



**SUSHRUTHA AYURVEDIC MEDICAL
COLLEGE AND HOSPITAL**

SAMC&H

ANNUAL

REPORT

2024-2025



Vision:

To be the best Ayurveda Institution known for its excellence in -

- Education, Healthcare & Research

Mission:

- Excellent teaching with best of east & best of west methods.
- Creating campus atmosphere with Indian cultural values.
- At most services to public by Ayurveda treatments.

Prashanti Kutiram', Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bengaluru - 562 105

Ph: 080-29795299 / 22639910 | Fax: 080-2263 991 | Email:

sushrutha_ayu@rediffmail.com

www.sushruthaayurvedicmedicalcollege.com





MESSAGE

Dr. H R NAGENDRA
President, S-VYASA Society
Chairman, Yadalam Trust

My dear Members of the Sushruta Ayurvedic Medical College and Hospital (SAMC&H) family,

It is a joy and an honor to greet you as we celebrate SAMC&H's achievements in 2024 – 25. Grounded in Ayurveda's timeless wisdom, our college continues to balance tradition and innovation. This year, our students excelled across academics and clinics, earning top honors in inter-collegiate and university events and demonstrating depth, skill, and dedication to Ayurvedic learning. Their talents also shone in cultural and extracurricular arenas, where creativity, teamwork, and leadership won recognition. These successes reflect the holistic growth we nurture—intellectual rigor, clinical competence, and cultural vibrancy.

Behind these milestones stand our dedicated faculty and supportive community, whose mentorship and encouragement lift our students to aim higher and serve with compassion. I extend congratulations to our students and gratitude to our faculty and staff. Let us continue a path of excellence and service, making SAMC&H a source of pride.

With Love,

Dr H R Nagendra,
President, S-VYASA Society



Republic Day Celebration - 26/01/2025





MESSAGE

Dr. H R Dayananda Swamy
B Com, MBA, MSc, PhD
Executive Trustee



Sushrutha Ayurvedic Medical College and Hospital was established in 2002 with the vision of promoting traditional holistic healthcare. Over the years, it has steadily grown to meet the increasing demand for Ayurveda and has now flourished at its serene campus in Prashanti Kuteeram. With this relocation, the institution has been able to extend its reach, particularly by creating greater awareness of Ayurveda among rural communities.

As one of the leading Ayurvedic institutions in Bengaluru, SAMC&H is proudly affiliated with Rajiv Gandhi University of Health Sciences (RGUHS). The college offers a comprehensive **5½-year BAMS program** along with **postgraduate courses in two specialties**, ensuring both foundational and advanced training in Ayurveda. Our academic framework is carefully designed to nurture a profound understanding of Ayurvedic principles while simultaneously integrating modern medical insights and research opportunities.

We are privileged to have a team of accomplished faculty members who dedicate themselves to mentoring students, shaping them into skilled, compassionate, and research-oriented Ayurvedic practitioners. Supporting this vision is our well-equipped campus, which houses a full-fledged hospital featuring specialized departments, diagnostic laboratories, a dispensary, and **120 inpatient beds**. The hospital provides a wide spectrum of healthcare—preventive, curative, and rehabilitative—serving the needs of the local community with dedication and compassion. Through Ayurvedic interventions, we have been able to bring relief to countless patients and significantly improve their quality of life.

As the **Managing Trustee**, I take this opportunity to express my heartfelt gratitude to the management, teaching faculty, administrative team, and hospital staff. Their relentless commitment and hard work have been instrumental in shaping and sustaining the reputation of this institution. With their continued support, I am confident that Sushrutha Ayurvedic Medical College and Hospital will scale even greater heights.

I reaffirm my commitment to stand by the institution in all its endeavours' and extend my best wishes for its continued progress in advancing the cause of Ayurveda and the wellbeing of humanity.



TEACHING FACULTY





MESSAGE

Dr. B R RAMAKRISHNA

BSAM, BAMS, MD (Ayu), MSc, Phd (Yoga)
Director and Professor-Emeritus, SAMC&H
Pro-Chancellor, SVYASA Deemed to be University
Chairman, Institutional Ethics Committee, NIMHANS
Principal Member, AYUSH, BIS, GoI
President, Vishwa Ayurveda Parishad (VAP), Karnataka



Dear Brothers and Sisters,

It gives me great pleasure to extend my warm greetings to all of you. **Sushrutha Ayurvedic Medical College & Hospital (SAMC&H)** continues to flourish under the divine guidance of our revered Guruji, **Dr. H. R. Nagendra ji**. Guided by the vision of Guruji and **Dr. R. Nagaratna Deedi**, our institution is committed to nurturing students with a holistic and integrative approach to healthcare—bringing together the timeless wisdom of **Ayurveda, Yoga, and Naturopathy** with the advancements of modern medicine, thereby promoting true health and wellness.

Our academic programs are designed to instill a deep understanding of Ayurvedic principles while encouraging students to engage with modern medical knowledge and research activities. With the mentorship of our accomplished faculty, students are trained not only as skilled practitioners but also as contributors to the advancement of Ayurvedic wisdom and its global relevance.

The hospital, with its well-equipped infrastructure and dedicated team of physicians, surgeons, and specialists, delivers preventive, curative, and rehabilitative care to the community. Alongside patient service, our staff actively engages in academic and research pursuits, ensuring that healthcare delivery remains both compassionate and innovative. I extend my gratitude to our teachers, hospital staff, and non-teaching staff for their sincere commitment, and I deeply appreciate the discipline and enthusiasm of our students.

I also acknowledge with gratitude the invaluable guidance and blessings of **Guruji, Dr. R. Nagaratna Deedi, Acharya Ramachandra Bhat, and Dr. N. K. Manjunath Sharma**. A special word of appreciation goes to **Dr. Dayanand Swamy, our Executive Trustee**, whose visionary leadership and unwavering support have been instrumental in shaping the progress and reputation of SAMC&H. With such collective strength, I am confident that our institution will continue to evolve as a leading center of Ayurvedic education, research, and healthcare.



HOSPITAL STAFF





MESSAGE

Dr. Manjunath NK

BNYS, PhD, DSC

Vice Chancellor,

S-VYASA Deemed to be University

Trustee, Yadalam Trust

Ayurveda, the ancient Indian science of holistic healing, continues to offer timeless wisdom that profoundly resonates with the needs of modern healthcare. Its preventive and wellness-oriented philosophy aligns seamlessly with the global shift toward integrative and proactive medicine.

At Sushruta Ayurvedic Medical College & Hospital, we are deeply committed to imparting authentic Ayurvedic knowledge while harmoniously integrating it with contemporary medical insights. This unique academic vision empowers our students to address present-day health challenges while upholding the profound traditions and ethical foundations of Ayurveda. In the domains of research and academics, our institution has made remarkable progress. Several faculty members are actively engaged in funded research projects under RGUHS and other recognized platforms, while many student research proposals have been selected under CCRAS initiatives. Numerous scholarly articles authored by our faculty and students have been published in reputed indexed journals — a testament to the academic depth and innovative spirit nurtured at SAMC&H. Our students have consistently demonstrated excellence by winning Ayurveda quiz competitions, presenting papers at national conferences, and securing top university ranks. We take great pride in the fact that twelve of our students have recently earned PG seats in reputed Ayurvedic institutions across India, reflecting their dedication and academic distinction.

Our esteemed faculty members play a pivotal role in mentoring and inspiring students to realize their full potential as scholars, researchers, and physicians. Alongside academic rigor, students are encouraged to pursue interdisciplinary research, clinical case studies, publications, and active participation in seminars and conferences — preparing them to contribute meaningfully to the global discourse on Ayurveda.

Beyond academics, the institution fosters holistic development by providing opportunities for literary, cultural, and artistic expression. With state-of-the-art hospital facilities, laboratories, and teaching resources, our interns receive comprehensive, hands-on clinical training across departments. This practical exposure equips them to manage diverse cases while preparing for competitive examinations, paper presentations, and research pursuits.

Together, these collective efforts create an environment that embodies innovation, academic excellence, and holistic professional growth, reaffirming our commitment to advancing the science and spirit of Ayurveda in the modern era.

Dr. Manjunath N. K.

Vice Chancellor

S-VYASA Deemed to be University, Bengaluru



NON TEACHING SATFF





MESSAGE

Dr. ALOK ROY,
BAMS, MD (Ayu)
Principal, SAMC&H



My journey in Ayurveda began in 2000, and a defining milestone was joining **Sushrutha Ayurvedic Medical College** in 2004. Today, I feel privileged to lead this esteemed institution as Principal. Under the visionary guidance of **Dr. B. R. Ramakrishna** and with the blessings of **Dr. H. R. Nagendra** and **Dr. Nagarathna** of S-VYASA University, SAMC&H has grown into one of India's most respected Ayurvedic colleges, carrying forward a legacy of holistic healthcare, education, and innovation.

Academics and research remain at the heart of our mission. Our **dedicated faculty** actively engage in **RGUHS-funded projects, CCRAS initiatives, and publications in indexed journals**, while our students consistently secure top university ranks, national-level quiz victories, and distinctions in research and paper presentations. Many graduates have gone on to pursue **postgraduate studies at leading Ayurvedic institutions** across India. The institution thrives on its **state-of-the-art infrastructure, robust research activities, and vibrant student community**, which together foster an environment of excellence and holistic growth.

Looking ahead, SAMC&H is committed to strengthening Ayurveda's global presence by integrating traditional wisdom with modern scientific innovation. Guided by the dedication of our faculty, staff, and students, and supported by a nurturing environment, we aim to train **competent physicians, innovative researchers, and responsible ambassadors of Ayurveda**. Together, we continue to uphold our mission of advancing holistic healthcare, restoring Ayurveda's glory, and establishing it as a primary healthcare system in India and beyond.





CONTENTS

1. Introduction
2. Governing Council
3. Faculty Team
4. Achievements of SAMC&H
5. Courses and Students
6. Infrastructure Facilities of SAMC&H
7. Important Events in SAMC&H – 2022-23
8. Activities of Different Departments
9. Extension Activities
10. Calendar of Events



1. INTRODUCTION



Sushrutha Ayurvedic Medical College and Hospital, nestled in the serene and vibrant campus of SVYASA Deemed to be University, Jigani, Bengaluru, stands as a premier institution for immersive learning in Ayurveda. With a glorious journey of over 23 years, the college has earned a reputation for excellence by blending the timeless wisdom of Ayurveda with modern scientific practices. Renowned for its commitment to quality education, holistic healthcare, and authentic healing therapies, the institution continues to inspire and nurture the next generation of Ayurvedic professionals.

The college is equipped with a well-planned infrastructure that provides the perfect environment for academic growth and clinical training. Both UG and PG students benefit from state-of-the-art departmental laboratories, a central herbal garden rich with medicinal plants, and a comprehensive library that keeps them abreast of the latest advancements in Ayurveda. The fully functional 120-bed hospital further enhances hands-on learning, with specialized OPD, IPD, Therapy Units, Diagnostic Laboratory, and an Ayurveda drug manufacturing facility with inbuilt quality control measures.

Selected this year for QCI rating and receiving highly positive feedback, the college has once again reaffirmed its position as a trusted center of excellence. Sushrutha Ayurvedic Medical College and Hospital takes immense pride in producing outstanding practitioners who not only excel in their profession but also embody compassion, ethics, and dedication. With a vision to emerge as a global leader in Ayurvedic education and healthcare, the institution strives to promote Ayurveda as a vital pillar of holistic well-being, while setting benchmarks in teaching, research, and patient care.



