date:** 31<sup>st</sup> May 2025

**Time:** 3pm to 4pm

**Venue:** Atreya hall, SAMC&H, Bengaluru

On the occasion of World No Tobacco Day, an **Inter-batch quiz competition** was organized by **NSS Unit, SAMCH, Bengaluru** at **Atreya hall, SAMCH, Bengaluru** on **31/05/2025** from **3pm** to raise awareness about the harmful effects of tobacco and the diseases caused by its use.

The event began with an introduction by NSS Programme Officer Dr. Nischal, highlighting the significance of the day.

The quiz, conducted by NSS volunteers Ms. Kshithija S and Mr. Charan, featured questions focused on tobacco-related diseases and their prevention. Students from various batches participated with enthusiasm, displaying both their knowledge and quick thinking.

After several engaging rounds, Team Griffins – 22-23 batch emerged as the winners of the competition.

The event concluded with an inspiring speech by Dr. Nischal P, who spoke about becoming a better person by making conscious healthy choices and encouraging others to quit tobacco, fostering a healthier and more supportive community.



**HOSPITAL WING – MEDICAL CAMPS**

**LIONS CLUB JIGANI CAMP REPORT**

Sushrutha Ayurvedic Medical College and Hospital in collaboration with Lions Club, Jigani has been conducting health camps to provide essential medical services to the underserved communities. The camps are part of our ongoing initiative to promote health care awareness and accessibility.

**REPORT SUMMARY**

April Month:

Camps conducted: 1

Date	No: of patients
09/04/2025	41



July Month:

Camps conducted: 1

Date	No: of patients
09/07/2025	63

August Month:

Camps conducted: 1

Date	No: of patients
13/08/2025	58

September Month:

Camps conducted: 1

Date	No: of patients
10/09/2025	69

October Month:

Camps conducted: 1

Date	No: of patients
08/10/2025	33

November Month:

Camps conducted: 1

Date	No: of patients
12/11/2025	51

December Month:

Camps conducted: 1

Date	No: of patients
10/12/2025	74



**Total Patients from the month of April to December 2025 = 389**

The health camp was successfully conducted by Sushrutha Ayurveda Medical Hospital, in collaboration with Lion’s Club, Jigani with the objective of promoting health awareness and providing accessible healthcare services to the community. Along with health screening and consultation, Ayurvedic medicines were distributed to the beneficiaries as per their health requirements. The camp received an encouraging response and helped in early identification of health issues, preventive guidance, and patient education. Overall, the camp reflected the institution’s commitment to community service and holistic healthcare.

**DAILY CAMPS TO NEARBY VILLAGES**

**Consolidated medical camp report**

Sushrutha Ayurvedic medical college and hospital has been conducting weekly health camp in rural villages to provide essential medical services to the underserved communities. The camps are part of our ongoing initiative to promote health care awareness and accessibility.

**REPORT SUMMARY**

August month summary

- Camps conducted - 3
- villages covered - Giddenahalli, Vadermanchanahalli, Konasandra

Date	Village	No. of patients
16/08/2025	Giddenahalli	14
29/08/2025	Vadermanchanahalli	04
30/08/2025	Konasandra	09
	Total	27

September month summary

- Camps conducted - 4
- villages covered – Bukkasagara, Bommandahalli, Mahatlingapura, Harapanahalli

Date	Village	No. of patients
06/09/2025	Bukkasagara	49
12/09/2025	Bommandahalli	36
20/09/2025	Mahatlingapura	7
27/09/2025	Harapanahalli	5
	Total	97

October month summary

- Camps conducted - 4
- villages covered – Kalluballu, Giddenahalli, Vadermanchanahalli, Konasandra, Harapnahalli

Date	Village	No. of patients
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04/10/2025	Kalluballu	23
10/10/2025	Giddenahalli	7
18/10/2025	Vadermanchanahalli	17
25/10/2025	Konasandra	22
31/10/2025	Harapnahalli	22
	Total	91

#### November month summary

- Camps conducted - 2
- villages covered – Bommandahalli, Mahatlingapura

Date	Village	No. of patients
22/11/2025	Bommandahalli	23
29/11/2025	Mahatlingapura	10
	Total	33

#### December month summary

- Camps conducted - 5
- villages covered – Bukkasagara, Giddenahalli, Vadermanchanahalli, Konasandra, Harapnahalli

Date	Village	No. of patients
02/12/2025	Bukkasagara	2
06/12/2025	Giddenahalli	17
12/12/2025	Vadermanchanahalli	10
20/12/2025	Konasandra	20
27/12/2025	Harapnahalli	14
	Total	63

#### **Total patients from the month august to December =311**

The health camp was successfully conducted by **Sushrutha Ayurveda Medical Hospital**, with the objective of promoting health awareness and providing accessible healthcare services to the community. Along with health screening and consultation, **Ayurvedic medicines were distributed** to the beneficiaries as per their health requirements. The camp received an encouraging response and helped in early identification of health issues, preventive guidance, and patient education. Overall, the camp reflected the institution's commitment to community service and holistic healthcare.



Bengaluru, Karnataka, India  
Giddinahalli Anukul Taluk, Bengaluru, Karnataka  
560105, India  
Lat 12.764792, Long 77.622280  
10/16/2025 11:12 AM GMT +05:30  
India - Captured by GPS Map Camera



Giddinahalli, Karnataka, India  
QJ7c+rw, Giddinahalli, Karnataka 562107, India  
Lat 12.764753° Long 77.622282°  
10/10/2025 11:56 AM GMT +05:30



Bengaluru, Karnataka, India  
12.764792, 77.622280  
10/16/2025 11:12 AM GMT +05:30  
India - Captured by GPS Map Camera



Bengaluru, Karnataka, India  
Bannarahalli, Bengaluru, Karnataka  
560105, India  
Lat 12.764893, Long 77.638983  
09/12/2025 12:16 PM GMT +05:30  
India - Captured by GPS Map Camera



Jigani, Karnataka, India  
2025/10/12 12:40  
Hara, Vaderamanchana Hall, Karnataka, India  
QJ9J+86W, Vaderamanchana Hall, Karnataka 560105, India  
Lat 12.768383 Long 77.630604

## FIRE EXTINGUISH DEMO FOR STAFF



Jigani, Karnataka, India  
Prashanti Kuteeram, Giddinahalli Village,  
Kalabalu, Post, Jigani, Karnataka 560105, India  
Lat 12.756755° Long 77.624186°  
Tuesday, 13/01/2026 12:46 PM GMT +05:30



Jigani, Karnataka, India  
Prashanti Kuteeram, Giddinahalli Village,  
Kalabalu, Post, Jigani, Karnataka 560105, India  
Lat 12.756764° Long 77.624212°  
Tuesday, 13/01/2026 12:44 PM GMT +05:30



Jigani, Karnataka, India  
Prashanti Kuteeram, Giddinahalli Village,  
Kalabalu, Post, Jigani, Karnataka 560105, India  
Lat 12.756756° Long 77.624212°  
Tuesday, 13/01/2026 12:45 PM GMT +05:30



Bengaluru, Karnataka, India  
Qj4f+pq, Bengaluru, Karnataka 560105, India  
Lat 12.756776° Long 77.624271°  
Tuesday, 13/01/2026 12:38 PM GMT +05:30