2. GOVERNING COUNCIL

2.1 Board of Directors



Dr H R Nagendra

ME, PhD

Chairman



Dr H R Dayanand Swamy

MSc (Yoga), MBA, Ph.D

Director



Dr. B R Ramakrishna

BSAM, BAMS, MD, PhD (Yoga)

Director



Dr. N K Manjunath Sharma

BNYS, PhD

Director



Dr. Vasudeva Vaidya

BAMS, MSc (Yoga), MBA

Ex Deputy Medical Superintendent (Ex – officio)



Dr. Alok Roy

BAMS, MD

Principal (Ex - officio)

SAMC&H

2.2 . Academic Council



Dr. Alok Roy
Principal,
Professor & HOD
Dept of Basic Principles



Dr. Sanghamitra Patnaik,
Medical Superintendent,
Professor & HOD,
Dept of Panchakarma



Dr. V. Venkata Reddy,
Director of P.G Studies,
Professor,
Dept of Kayachikitsa



Dr. Champa Pant
Academic Dean,
Professor & HOD,
Dept of Kaumarabritya



Members:

- Dr. Chandrakala, Prof & HOD, Dept of Kriya Sharira
- Dr. Anagha D N, Prof & HOD, Dept of Roga Nidana & Vikruti Vignana
- Dr. B. Ravikiran, Prof & HOD, Dravyaguna Vignana
- Dr. Prabhavati C Kichadi, Prof & HOD, Dept of Rasa Shastra & Bhaishajya Kalpana
- Dr. Sandhya D S, Prof & HOD, Dept of Agada Tantra & Vyavahara Ayurveda
- Dr. Ranjitha B M, Prof & HOD, Dept of Prasuti Tantra & Stree Roga
- Dr. Remita K K, Prof & HOD, Dept of Rachana Shareera
- Dr. Nikhila B Hiremath, Prof & HOD, Dept of Swasthavritta
- Dr. Roopa L, Prof & HOD, Dept of Shalaky Tantra
- Dr. Mohan Krishna, Associate Prof & In-charge HOD, Dept of Shalya Tantra



3. FACULTY TEAM

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL (AYU0091)							
"PRAHANTHI KUTEERA", ACADEMIC BLOCK, JIGANI, BANGLAORE-560105, PH-08022639910							
Department of Basic Principles							
Sl. No.	Name of the Teacher and Teacher Code	UG Qualification (University & Year)	PG Qualification with subject (University & year)	Date wise details of Experience in chronological order (1st appointment to till date)			
				Duration From-To	Designation	Name of the college	Department (subject)
1.	Dr. Alok Roy (AYSS00520)	BAMS Kuvempu University 2000	MD (Siddant and darshan) Bharathi Vidyapeeth 2004	1/9/2004 - 17/9/05	Asst.Professor	SAMC & H, Bangalore	Basic Principles
				11/12/2006 - 31/05/2008	Asst.Professor	SKAMC & H & RC, B'lore	Basic Principles
				1/06/2008 - 4/12/ 2010	Asst.Professor	SAMC & H, Bangalore	Basic Principles
				6/12/2010 - 31/07/2017	Associate Professor	SAMC & H, Bangalore	Basic Principles
							Basic Principles
				1/08/2017- 31/12/2019	Professor	SAMC & H, Bangalore	Basic Principles
				1/01/2020 - 17/12/2023	Professor	SAMC & H, Bangalore	Kriya Shareea
18/12/2023 - till date	Professor	SAMC & H, Bangalore	Basic Principles				
2.	Mr.Sanjeeva Krishna Hegade (AYSN00082)	BA (Vidwath) KSEE Board, Mysore,	MA Sanskrit Mangalore University 2003	2/12/2006 - 21/10/2008	Asst. Professor	Taranath Govt. AMC, Bellary	Basic Principles
				04/6/2009 - 31/05/2017	Asst. Professor	SAMC & H, Bangalore	
				1/06/2017- 31/12/2023	Associate Professor	SAMC & H, Bangalore	
				1/01/2024 - till date	Professor	SAMC & H, Bangalore	
3.	Dr. Divya Nagari N (AYSS00266)	BAMS RGUHS 2011	MD (Ayurveda Samhita) RGUHS 2015	10/12/2015- 2/05/2021	Asst. Professor	SAMC & H, Bangalore	Basic Principles
				3/05/2021 - till date	Associate Professor		
4.	Dr. P Suganya Devi (AYSS02049)	BAMS The Tamilnadu Dr MGR Medical University 2020	MD (Ayurveda Samhita) RGUHS 2024	9-05-2024 - 30-07-2024	Asst. Professor	Dharma Ayurveda Medical College, Chennai	Basic Principles
				18/09/2024 - till date		SAMC & H, Bangalore	



Department of Shareera Rachana

5.	Dr.Remitha Kuppattu Kalladithodi (AYRS00194)	BAMS 2006 RGUHS Karnataka	MD (Shareera Rachana) 2012 RGUHS Karnataka	01/01/2013 to 31/12/2017	Asst.Professor	SAMC & H, Bangalore	Shareera Rachana
				01/01/2018-21/02/2023	Associate Professor	SAMC & H, Bangalore	
				22/02/2023 -till date	Professor	SAMC & H, Bangalore	
6.	Dr.Shijin Raj (AYRS00195)	BAMS 2009 Kerala University	MD (Shareera Rachana) 2014 RGUHS Karnataka	19/12/2013 to 17/12/2018	Asst.Professor	SAMC & H, Bangalore	Shareera Rachana
				18-12-2018 -till date	Associate Professor		

Department of Shareera Kriya

7.	Dr. Chandrakala (AYKC01884)	BAMS 1997- RGUHS	MD (Kayachikitsa) 2001 RGUHS	01/12/2001-01/03/2004	Asst.Professor	AMC, Chitradurga	Roga Nidana Evum Vikriti Vignana
				08/04/2006-23/08/2008	Asst.Professor	GAMC, Bangalore	
				08/04/2011-08/01/2012	Asst.Professor	AAMC,H & RC, Doddaballapur	
			09/01/2012-04/06/2017	Associate Professor	AAMC,H & RC, Doddaballapur		
			05/06/2017-05/02/2021	Professor	AAMC,H & RC, Doddaballapur		
			06/02/2021-28/03/2024	Professor	AAMC,H & RC, Doddaballapur	Kriya Shareera	
			30/03/2024 - till date	Professor	SAMC & H, Bangalore		
8.	Dr.Nimisha B Raj (AYKS00127)	BAMS, 2010, TTCMSM (Deemed University)	MD Kriya Shareera 2014	29/12/2014 -27.12.2019	Asst.Professor	SAMC&H, Bangalore	Sharir Kriya
				28.12.2019- till date	Associate Professor		
9.	Dr. Bindhushree	BAMS- Amruta College of Ayurveda - 2018	MD (Kriya Shareera) 2024-Govt. Ayurveda College, Kannur	14/06/2024- till date	Asst.Professor	SAMC & H, Bangalore	Kriya Shareera

Department of Dravyaguna Vignana

10.	Dr.Ravi Kiran B (AYDG00305)	BAMS, Bangalore University-1998	MD (Dravyaguna)NTR University-2004	6/12/2004 - 5/12/2009	Lecturer	SAMC & H	Dravyaguna
				6/12/2009 - 31/05/2012	Associate Professor	SAMC & H	



				01.06.2012-06.07.2013	Associate Professor	SDMT.AMC, TERDAL, Bagalkot		
				03/09/2014-25/04/2015	Associate Professor	AYMC, Tumkur		
				27/04/2015-31/07/2017	Associate Professor	SAMC & H		
				01/08/2017-13.02.2018	Professor	SAMC & H		
				14.02.2018-26.4.2021	Professor	SAMC & H		Agdatantra
				27.04.2021-till date	Professor	SAMC & H		Dravyaguna
11.	Dr.Sunitha M P (AYDG00592)	BAMS RGUHS 2007	MD (Dravyaguna) RGUHS, 2011	02/11/2011 - 21/12/12	Asst.Professor	Rama krishna AMC, B'lore	Dravyaguna	
				24/12/2012 -31/07/2017	Asst.Professor	SAMC & H, Bangalore		
				01/08/2017-24/04/2022	Associate Professor	SAMC & H, Bangalore		
				25/04/2022-till date	Professor	SAMC & H, Bangalore		
12.	Dr. Niveditha Shetty (AYDG00247)	BAMS-RGUHS-2011	MD-(Dravyaguna)-RGUHS-2014	16/01/2015 to 04/01/2018	Asst. Professor	KAMC, Mangalore	Dravyaguna	
				08/01/2018 to 26/07/2022	Asst. Professor	SDMCA, Udupi		
				27/07/2022 - till date	Associate Professor	SAMC&H, Bangalore		
13.	Dr. Nischal P (AYDG01385)	BAMS-RGUHS-2013	MD (Dravyaguna)-RGUHS-2019	01.01.2020-till date	Asst. Professor	SAMC&H, Bangalore	Dravyaguna	
14.	Dr. Akshatha Somayaji K (AYDG01993)	BAMS-RGUHS-2020	MD (Dravyaguna)-RGUHS 2024	05/08/2024 - till date	Asst. Professor	SAMC & H, Bangalore	Dravyaguna	
Department of Rasashastra & Bhaishajya Kalpana								
15.	Dr.Prabhavati Kichadi Channappa (AYRB00627)	BAMS RGUHS 2005	MD (Bhaishajya Kalpana) 2014 RGUHS	16/1/2014 - 15/01/2019	Asst. Professor	SAMC & H, Bangalore	Rasashastra & Bhaishajya Kalpana	
				16/01/2019 - 29/02/2024	Associate Professor			
				01/03/2024 - till date	Professor			
16.	Dr. Anupama Janakiram (AYRB00312)	BAMS RGUHS 2011	MD Rasashastra & Bhaishajya Kalpana-RGUHS-2017	01/01/2018-21/02/2023	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana	
				22/02/2023 - till date	Associate Professor	SAMC&H, Bangalore		
17.	Dr. Abhishek Biswas (AYRB00311)	BAMS - RGUHS-2009	MD-Madhya Pradesh Medical	01/03/2019 - 28/02/2020	Asst. Professor	IIAM Bangalore	Rasashastra & Bhaishajya Kalpana	



			Science University-2019	18/03/2022 - till date	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana
Department of Roga Nidana and Vikriti Vignana							
18.	Dr.Raghavendra MP (AYKC01082)	BAMS Karnataka University (1997)	MD (Kayachikista) RGUHS-2005	02/05/2004-02/05/2009	Asst. Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	Kayachikitsa
				03/05/2009-30/04/2014	Associate Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	
				01/05/2014-15/03/2016	Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	
				13/05/2016-29/01/2019	Professor	Sushrutha Ayurvedic Medical college & Hospital, Bangalore	
				30/01/2019 - 04/08/2025	Professor	Sushrutha Ayurvedic Medical college, Bangalore	Roganidana
19.	Dr.Anagha DN (AYKC00984)	BAMS RGUHS 2009	MD (Kayachikitsa) RGUHS 2013	19/03/2014 -31/01/2019	Asst.Professor	SAMC & H, Bangalore	Kayachikista
				01/02/2019 -17.03.2019	Asst.Professor		Roganidana
				18.03.2019-till date	Associate Professor		Roganidana
20.	Dr. Sowmya H (AYRN00136)	BAMS, RGUHS-2012	MD (Roganidana) RGUHS 2015	17/12/2015-07/10/2017	Asst.Professor	ATREYA AYU, Bangalore	Roga nidana and Vikriti Vignana
				16/10/2017-23/12/2020	Asst.Professor	SAMC&H, Bangalore	
				24/12/2020-till date	Associate Professor	SAMC&H, Bangalore	
21.	Dr. Rashmi (AYRN00734)	BAMS, RGUHS-2017	MD (Roganidana) RGUHS 2020	28/12/2020 -till date	Asst.Professor	SAMC&H, Bangalore	Roga nidana and Vikriti Vignana
Department of Swastavritta							
22.	Dr.Nikhila (AYSV00173)	BAMS- RGUHS 2002	MD (Swastha Vritta) RGUHS 2007	01/06/2007 -31/05/2008	Asst.Professor	Shree RKM Ayurevda Medical College, Bijapur	Swastavritta



				01/06/2008 -05/05/2010	Asst.Professor	Shree CB Guttal Ayurveda Medial College, Dharwad	
				06/05/2010 -20/01/2015	Asst.Professor	SRI SRI AMC, Bangalore	
				21/10/2015 -01/04/2018	Associate Professor	SRI SRI AMC, Bangalore	
				02/04/2018- 14/07/2023	Professor	SRI SRI AMC, Bangalore	
				17/07/2023 -till date	Professor	SAMC & H, Bangalore	
23.	Dr.Sandeep S (AYSV00270)	BAMS RGUHS 2011	MD (Swastha Vritta) RGUHS 2015	10/12/2015- 9/12/2020	Asst.Professor	SAMC & H, Bangalore	Swastavritta
				10/12/2020- till date	Associate Professor		
24.	Dr. Athira (AYSV01070)	BAMS- RGUHS-2017	MD (Swasta Vritha) 2021- RGUHS	14.02.2024 - till date	Asst.Professor	SAMC & H, Bangalore	Swastavrittha

Department of Agadatantra & Vyavahara Ayurveda

25.	Dr. Sandhya DS (AYDG00601)	RGUHS-1999	MD (Dravyaguna) RGUHS-2003	1/11/2003 - 31/10/2008	Asst.professor	SKBAMC, Bangalore	Dravyaguna
				1/11/2008 - 30/11/2013	Associate Professor	SKBAMC, Bangalore	Drvyaguna
				20/10/14 - 30/4/16	Professor	RAMC, Bangalore	Drvyaguna
				1/12/16 - 9/3/18	Professor	Amrutha, Chitradurga	Agadatantra
				10/03/18 - till date	Professor	SAMC&H, Bangalore	Agadatantra
26.	Dr.Harish Babu H (AYAT00223)	BAMS RGUHS 2011	MD (Agadatantra & Vyavahara Ayurveda) KLE-2014	06/08/2014- 21/10/2015	Asst.Professor	BAMC, Chitradurga	Agadatantra & Vyavahara Ayu.
				22/10/2015- 06/08/2019	Asst.Professor	SAMC & H, Bangalore	
				07/08/2019- till date	Associate Professor	SAMC & H, Bangalore	

Department of Prasooti Tantra & Stree Roga

27.	Dr. Shubha Muddanna (AYPS00417)	BAMS RGUHS 2004	MS (Prasooti Tantra & Stree Roga) RGUHS 2014	05/12/2013- 04/12/2018	Asst.Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
				05/12/2018- 23/12/2019	Associate Professor		
				24/12/2019- 22/11/2023	Associate Professor		Kaumara bhritya



				23/11/2023-04/02/2024	Associate Professor		Prasooti Tantra & Stree Roga
				05/02/2024 - 04/08/2025	Professor		
28.	Dr.Ranjitha B M (AYPS00385)	BAMS RGUHS-2010	RGUHS-MS-SRPT-2014	01/01/2015-31/12/2018	Asst.Professor	KAMC, Mangalore	Prasooti Tantra & Stree Roga
				01/01/2019 - 31/12/2019	Asst.Professor	SAMC&H, Bangalore	
				01.01.2020 - 9.02.2025	Associate Professor		
				10.02.2025 - till date	Professor		
29.	Dr. Netravati (AYPS01052)	BAMS- RGUHS-2014	MS (PTSR) 2019-RGUHS	01/01/2020 - 18/05/2024	Asst.Professor	BVVS Ayurved Medical College & Hospital, Bagalkote	Prasooti Tantra & Stree Roga
				03/06/2024 - till date	Asst.Professor	SAMC & H, Bangalore	
30.	Dr. Shruthi R	BAMS RGUHS 2019	MS (PTSR) 2025 RGUHS	2/05/2025 - till date	Asst.Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
Department of Kaumara Bhritya							
31.	Dr.Champa Pant (AYKC00983)	BAMS Kanpur University 1995	MD (Kayachikitsa) Delhi University 2005	11/11/2009 - 11.11.2014	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
				12.11.2014-10.11.2019	Associate Professor		
				11.11.2019 -till date	Professor		
32.	Dr.Sindhu N (AYKB00683)	BAMS- RGUHS-2015	MD- BALAROGA -2020	09/12/2020- till date	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
Department of Kayachikista							
33.	Dr. V. Venkatram Reddy (AYKC01013)	BAMS, Nagrjuna University-1990	MD (Kayachikista) NTR University-1995	10.7.97-10.7.2002	Asst.Professor	SSAMC, Bidar	Panchakarma
				11.7.02-30.10.06 & 02.01.07-08.02.08	Associate Professor	SSAMC, Bidar	
				20.05.08-09.12.2010	Professor	SSAMC, Bidar	
				27.12.10-11.07.2018	Professor	SAI RAM SAMC, Chennai	
				12.07.2018-04/01/2019	Professor	SAMC &H, Bangalore	



				05/01/2019 - till date	Professor	SAMC&H, Bangalore	Kayachikitsa
34.	Dr. Sowmya SB (AYKC01251)	BAMS- University of Mysore-1997	RGUHS- MD- Kayachikitsa - 2001	17/09/2002 -03/07/2008	Asst.Professor	JSS, Mysore	Kayachikista
				09/09/2008- 26/07/2010	Associate Professor	Shri KBS, Bangalore	
				27/07/2010- 13/09/2016	Associate Professor	ATREYA AYU, Bangalore	
				14/09/2016- 17/02/2018	Professor	ATREYA AYU, Bangalore	
				19/02/2018- 20/03/2020	Professor	Rama krishna AMC, B'lore	
				21/03/2020- 30/03/2021	Professor	Karavali, Mangalore	
				01/04/2021- 28/06/2023	Professor	Rama krishna AMC, B'lore	
				01/07/2023 -till date	Professor	SAMC, Bangalore	
35.	Dr.Shubharani M (AYKC01066)	BAMS RGUHS 2008	MD (Kayachikitsa) 2012	01/01/2013- 31/12/2017	Asst. Profesor	SAMC&H, Bangalore	Kayachikista
				01/01/2018- 21/02/2023	Associate Professor	SAMC & H, Bangalore	
				22/02/2023 - till date	Professor	SAMC & H, Bangalore	
36.	Dr. Asha Rani K (AYKC00554)	BAMS, RGUHS2012	MD (Kayachikista) RGUHS 2016	12/01/2017- 24/04/2022	Asst.Professor	SAMC & H, Bangalore	Kayachikista
				25/04/2022- till date	Associate Professor		
37.	Dr.Ramyashree G (AYKC00567)	BAMS, RGUHS2012	MD (Kayachikista) RGUHS 2015	31/12/15- 12/10/17	Asst.Professor	ATREYA AYU, Bangalore	Kayachikista
				13/10/17- 31/05/2023	Asst.Professor	SAMC&H, Bangalore	
				01/06/2023 - till date	Associate Professor	SAMC&H, Bangalore	
38.	Dr. Ananyalakshmi	BAMS- RGUHS-2020	MD (Kayachikitsa) 2024-RGUHS	6-08-2024 – till date	Asst.Professor	SAMC & H, Bangalore	Kayachikitsa
Department of Panchakarma							



39.	Dr.Sanghamitra Patnaik (AYKC00569)	BAMS, Utkal University 1992	MD (Kayachikitsa) Utkal University 1999	21/09/99 - 31/10/2004	Asst.Professor	N K J AMC, Bidar	Panchakarma
				01/11/2004 - 28/02/09	Associate Professor	N K J AMC, Bidar	
				01/03/09 - 19/05/2010	Professor	N K J AMC, Bidar	
				21/05/2010 - 11/01/2021	Professor	SAMC & H, Bangalore	
				12/01/2021 - till date	Professor	SAMC & H, Bangalore	
40.	Dr.Pooja B A (AYPK00491)	RGUHS-2008	(Panchakarma) RGUHS-2011 and Ph.D (Panchakarma) DRSRRAV-2014, JODHPUR	18.1.13- 17.1.14	Asst.professor	National Institute of Ayurveda, Jaipur	Panchakarma
				03.2.14 - 24.12.14	Asst.professor	TMAES, Ayurvedic Medical College, Shimoga	
				26.12.14- 21.4.18	Asst.professor	SDM, Udupi	
				23.4.18- 12.2.25	Associate Professor	SAMC&H, Bangalore	
				13.2.25- till date	Professor		
41.	Dr.Ramya R V (AYPK00923)	BAMS RGUHS-2009	MD (Panchakarma), Madhya Pradesh Medical Science University, Jabalpur - 2019	01/06/2020- till date	Asst.Professor	SAMC & H, Bangalore	Panchakarma
Department of Shalya Tantra							
42.	Dr.Mohana Krishna G (AYST00429)	RGUHS BAMS 2011	MS (Shalya Tantra) RGUHS 2015	17/12/2015- 22/07/2016	Asst.professor	IGMC, Bhubansher	Shalya Tantra
				01/8/2016- 23/12/2020	Asst.professor	SAMC&H, Bangalore	
				24/12/2020 - till date	Associate Professor	SAMC&H, Bangalore	
43.	Dr.Shalini U A (AYST00928)	BAMS- RGUHS-2013	MS-RGUHS- 2018	10/12/2018- 28/12/2020	Asst.Professor	Hillside Ayurvedic Medical College & Hospital	Shalya Tantra
				29/12/2020- 14/2/2025	Asst.Professor	SAMC&H, Bangalore	
				15/2/2025- till date	Associate Professor		
Department of Shalaky Tantra							



44.	Dr.Roopa L (AYSK00301)	BAMS-2003- RGUHS	MS (Shalakya Tantra) 2008	01/07/08- 19/12/08	Asst.Professor	Amrutha- Chitradurga	Shalakya Tantra
				20/12/2008- 02/07/2013	Asst.Professor	Ashwini - Davanagera	
				03/07/2013- 31/10/2013	Associate Professor	Ashwini - Davanagera	
				05/11/2013- 27/12/2017	Associate Professor	Amrutha- Chitradurga	
				01/01/2018- 01/07/2018	Associate Professor	SAMC & H, Bangalore	
				02/07/2018- till date	Professor	SAMC & H, Bangalore	
45.	Dr. Renu V T (AYSK00233)	BAMS-SRI CHANDRAS HEKAREND RA SARSWATH I VISWA MAHAVIDY ALAYA (SCSVMV)- 2008	MS- SHALKYA TANTRA- RGUHS-2016	01.08.2016- 28.02.2017	Asst.Professor	ATREYA AYU, Bangalore	Shalakya Tantra
				01.03.2021- 18.12.2020	Asst.Professor	RamakrishnaB angalore	
				21.12.2020- 31.07.2021	Asst.Professor	Vishnu AMC, Shoranur	
				01.08.2021- 31.08.2022	Associate Professor	Vishnu AMC, Shoranur	
				06.09.2022- till date	Associate Professor	SAMC & H, Bangalore	
46.	Dr. Harish G (AYSK00827)	BAMS- RGUHS-2015	MS (Shalakya Tantra) 2020-RGUHS	09/12/2020- till date	Asst.Professor	SAMC & H, Bangalore	Shalakya Tantra
47.	Mr.Narendra	BSC -Yoga- SVYASA- 2016	M.Sc -Yoga- SVYASA- 2020	14/01/2019- till date	Yoga Teacher	SAMC & H, Bangalore	Yoga Teacher
48.	Mrs.Soubhagya Laxmi Mohanty	BA-1999	M Sc, Maths- 2001	02/11/2022- 20/01/2025	Biostatistician	SAMC & H, Bangalore	Biostatistician

New Joining

1.	Dr. P Suganya Devi (AYSS02049)	Joining Date 18/09/2024	Assistant Professor	Basic Principles
2.	Dr. Akshatha Somayaji K (AYDG01993)	05/08/2024	Assistant Professor	Dravyaguna



New Joining – Teaching Staff

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL							
PROFORMA TO FURNISH THE DETAILS OF NON-TEACHING STAFF							
Sl. No.	Name of the Employee	Qualification	Date of Appointment	Nature of Appointment (Regular / Contractual / Part time)	Designation	Name of working department	
1	Jagadish H S	M.Lib	10.10.2011	Regular	Librarian	Library	SAMCH20 3
2	Mohan Kumar H R	B.Lib	07.01.2019	Regular	Asst. Librarian	Library	SAMCH20 7
3	Archan Rai	B.Lib	09.02.2021	Regular	Asst. Librarian	Library	SAMCH22 4
4	Rathnamma	7th	24.03.2023	Regular	Attendant / Peon	Library	SAMCH24 3
5	Laxminarayana Bhagwat	M.Com	02.12.2013	Regular	Clerical staff for admin & Accounts	College office	SAMCH20 1
6	Rayala Kumar	B sc/MBA	05.01.2007	Regular	Clerical staff for admin & Accounts	College office	SAMCH20 2
7	Mamatha B N H R	MBA	21.12.2020	Regular	Clerical staff for admin & Accounts	College office	SAMCH21 4
8	Sathyannarayanan a Rao	B Com	01.06.2003	Regular	Clerical staff for admin & Accounts	College office	SAMCH20 9
9	Jareena Bibi	5th	28.12.2023	Regular	Attendant	Samhita Siddanta	SAMCH24 7
10	Prakash M T	10th	07.07.2004	Regular	Museum Keeper	Rachana Shareera	SAMCH20 4
11	Ujjini Kotreshi	B.A	09-07-2018	Regular	Laboratory Technician	Rachana Shareera	SAMCH22 9
12	Dilip Sharma	9th	01.09.2014	Regular	Anatomy Lifter	Rachana Shareera	SAMCH22 2
13	Suvabrata Panigrahi	DMLT	02.01.2024	Regular	Laboratory Technician	Kriya Shareera	SAMCH32 0
14	Ranjitha D M	M.Sc	28.12.2023		Laboratory Technician	Dravyaguna	SAMCH24 8
15	Suguna P	7th	01.07.2022	Regular	Museum Keeper	Dravyaguna	SAMCH23 7
16	Indrasena	12th	01.05.2024	Regular	Laboratory Assistant	Rasasatra/ Bhaishajya Kalpana	SAMCH24 5
17	Deepika S	B.com	01.02.2023	Regular	Laboratory Technician	Rasasatra/ Bhaishajya Kalpana	SAMCH24 0
18	Bikas Kumar Purohit	DMLT	01.01.2021	Regular	Laboratory Technician	Roganidana/ Vikriti Vigyan	SAMCH22 6
19	Satyaprakash Bharat Tudu	DMLT	12.04.2016	Regular	Laboratory Technician	Roganidana/ Vikriti Vigyan	SAMCH21 2
20	Soumya	12th	28.12.2023	Regular	Attendant	Dravyaguna	SAMCH24 5
21	Manoj Kumar	7th	01.06.2024	Regular	Museum Keeper	Agadatantra evam vidhi	SAMCH24 6

						vaidhya & Swastha vritta	
22	Shanthamma	5th	01.07.2022	Regular	Attendant	Prasutitantra & Sriroga	SAMCH23 8
23	Madhu	7th	01.12.2021	Regular	Multipurpose worker	Herbal Garden	SAMCH23 3
24	Murugesh C	5th	08.01.2018	Regular	Multipurpose worker	Herbal Garden	SAMCH22 7
25	Narayanappa	5th	01.02.2020	Regular	Gardner	Herbal Garden	SAMCH23 1
26	Lakshmi	5th	01.02.2021	Regular	Attendant	Dravyaguna	SAMCH22 1
27	Sarojamma	5th	02.08.2021	Regular	Attendant	Kayachikitsa	SAMCH22 8
28	Gowramma	5th	04.02.2022	Regular	Attendant	Kayachikitsa	SAMCH23 4
29	Ranganath	9th	01.01.2021	Regular	Laboratory Assistant	Dravyaguna	SAMCH21 9
30	Veeresh B S	DMLT	27.04.2022	Regular	Laboratory Technician	Dravyaguna	SAMCH23 6
31	Prakash Sahu	9th	01.02.2021	Regular	Others	Others	SAMCH21 3
32	Ananda Timung	9th	01.07.2023	Regular	Others	Others	SAMCH24 5
33	Anitha	5th	28.12.2023	Regular	Others	Others	SAMCH42 6
34	Manasaram Singh	9th	09.05.2022	Regular	Others	Others	SAMCH23 5

HOSPITAL STAFF

ANNEXURE -III						
SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL (AYU0091)						
PROFORMA TO FURNISH THE DETAILS OF HOSPITAL STAFF- 2023 -2024						
Sl. No	Name of the Employee	Qualification	Date of Appointment	Nature of Appointment (Regular / Contractual / Part time)	Designation	Name of working department
1.	Dr Sanghamitra Patnaik	Post-Graduate	12-01-2021	Regular	Hospital Superintendent	Hospital
2.	Dr Shrirama Dongre	Post-Graduate	01.02.2023	Regular	Deputy Medical Superintendent	Hospital
3.	Vajrala Venkat Ram Reddy	Post-Graduate	12.07.2018	Regular	Consultants	Hospital Staff
4.	Dr S B Sowmya	Post-Graduate	01.07.2023	Regular	Consultants	Hospital Staff
5.	Dr Shubharani M	Post-Graduate	01.01.2013	Regular	Consultants	Hospital Staff
6.	Dr Asharani K	Post-Graduate	12.01.2017	Regular	Consultants	Hospital Staff
7.	Dr Ramyashree G	Post-Graduate	13.10.2017	Regular	Consultants	Hospital Staff
8.	Dr Roopa L	Post-Graduate	01.01.2018	Regular	Consultants	Hospital Staff
9.	Dr Renu V.T	Post-Graduate	06.09.2022	Regular	Consultants	Hospital Staff
10.	Dr Harish Gopal	Post-Graduate	09.12.2020	Regular	Consultants	Hospital Staff
11.	Dr Ranjita B M	Post-Graduate	01.01.2019	Regular	Prasooti Specialist	Labour Room
12.	Dr Shubha Muddana	Post-Graduate	23.11.2023	Regular	Prasooti Specialist	Hospital Staff



13.	Dr Netravati B Aruni	Post-Graduate	25.04.2024	Regular	Prasooti Specialist	Hospital Staff
14.	Dr Champa Pant	Post-Graduate	11.11.2009	Regular	Consultants	Hospital Staff
15.	Dr Sindhu N	Post-Graduate	09.12.2020	Regular	Consultants	Hospital Staff
16.	Dr Nikhila B Hiremath	Post-Graduate	17.07.2023	Regular	Consultants	Hospital Staff
17.	Dr Sandeep S	Post-Graduate	10.12.2015	Regular	Consultants	Hospital Staff
18.	Dr Athira A G	Post-Graduate	14.02.2024	Regular	Consultants	Hospital Staff
19.	Dr Sangamitra Patnaik	Post-Graduate	21.05.2010	Regular	Panchakarma Specialist	Staff for PK
20.	Dr Pooja B A	Post-Graduate	23.04.2018	Regular	Panchakarma Specialist	Staff for PK
21.	Dr Ramya R V	Post-Graduate	01.06.2020	Regular	Panchakarma Specialist	Staff for PK
22.	Dr Kishore Kumar Hullatti	Post-Graduate	01.08.2013	Regular	Shalya Specialists	Staff of OT and Kshara
23.	Dr Maya Varghese	Post-Graduate	05.01.2019	Regular	Shalya Specialists	Staff of OT and Kshara
24.	Dr Mohan Krishna Kumar	Post-Graduate	01.08.2016	Regular	Shalya Specialists	Staff of OT and Kshara
25.	Dr Shalini U A	Post-Graduate	29.12.2020	Regular	Shalya Specialists	Staff of OT and Kshara
26.	Dr. Alaka M.N	Graduate	23.03.2023	Regular	Emergency Medical Officers	Hospital Staff
27.	Dr.Tara D Kulakarni	Graduate	06.01.2024	Regular	Emergency Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
28.	Dr. Nithulya Bhaskaran	Graduate	01.07.2017	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
29.	Dr. Vipin Das	Graduate	01.08.2014	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
30.	Dr. Abhiram S S	Graduate	01.04.2023	Regular	Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
31.	Dr. Yashbir Singh	Graduate	09.06.2020	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff



32.	Dr. Vidhya H.S	Graduate	01.03.2022	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
33.	Dr. Dhanyashree P T	Graduate	01.07.2022	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
34.	Dr. Anju P.S	Graduate	23.03.2023	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
35.	Dr Anju Antony	Graduate	05.01.2024	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
36.	Dr Diya Binu	Graduate	05.01.2024	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
37.	Dr. Niveditha P	Graduate	13.06.2024	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
38.	Dr. Shivani Rakshitha Rajan	Graduate	15.12.2023	Regular	Panchakarma House Officer	Hospital Staff
39.	Mrs Bhageerathi M S	GNM	01.01.2024	Regular	Matron	Hospital Staff
40.	Ms. Sucharita Mandal	B.Sc.Nursing	28.12.2023	Regular	Assistant Matron	Hospital Staff
41.	Mrs. Parvathy G	B.Sc.Nursing	02.11.2022	Regular	Assistant Matron	Hospital Staff
42.	Mrs Rita Kumari	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
43.	Mr. Ramesh M G	Diploma in Ayurveda Nursing	01.08.2014	Regular	Staff Nurses for In Patient Department	Hospital Staff



44.	Ms. Susmita Roy	GNM	28.12.2023	Regular	Staff Nurses for In Patient Department	Hospital Staff
45.	Mrs. Ramya Mohan	Diploma in Ayurveda Nursing	16.08.2014	Regular	Staff Nurses for In Patient Department	Hospital Staff
46.	Ms Nirupama Roy	GNM	28.12.2023	Regular	Staff Nurses for In Patient Department	Hospital Staff
47.	Ms Himadri Kumar Ray	B.Sc.Nursing	28.12.2023	Regular	Staff Nurses for In Patient Department	Hospital Staff
48.	Mrs Jayamma	Less than 10th	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
49.	Mr. Devendra Kumar	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Staff of Panchakarma Therapy Section
50.	Mr Binu Kumar J	Diploma in Panchakarma	01.06.2023	Regular	Panchakarma Nurse	Staff of Panchakarma Therapy Section
51.	Mrs Chandrika	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
52.	Mr Anuj Kumar	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
53.	Mrs Raji Ragunath	Less than 10th	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
54.	Mr. Dipankar Maiti	B.Sc. Nursing	01.06.2022	Regular	Staff Nurses for In Patient Department	Hospital Staff
55.	Ms Koyel Barman	GNM	28.12.2023	Regular	O.T Nurse	Staff of OT
56.	Mr. Nirban Mandal	GNM	08.08.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
57.	Mr. Ripan Barman	GNM	08.08.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
58.	Mrs Rudrani Kumari	B.Sc. Nursing	29.07.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
59.	Dr Vijaya Das	Post-Graduate	01-01-2022	Contract	Medical Specialist	Modern Medical Staff
60.	Dr. Ravi K	Post-Graduate	01-01-2022	Contract	Surgical Specialist	Modern Medical Staff
61.	Dr. Meghana. P	Post-Graduate	01-04-2023	Contract	Obstetrician and Gynaecologist	Modern Medical Staff
62.	Dr. Pradeep R Rudramurthy	Post-Graduate	10-11-2011	Contract	Pathologist	Modern Medical Staff
63.	Dr. M.P.S Lokesa	Post-Graduate	01-04-2023	Contract	Anaesthesiologist	Modern Medical Staff
64.	Dr Navya C	Post-Graduate	01-04-2023	Contract	Ophthalmologist	Modern Medical Staff
65.	Dr. Muzfar Ahmed Yaragatti	Post-Graduate	01-04-2023	Contract	Paediatrician	Modern Medical Staff
66.	Dr. Tejaswini H	Post-Graduate	01-04-2023	Contract	Radiologist	Modern Medical Staff



67.	Dr. Madhura	Post-Graduate	26-12-2019	Contract	Dentist	Modern Medical Staff
68.	Ms Jeevitha N	Certificate course in Radiographic assistant	01.06.2023	Regular	X-Ray Technician/Radiographer	Modern Medical Staff
69.	Dr. Jishnu G Kartha	Graduate	01-04-2023	Contract	Physiotherapist	Modern Medical Staff
70.	Mrs. Radha C T	Diploma in Panchakarma	01.08.2014	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
71.	Ms. Latha D.R	Diploma in Ayurveda Massage and Panchakarma	12.02.2021	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
72.	Mr. Nandhu.C	Cerificate course in Ayurveda panchakarma	18.02.2021	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
73.	Mr.Jayanandan Kumar	ANTTC	16.01.2023	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
74.	Mrs Mahanada	PUC	08-12-2023	Regular	Dark Room Attendant	Hospital Staff
75.	Mr. Sandesh Raj S	B.Com	10.12.2020	Regular	Office Staff	Hospital Staff
76.	Mrs. Divya	B.A	25.10.2014	Regular	Office Staff	Hospital Staff
77.	Mrs. Sowmya V	B.Com	10.01.2023	Regular	Office Staff	Hospital Staff
78.	Mrs. Poojitha H S	B.Com	01.01.2024	Regular	Office Staff	Hospital Staff
79.	Mr. Rajappa	Less than 10th	28.12.2023	Regular	Store keeper	Hospital Staff
80.	Divya Chhetri	Less than 10th	01.01.2021	Regular	Ward Boy or Ayah	Hospital Staff
81.	Mrs. Nethra	Less than 10th	28.12.2023	Regular	Ward Boy or Ayah	Hospital Staff
82.	Mrs Akkayamma	Less than 10th	01.03.2024	Regular	Ward Boy or Ayah	Hospital Staff
83.	Mrs Munirathamma	Less than 10th	01.03.2024	Regular	Ward Boy or Ayah	Hospital Staff
84.	Ms. Shwetha P N	PUC	24.07.2024	Regular	Ward Boy or Ayah	Hospital Staff
85.	Mrs. Suma	Less than 10th	01.02.2021	Regular	Ward Boy or Ayah	Hospital Staff
86.	Mrs. Prabhavati Kumari	ANTTC	28.12.2023	Regular	Operation theatre attendant	Hospital Staff
87.	Mr. Narendra	MSC. YOGA	14.01.2019	Part time	Yoga teacher or expert	Hospital Staff
88.	Ms. Sasmitha Raut	Auxiliary Nurse and Midwife	06.12.2021	Regular	Midwife	Labour room
89.	Mr. Ajaya Cheetri	Less than 10th	28.12.2023	Contract	Bone setter	Others
90.	Mr. Prafulla Kumar Malik	Less than 10th	28.12.2023	Contract	Cook/Food Service	Others
91.	Mrs. Bharathi Singh	Less than 10th	28.12.2023	Contract	Cook/Food Service	Others



92.	Mr Rajappa	Less than 10th	01.01.2023	Contract	Washerman	Others
93.	Mr S Mahesh	Less than 10th	02.01.2023	Contract	Driver	Others
94.	Mr. Mahalingappa	ANTTC	28.12.2023	Regular	Electrician	Others
95.	Mr Rajib Bora	Less than 10th	01.01.2023	Contract	Security Guard	Others
96.	Mrs. Sujatha D. G	Less than 10th	28.12.2023	Regular	Masseur	Others
97.	Mr. Umesh Kumar Bhagat	ANTTC	28.12.2023	Regular	Masseur	Others
98.	Mrs. Unni Maya	Graduate	28.12.2023	Regular	Others	Others
99.	Mr. Aditya Kumar	ANTTC	16.08.2014	Regular	Clinical Lab Attender	Hospital Staff
100.	Mr. Harish	10th	03.12.2018	Regular	Pharmacists	Hospital Staff
101.	Mr. Ramu Y V	Less than 10th	01.06.2021	Regular	Pharmacists	Hospital Staff
102.	Mr. Dipen Malik	ANTTC	04-01-2017	Regular	Pharmacists	Hospital Staff
103.	Mr. S Satheesh Kumar	Less than 10th	01-01-2021	Regular	Pharmacists	Hospital Staff
104.	Mrs. Mechri Jalakshi	Less than 10th	28.12.2023	Regular	Pharmacy worker	Hospital Staff
105.	Ms. Madhushree S	10th	28.12.2023	Regular	Pharmacy worker	Hospital Staff
106.	Mr. Vikas Kumar	BSC yoga	04-01-2017	Regular	Dresser	Hospital Staff
107.	Mrs. Karuna Kiran Gurjar	Laboratory Technician Course	01-01-2014	Regular	Laboratory Technicians	Clinical Laboratory
108.	Mr Sunil S Sonnad	DMLT	28.12.2023	Regular	Laboratory Technicians	Clinical Laboratory
109.	Mrs. Aparna R S	Post Graduate	02.01.2021	Part-Time	Pharmacognosist (Part time)	Teaching Pharmacy and Quality Testing Laboratory
110.	Mrs Chetana Hegde	Graduate	01.01.2014	Part-Time	Analytical Chemist (Part time)	Teaching Pharmacy and Quality Testing Laboratory
111.	Mrs. Bhagyamma	Less than 10th	03.07.2021	Regular	Attender	Teaching Pharmacy Attendant
112.	Mrs Mithila M V	MSc Biochemist	01.01.2022	Regular	Biochemist	Teaching Pharmacy
113.	Mrs. Tintu Lawrence	Microbiologist	02.01.2021	Regular	Microbiology	Laboratory
114.	Dr. Deepa Sruthi G	Pharm. D	14.11.2022	Regular	Pharmacologist	Teaching Pharmacy
115.	Dr Prabhavati C Kichadi	Post Graduate	16.01.2014	Regular	Pharmacy Manager/ In charge	Teaching Pharmacy



4. ACHIEVEMENTS OF STAFF AND STUDENTS

PAPER PUBLICATIONS BY STAFF

- 1. Dr. B.R. Ramakrishna & Dr. Sunitha M P**
Title: Glossary of plant-based drugs in Nighantus- Review article.
Indian Journal.com, Medicinal Plants doi : 10.5958/0975-6892.2024.00046.X Vol. 16 (3), September 2024, 436-441
- 2. Dr. Prabhavati. C. Kichadi**
Title: Preformulation Study of Talisadi Suspension - An Herbal Formulation.
International Journal of Pharmaceutical Sciences Review and Research, ISSN: 0976 – 044X, 84(9) – September 2024; Article No. 13, Pages: 78-82, DOI: 10.47583/ijpsrr.2024.v84i09.013
- 3. Dr. Shalini U. A**
Evaluation of Dhoopana Karma (Fumigation) using Charakoktha Dhoopana Dravyas w.s.r. to Operation Theatre Sterilization.
International Ayurvedic Medical Journal, Issn: 2320-5091, Doi.Org/10.46607/Iamj1313022025, Accepted For Publication: 09/02/2025.

PAPER PUBLICATION PG STUDENTS

- 1. Dr. Sunitha M. P. & Dr. P. V. R. Sree Sharmada**
Title: A Critical Review on the Pramehahara dravyas of Dhanwantari Nighantu.
Indian Journal of Ancient Medicine and Yoga Volume 17 Number 4, October - December 2024 DOI: <https://dx.doi.org/10.21088/ijamy.0974.6986.17424.2>
- 2. Dr. Gurusiddamma, Dr. Sunitha M. P & Dr. B. Ravikiran**
Title: Concept of Nutraceuticals in Ayurveda - A Review.
International Journal of Trend in Scientific Research and Development (IJTSRD) Volume 8 Issue 5, Sep-Oct 2024 Available Online: www.ijtsrd.com e-ISSN: 2456 – 6470
- 3. Dr. Varshini HR, Dr. Ramyashree G & Dr. V V Ramreddy**
Title: Role of Ayurveda in the management of Cerebellar Ataxia as Sarvangavata - A Case Report.
Journal of Ayurveda and Integrated Medical Sciences 2025 Volume 10 Number 3 MARCH, DOI:10.21760/jaims.10.3.70 3.
- 4. Dr. Varshini HR, Dr. S B Soumya & Dr. V V Ramreddy**
Comprehensive effect of Shodhana followed by Rasayana in Pranavaha Sroto Vikara - A Case Study.
Journal of Ayurveda and Integrated Medical Sciences 2025 Volume 10 Number 3 MARCH, DOI:10.21760/jaims.10.3.53



PAPER PUBLICATION OF UG STUDENTS

1. Gagana S, Dr. Champa Pant

Title: Ahiputana (~diaper rash) in a child with surgically corrected Hirschsprung's disease – Ayurvedic approaches of management.

© 2024 Journal of Ayurveda Case Reports | Published by Wolters Kluwer - Medknow
DOI: 10.4103/jacr.jacr_149_23

2. Dasa Sunil Sourabh, Dr. Champa Pant

Title: Effect of Dhupana (medicated fumigation) on the microbial concentration in the indoor air in Kumaragara (pediatric OPD and IPD): an experimental study.

© 2024 Journal of Indian System of Medicine | Published by Wolters Kluwer – Medknow, DOI: 10.4103/jism.jism_27_24

3. Dasa Sunil Sourabh, Dr. Champa Pant

Title: Effect of Sarala Nirayasa Malahara (Pine Resin Ointment), a Folklore Remedy for Padadari (Cracked Feet) in Adolescents: A Double-blind, Within-individual, Randomized, Vehicle-controlled, Pilot Study.

© 2024 Indian Journal of Ayurveda and Integrative Medicine KLEU | Published by Wolters Kluwer – Medknow, DOI: 10.4103/ijaim.ijaim_23_24

RESEARCH PROJECTS

STUDENT RGUHS GRANTS

1. Miss. Anushka, Guide: Dr. Champa Pant

Effect of Kunapajala(a liquid organic manure) of the germination and yield of Vacha (Acorus CalamusL.), a drug of importance in Kaumarabhritya (Ayurvedic Pediatrics)- A Comparative study.

2. Mr. Aravind Gowda L, Guide: Dr. Harish Babu H.

Evaluation of effect of adding Visha Dravya in Aushada wrs to initiation, duration & termination of Pharmacological effect invitro organ bath study.

3. Mr. Rakesh Nadig M, Guide: Dr. Shalini U A

Evaluation of the effect of Kaliyakadi Yoga in Savarnikarana of Vranavasthu in special reference to Abnormal Pigmentation of Cutaneous Wound Scar – A Pilot Study.

4. Miss. Nehaa Suresh, Guide: Dr. Champa Pant

Effect of Danta Dhawana on Salivary parameters & concentration of Muka Krimi (oral microbes) with wsr to Streptococcus mutans – A triple blind n-of-1, randomized, controlled, experimental study.

5. Ms. Anaya Joshi, Guide-Dr. Sandhya D S

Assessment of antimicrobial activity of Kshara Agada against Streptococcus pneumonia in respiratory tract infections. An in vitro microbial study

CCRAS STUDENT SPARK PROJECT

The institute bagged one SPARK project for the year 2024-25

Miss. Anjali R SPARK/2024/35 2nd year BAMS was awarded SPARK fellowship under the guidance of Dr. Harish Babu H

Title: Evaluation of cardioprotective effect of *Hrudayavarana Chikitsa* in isoprenaline induced myocardial injury: An Experimental Study

STUDENT ACHIEVEMENTS - LITERARY EVENTS OUTSIDE CAMPUS

REPORT ON PARTICIPATION OF SUSHRUTHA AYURVEDIC MEDICAL COLLEGE STUDENTS IN JYOTHISMATHI QUIZ COMPETITION

The students of Sushrutha Ayurvedic Medical College and Hospital demonstrated their intellectual acumen at the prestigious **Jyothismathi Quiz Competition**, organized by Dhootapapeshwar Private Limited at SDM College, Bangalore on **27th September 2024**. The event saw participation from various esteemed institutions, with the students from Sushrutha Ayurvedic Medical College making a mark by securing the second prize in this highly competitive quiz.



Participants: Sourabh, Dheeraj, Yuktashree, Sachin from 4th BAMS (Falcon Batch)

The quiz competition focused on topics related to Ayurveda, testing the participants' knowledge of classical Ayurvedic texts, modern interpretations, and clinical applications. The team from Sushrutha excelled in rounds covering Ayurvedic principles, pharmacology, and practical therapeutic approaches, showcasing their deep understanding of the subject. Their exceptional performance brought pride to the college, highlighting the institutions' commitment to academic excellence and fostering a deep knowledge of Ayurveda among its students. The management, faculty, and students of Sushrutha Ayurvedic Medical College congratulate the team for their outstanding achievement.





REPORT ON THE ACHIEVEMENTS OF SUSHRUTHA AYURVEDIC MEDICAL COLLEGE STUDENTS AT SAMSKRITOTSAVA 2024

Students from **Sushruta Ayurvedic Medical College and Hospital** made a remarkable impression at the intercollegiate competitions organized by **S-VYASA University** on the occasion of **Sanskritotsava 2024 in the month of September 2024**. The event, celebrated with great enthusiasm, provided a platform for students from various colleges to showcase their talents in Sanskrit language and cultural activities, fostering a deeper connection with Indian heritage and traditions.

- **First Prize in Quiz Competition:** Dheeraj and Sourab- Falcon batch
- **Third prize in Quiz competition:** Sacchin and Rehan –Falcon batch
- **Second Prize in Reel Making:** Vinutha –Panthers batch
- **Third Prize in Sanskrit Singing:** Shreya –Panthers batch
- **Third prize in shloka recitation:** Darshan –Titans batch

These remarkable achievements reflect the holistic education approach of **Sushruta Ayurvedic Medical College**, where students are encouraged to excel both academically and culturally. The institution's focus on nurturing well-rounded individuals is evident in the success of its students at Samskritotsava.





REPORT ON STUDENT PARTICIPATION IN INTER-COLLEGE COMPETITIONS: NATIONAL AYURVEDA DAY 2024

Event: National Ayurveda Day 2024

Intercollege Quiz competition

Organiser: NIMHANS Department of Integrative Medicine

Date: 26-10-2024

Venue: NIMHANS, Auditorium

In celebration of National Ayurveda Day 2024, an inter-college competition was organized by NIMHANS Integrative Medicine to encourage academic and practical engagement with various aspects of Ayurveda.

The event particular focus on Manasaroga (mental disorders) and Vata Vyadhi (disorders related to the Vata dosha). Student Participation from SAMCH.

Our college was represented by Miss Shree Rakshita, an intern, and Yuktashree, a 4th-year BAMS student, who participated in the quiz competition centered on Manasaroga and Vata Vyadhi. Their performance was a testament to their deep understanding of Ayurvedic principles and their ability to apply them to contemporary health issues.

Achievements: Miss Shree Rakshita (Intern) and Yuktashree (4th BAMS) secured the 2nd Prize in the quiz competition on the topics of Manasaroga and Vata Vyadhi.

The quiz provided a stimulating environment for students to test their knowledge on key Ayurvedic concepts, while also allowing them to interact with peers from different institutions.



REPORT ON INTER-COLLEGE COMPETITIONS ORGANIZED BY GAMC MYSURU ON NATIONAL AYURVEDA DAY 2024

Event: National Ayurveda Day 2024

Intercollege Quiz competition

Organizer: GAMC, Mysuru

Date: 30-10-2024

Venue: College Auditorium On the occasion of National Ayurveda Day 2024, the Government Ayurveda Medical College (GAMC), Mysuru

There were a series of inter-college competitions organised to celebrate the rich heritage and modern relevance of Ayurveda. These events aimed at fostering the spirit of academic and creative expression among students from various Ayurvedic colleges.



1. **Debate Competition:** Sachin (4th BAMS), participated in the debate competition and was awarded the 3rd Prize for his well-structured arguments and confident presentation

Topic — Tele-Consultation boon or bane

2. **Painting Competition:** Sayee (1st BAMS) secured the 2nd Prize in the painting competition with her imaginative and vibrant artwork that beautifully captured the essence of Ayurveda.

Topic — Loka —Purusha Saamya

Both competitions provided students with an excellent platform to demonstrate their talents and celebrate the principles of Ayurveda in a dynamic and engaging manner. The event was a great success, fostering unity, creativity, and academic excellence among future Ayurvedic practitioners.



REPORT ON PAPER PRESENTATION AT THE INTERNATIONAL CONFERENCE MADHUKOSHA-2024

Organized by: Department of PG Studies in Roganidana, KAHERS, Shri BMK Ayurveda College, Belagavi

Date: 27th and 28th December 2024

The International Conference Madhukosha-2024, hosted by the Department of PG Studies in Roganidana at Shri BMK Ayurveda College, Belagavi, proved to be a monumental event in the field of Ayurveda, particularly emphasizing advancements in Ayurvedic diagnostics. As a participant and presenter, **Dr. Sowmya H** Associate Professor, Department of RNVV, SAMC&H was honored to contribute to this prestigious platform, which brought together esteemed scholars, researchers, and practitioners from across the globe.



REPORT ON STUDENTS' PARTICIPATION AND ACHIEVEMENTS AT NATIONAL-LEVEL COMPETITIONS

On the auspicious occasion of National Ayurveda Day 2024, the Government Ayurveda Research Center, Mysuru, organized a series of prestigious national-level competitions aimed at fostering academic and practical excellence in Ayurveda. The event witnessed an overwhelming response, with participation from over 1,000 students and scholars representing more than 400 Ayurveda colleges across the country. Students from Sushruta Ayurvedic Medical College & Hospital (SAMCH) showcased exceptional talent and dedication, bringing laurels to the institution through their outstanding performances:



Achievements:

1. First Prize in Ayu Recipe Competition

- Winner: Miss Anushka Survase, II BAMS student
- Details: Anushka impressed the judges with her innovative and health-focused Ayurvedic recipe, demonstrating a deep understanding of traditional principles integrated with modern dietary needs.



2. Second Prize in Prayoga Vignana Competition - Case Presentation.

- Winner: Dr. Deepu, II Year PG Scholar, Department of Kayachikitsa
- Guidance: The presentation was meticulously prepared under the expert mentorship of Dr. Ramreddy, Dean of PG Studies)
- Details: Dr. Deepu's case presentation on GB syndrome, highlighted innovative clinical insights and treatment.
- The recognition at such a large-scale competition underscores the academic rigor and practical expertise fostered at 'SAMCH. The awards not only reflect the individual brilliance of the participants but also emphasize the institution's commitment to promoting excellence in Ayurvedic education and research.



REPORT ON TADVIDYA SAMBASHA PARISHAD-2025

Date: 3-01-2025 to 7-01-2025

Place: Shri Keshtra Ramateertha, Athani

Tadvidya Sambhasha Parishad-5 is an International Ayurveda Intellectual Meet which was held from January 3rd to 7th 2025 in Shri Kshetra Ramateerth, Athani Taluk Belagavi District and Karnataka. It was a 5 days Residential conference with various interesting topics by different Vaidyas all over India.

The sessions were conducted by eminent speakers like Dr Anant Dharmadikari sir, Dr Mamatha mam, Dr Aditya Purushottam sir, Dr Sreevatsav sir, Dr Uday Shankar sir, Dr M Prasad sir, Dr Trilok Dhoopeshwar sir and many others. More than a Theoretical conference they focused more on Practical knowledge and understanding Samhitas. Live demonstration of few topics like Sangeeta Chikitsa, Bhagna Chikitsa was performed for better understanding.

Every day the sessions started early in the morning at 7am with Shloka recitation and followed by sessions till evening around 7pm. Then "Brihatrayi Vishaya Mandanam Tatha Pariksha" by students from Bruhatrayees were done, among them 3 Students from our college participated in the competition.

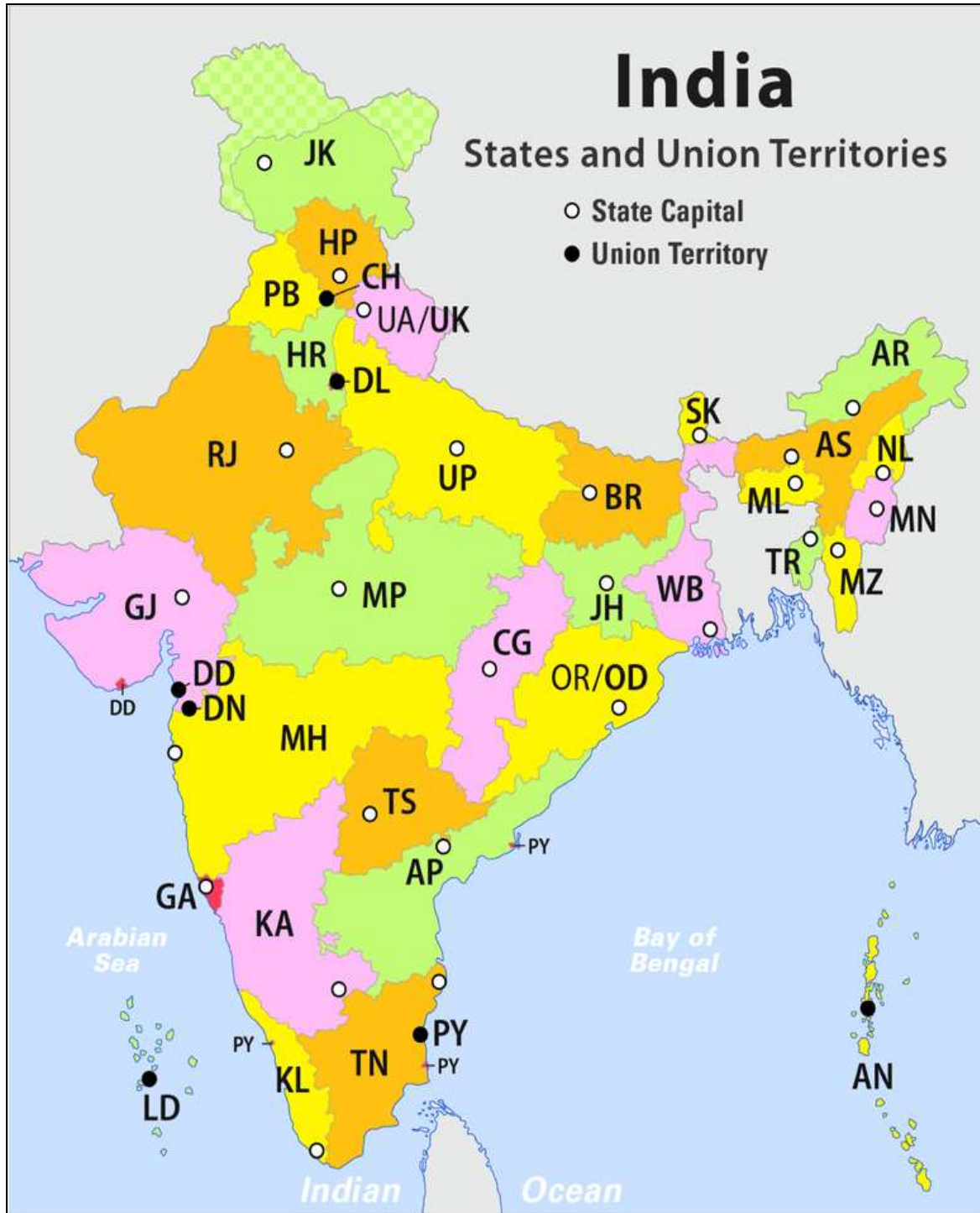
Overall, it was a new experience and all were knowledgeable sessions, we are really grateful to our college for letting us be a part of such a conferences having many eminent speakers.





5. COURSES AND STUDENTS

No. of Students according to State wise



AN - 02	CG - 03	KA - 236	MZ - 0	TR - 2
AP - 22	DL - 05	KL - 03	OD - 0	TS - 22
AR - 10	GJ - 07	MH - 64	PB - 01	UK - 01
AS - 31	HR - 0	ML - 02	RJ - 05	UP - 09
BR - 14	JH - 03	MN - 0	TN - 10	WB - 0

6. INFRASTRUCTURE FACILITIES OF SAMC&H



6.1. Academic Building

Academic Block is spacious with all the amenities hosting Principal's Office & Administrative section, which are fully equipped with Clinical & Non Clinical Departments along with museums.

6.2. Principal Office



6.3. Board Room



6.4. Class Rooms



World Class Infrastructure in campus provides an ambience conducive for stimulating learning with classroom having good architecture, are designed hexagonal shape with good ventilation and plenty of natural light and to facilitate case discussion & presentation, smart board facility is available. All blend to provide holistic learning environment.



6.5. Library & Digital Library



6.6. Dept of Rachana Shareera



6.7. Dept of Kriya Shareera



6.8. Dept of Basic Principles



6.9. Dept of Rasashastra & Bhaishajya Kalpana



Pharmacy





6.10. Dept of Dravyaguna



6.11. Dept of Roga Nidana & Vikriti Vignana



Laboratory: Well equipped lab with X-ray and ECG





6.12. Dept of Swastha Vritta



6.13. Dept of Kaumara Bhritya



6.14. Dept of Prasooti & Stree Roga



6.15. Dept of Agada Tantra



6.16. Dept of Kayachikitsa



6.17. Dept of Shalya Tantra



6.18. Dept of Shalakya Tantra



6.19. Dept of Panchakarma



6.20. Dissection Room

Spacious & modernized with modern amenities according to NCISM norms.



6.21. Anveshana – Research Laboratory



Individual department in campus is supported by state of art infrastructure for research and clinical experience.



6.22. SAMC Hospital Block

OPD – There are separate OPDs that cater to the individualistic needs of the patients. Each of these OPDs is fully equipped as per NCISM norms.

IPD – 120 bedded hospital with all facilities, paramedical staff, Panchakarma therapy unit, OT, Casualty & Medicine Dispensary outlet.





6.23. Soukhyam - Panchakarma Centre

Well equipped Panchakarma Centre with all the Panchakarma Therapies conducted regularly. (Special Rooms for therapies are available for Males and Females).



6.24. Aushada Vana

The institution has well maintained herbal garden with more than 400 species of medicinal plants including rare species.





6.25. Dining Halls

There are three dining halls catering to the needs of the guests, patients, staff and students of the campus.

6.26. Students Kioske

College is equipped with student kiosk which contains all information about students.

6.27. Faculty Block

14 Individual departments with well set amenities required as per CCIM regulations are present.

6.28. Lakshmi Amma Girls and Boys Hostel

Separate residence for girls and boys are provided which has all facilities and amenities.



7. IMPORTANT EVENTS OF SAMC&H IN 2024 & 2025

8TH AYURVEDA DAY CELEBRATIONS

Event: National Ayurveda Day Celebration

Theme: Ayurveda Innovation for global health

Date: 26th October 2024

Time: 11 am to 1pm

Venue: Shruti Mandir –Svyasa

The event showcased Ayurveda's evolving role in modern healthcare and its global impact. Dr. Ramyashee and Dr. Anupama, Associate Professors from the Department of Kayachikitsa and RSBK, respectively, served as the Masters of Ceremony, guiding the audience smoothly through the program.

The event began with an invocation by Sowmiya, a fourth-year student, creating a serene atmosphere. Dr. Athira delivered the welcome speech, extending a warm greeting to the dignitaries, faculty, and attendees.

The program began with a traditional lamp-lighting ceremony, symbolizing the illumination of knowledge and wisdom.

The highlight of the celebration was a lecture by the Chief Guest, Shree Rajiv Vasudevan, a renowned figure in the field of Ayurveda. Shree. Vasudevan shared insights on how Ayurveda has progressively gained recognition on a global scale, emphasizing its contributions to integrative health approaches. His talk provided a fresh perspective on Ayurveda's adaptability, especially in research, personalized medicine, and holistic treatment practices that address global health challenges. Sir also discussed ongoing innovations in Ayurvedic diagnostics, therapies, and technology integration, underscoring Ayurveda's potential to complement contemporary healthcare systems worldwide.

The report of various activities and competitions conducted by the committee on the occasion of Ayurveda Day celebration was read by Dr. Sowmya H, Associate professor, Department of Roganidana, encapsulating the day's events and highlighting the central messages shared

Following this enlightening lecture, Dr. Alok Roy, in his Presidential Address, reiterated the institution's commitment to promoting Ayurveda through advanced research and education.





He highlighted the importance of staying abreast of innovations within Ayurveda to keep pace with global health trends.

The event concluded with a Vote of Thanks by Dr. Ananya, Assistant Professor Dept of KC who expressed gratitude to all participants, emphasizing that each individual's dedication was crucial to the success of Ayurveda Day.



REPORT OF ORIENTATION PROGRAM AND TRANSITIONAL CURRICULUM 2023-2024 BATCH

Orientation Program:

Orientation program for fresh batch (1st year students) was organised on **6/11/2024** in Atreya hall of SAMC&H with freshers and their respective parents.

The esteemed dignitaries, Dr B R Ramakrishna, Honorable Director, Dr Alok Roy, Principal, Dr Vasudeva Vaidya, Deputy Registrar of SVYASA, Dr Sowmya, Vice Principal along with all the faculty members graced the occasion.

The program began with the Invocation song by first year BAMS batch students followed by inauguration and formal welcoming by Dr. P. Suganya Devi, Assistant Professor, Department of Samhita, Siddhanta and Sanskruta. The official welcome speech was delivered by Dr Bindushree, Assistant professor, Department of Shareera Kriya. She welcomed all dignitaries on and off the dais and then the programme proceeded with Introduction to campus briefed by Dr Vasudeva Vaidya, Deputy Registrar of SVYASA. Dr Remitha KK, Professor and HOD, Dean of Academics, introduced teaching faculty of SAMC&H, about their academic qualification, teaching experience etc, further on Dr Alok Roy, Principal, SAMC&H addressed the gathering by briefing out about college, its rules and regulations. Our honorable Director, Dr Ramakrishna B R, delivered the presidential address highlighting the progress and scope of Ayurveda. Lastly Vote of thanks was delivered by Dr Bindushree, Assistant Professor, Department of Shareera Kriya. Parents and freshers were given opportunity to clear their queries followed by Shanti Mantra and high tea.

Transitional Curriculum:

After arrival of freshers, as per NCISM norms for accommodating students to the Ayurveda field through transitional curriculum was held. Time table was prepared in such a way that all teaching faculty were given classes as per the topics scheduled by NCISM. The classes began from 6/11/2024 to 4/12/2024. During transitional classes, students were exposed to Ayurveda subjects, Ministry of Ayush, computer application skills etc, also they were taken in and around campus for college visit, department visit, hospital etc as a part of curriculum. Before and after transitional curriculum pre and post test were conducted through google form.

Orientation Programme and Transitional curriculum



Lighting the lamp by Dignitaries and student representatives



Gathering of parents and student



SUSHRUTHA KREEDOTSAVA

DATE – 8th to 10th of Jan 2025

VENUE – SVYASA GROUND and CRICBIZ SPORTS GROUND

ORGANIZING COMMITTEE

Principal – Dr. Alok Roy

Head of Sports – Dr. Prabhavati K

Teacher’s Committee - Dr. Sandeep S, Dr. Nishchal P, Dr. Harish G, Dr. Abhishek Biwas, Dr. Netravati, Dr. Rashmi Bhat, Dr. Suganya, Dr. Ananyalaxmi Sports Secretary – Anirudha Salunke

EVENTS AND COMPETITIONS

1. List of events – Team events

Kho – Kho, Throwball, Volleyball, Cricket, Tug of war, Dodge ball, Athletic Games – 100m, 200m, 400m, 800m, 1600m, 4×100m relay.

2. Participation Details -Team events - Total no. of participation for team events – 262

Team events Boys	Kho – Kho	Volley ball	Cricket	Tug of war	Dodge ball
1.	Shouryas	Shouryas	Shouryas	Shouryas	Shouryas
2.	Titans	Titans	Titans	Titans	Titans
3.	Griffins	Griffins	Griffins	Griffins	Griffins
4.	Panthers	Panthers	Panthers	Panthers	Panthers
5.	Falcons	Falcons	Falcons	Falcons	Falcons
6.	-	Interns & PG's	Interns & PG's	-	-

Team events Girls	Kho - Kho	Throw ball	Cricket	Tug of war	Dodge ball
1.	Shouryas	Shouryas	Shouryas	Shouryas	Shouryas
2.	Titans	Titans	Titans	Titans	Titans
3.	Griffins	Griffins	Griffins	Griffins	Griffins
4.	Panthers	Panthers	Panthers	Panthers	Panthers
5.	Falcons	Falcons	Falcons	Falcons	Falcons
6.	-	-	Interns & PG's	Interns & PG's	Interns & PG's

Remark- There were total 6 teams (Boys & Girls individually) from various batches participated in different team events.

Team events	Girls	Boys
Kho – Kho	60	60
Throwball	54	-
Cricket	90	90
Tug of war	72	60
Dodge ball	90	75
Volleyball	-	54



Track events – Total no. of participation for Athletic Games – 190

Athletic Games	Boys	Girls
100m	16	19
200m	22	21
400m	12	9
800m	-	8
1600m	47	-
4×100m relay	20	16

Results -

Team events	Girls		Boys	
	Winner	Runner Up	Winner	Runner Up
Kho – Kho	Griffins	Shouryas	Falcons	Shouryas
Throwball	Griffins	Falcons	-	-
Cricket	Griffins	Falcons	Panthers	Falcons
Tug of war	Shouryas	Falcons	Panthers	Shouryas
Dodge ball	Griffins	Falcons	-	-
Volleyball	-	-	Titans	Griffins

Athletic Games	Boys	Girls
100m	Prathamesh (Titans)	Preethi G M (Griffins)
	Aniketh (Shouryas)	Kusuma (Griffins)
	Nethanial (Panthers)	Thanushree (Griffins)
200m	Manjunath (Titans)	Thanushree (Griffins)
	Rehan (Falcons)	Preethi (Griffins)
	Bharath (Titans)	Anjali (Griffins)
400m	Prathamesh (Titans)	Preethi (Griffins)
	Aniketh (Shouryas)	Kshithija (Griffins)
	Darshan (Titans)	Laxmi (Shouryas)
800m	-	Preethi (Griffins)
	-	Vrushikha (Griffins)
	-	Kshithija (Griffins)
1600m	Mullappa (Shouryas)	-
	Darshan (Titans)	
	Bharath (Titans)	
4×100m relay	Prathamesh and Team (Titans)	Tanushree and Team (Griffins)
	Anirudha and Team (Falcons)	Laxmi and Team (shouryas)



PG INDUCTION PROGRAMME REPORT

26/12/2024

Dignitaries:

Dr Alok Roy, Principal, SAMC & H, Bengaluru

Dr. V V Ram Reddy, PG Dean, SAMC & H, Bengaluru

Dr B Ravikiran, Professor & Head, Department of Dravyaguna, SAMCH, Bengaluru

Beneficiaries:

I yr. Postgraduates from Dept of Dravyaguna & Dept of Kayachikitsa

Venue: Athreya Hall, SAMC&H, Bangalore

Time & Date: 2:00 PM & 26/12/2024

Report

Induction programme was conducted in the institution on 26th of December 2024, to help PG scholars integrate into the organisation and to learn about the institutional policies, processes, practices, culture and values.

The programme started with an invocation song by Dr. Bhoomika R, 2nd year PG scholar. Dr V V Ramreddy, PG Dean, SAMC&H, Bengaluru welcomed the dignitaries to the programme. Dr Alok Roy, Principal, SAMC&H, Bengaluru addressed the postgraduates to inculcate in them the ethos and culture of the institution, qualities to be adopted by them and encouraged them to involve in the research, studies which will contribute to the society and to the field of Ayurveda. Dr. Apoorva K S, 2nd year PG scholar expressed her opinion about the institution and the Dept of PG Studies.

Dr Asharani, Associate Professor, Dept of Kayachikitsa introduced the institution to the newly admitted postgraduates, New Postgraduate students gave their brief introduction and Dr Ravikiran B, HOD, Dept of Dravyaguna, delivered vote of thanks.

Dr. Nischal P, Assistant Professor, Department of Dravyaguna compered the event.





REPORT ON WORLD LEPROSY DAY 2025

Venue: Samskruthi Bhavan, Sushrutha Ayurvedic Medical College

Date: 25th January 2025

World Leprosy Day 2025 was observed with great enthusiasm at Samskruthi Bhavan, Sushrutha Ayurvedic Medical College, on 25th January 2025. The event aimed to spread awareness about leprosy, its prevention, and treatment, as well as to encourage social inclusion and understanding towards those affected by the disease.

Event Highlights:

The program commenced with a soulful invocation song that set a serene and respectful tone for the event. This was followed by an enlightening awareness lecture by Dr. V.V. Reddy, Dean of PG Studies and HOD of the Department of PG Studies in Kayachikitsa, SAMCH. In his lecture, Dr. Reddy emphasized the importance of early diagnosis, Ayurvedic approaches to management, and the need for reducing stigma associated with leprosy. His words inspired students and attendees to contribute actively to public health initiatives.

Adding a creative touch to the event, skit competitions were organized among various batch students. The performances showcased the myths and realities of leprosy, highlighting the importance of early intervention and social support for those affected. The participants put forth powerful performances, engaging the audience and reinforcing the message of awareness and empathy.

Following the skit competition, the Prize Distribution Ceremony for Prakruti Pareekshan took place. Student who excelled in the highest DKPP received a cash recognition.

World Leprosy Day 2025 at Sushrutha Ayurvedic Medical College was a remarkable event that successfully promoted awareness and education about leprosy. The combination of an informative lecture, creative skits, and student participation ensured an engaging and insightful experience for all attendees.

Reported by: Co – ordinators of World Leprosy Day 2025, Dr. Ramyashree and Dr. P. Suganya Devi, SAMCH.



**Grand Inauguration of the event by Dr. Alok Roy,
Principal of SAMC&H**

**Skit by students of Second year (Griffins) on
“Eradication of stigma associated with
Leprosy”**



**Awareness speech on Leprosy by Dr.
V.V. Reddy, Dean of PG Studies and
HOD of the Department of PG Studies
in Kayachikitsa.**



REPORT ON WORLD CANCER AWARENESS PROGRAM

- Organized by the Literary Committee & Student Council, SAMCH, Bengaluru
- Date: 22/02/2025
- Venue: 3rd Year Classroom
- Time: 2.30 pm to 4pm

The Literary Committee & Student Council of SAMCH, Bengaluru, successfully conducted a **World Cancer Awareness Program** on **22nd February 2025**. Lavender colored ribbon tags, symbolizing cancer awareness, were distributed to all staff and student council members

Lecture Sessions:

1. **Dr. Harish Babu**, Professor, Department of Agada Tantra, delivered a lecture on "**Clinical Case Narratives: Treatment Experiences.**"
2. **Dr. Netravathi**, Assistant Professor, Department of PTSR, presented a session on "**Healing Within: Ayurveda Insights on Cervical and Breast Cancer Prevention.**"



- The session was effectively moderated by **Mr. Sacchin**, a 4th-year BAMS student.
- The program was **coordinated by Dr. Sowmya.H**, Associate Professor, Dept of Roga Nidana & Vikriti Vijnana & **Dr. Athira A G**, Assistant professor, Dept of Swasthavritta, ensuring smooth execution and participation.
- The committee also organized a **Reel Making Competition** for students on the topic "**Oral Cancer**", encouraging creative awareness initiatives.
- The event provided **valuable insights into Ayurveda approaches** for cancer awareness, prevention, and treatment experiences.
- The program concluded by giving a token of appreciation to the speakers

The event was a **great success**, contributing to **awareness and knowledge sharing** on Ayurveda-based cancer prevention and treatment strategies.





REPORT OF NATIONAL SCIENCE DAY CELEBRATION

On the occasion of “National Science Day” PRAMA the Institutional research Committee (IRC) of Sushruta Ayurvedic Medical College & Hospital organized an invited talk on 28/02/25.

The venue was Shruthi Mandir Hall, and the timing was 3-4.

Speaker: Dr Vijaya Majumdar, M Sc (BHU), PhD (NIMHANS)

Associate Professor, Swami Vivekananda Yoga Anusandhana Samsthana University, Bangalore, India

Topic: "Trends in Clinical Research on the Effectiveness of Complementary and Alternative Medicine in Lifestyle Disorders"

Dr Majumdar talked about her research work in establishing the role of Yoga in the human system's biology concerning the process of ageing, longevity (healthy ageing) and other parallel health-related aspects. She through light on the plausible peripheral molecular links that could relate to the influence of Yoga as a systemic anti-ageing strategy, along with the neurodegenerative effects. She also elaborated cell models used by her to explore the mechanistic links between important molecules in cognition.

The talk was attended by faculty members, PG and UG students and Resident medical officers of SAMC & H.





8. ACTIVITIES OF DIFFERENT DEPARTMENTS

DEPARTMENT OF DRAVYAGUNA & RASASHASTRA & BHAISHAJYA KALPANA STUDY TOUR REPORT

Study Visit Report: Revinto Life Science Private Limited

Date of Visit: 15th November 2024

Location: Revinto Life Science Private Limited, Karwar, Karnataka



Objective:

1. **To gain insights into the manufacturing processes and operations** of Ayurvedic Pharmaceutical Company, focusing on efficiency, productivity, and quality control.
2. **To understand the company's quality control and assurance measures**, including regulatory compliance, testing protocols, and documentation procedures.
3. **To observe and learn from the company's best practices**, including staff training, equipment maintenance, and supply chain management.

Delegation:

The study visit team consisted of 4 Faculties & 86 Students of Sushruta Ayurvedic Medical College & Hospital, Prashanthi Kuteeram, Jodi Bingipura, Anekal Taluk, Bangaluru-560105

1. Dr. B. Ravikiran, Professor & HoD Department of Dravyaguna



2. Dr. Prabhavati Khichdi, Professor & HoD Department of Rasa Shastra & Bhaishajya Kalpana
3. Dr. Rashmi Bhat, Assistant Professor Department of Roga Nidana & Vikruti Vigyana
4. Dr. Abhishek Biswas, Assistant Professor Department of Rasa Shastra & Bhaishajya Kalpana
5. 2nd Year B.A.M.S. students Batch 21-22

Agenda:

1. Introduction to Revinto Life Science Private Limited
2. Overview of manufacturing processes
3. Quality control and assurance measures
4. Tour of the facility
5. Interaction with key personnel

Observations and Key Takeaways:

1. **Manufacturing Processes: Revinto Life Science Private Limited** employs skills, technology and equipment to ensure efficient and effective manufacturing processes.
2. **Quality Control and Assurance:** The Company has implemented robust quality control and assurance measures to ensure the production of high-quality pharmaceutical products.
3. **Facility and Equipment:** The facility is well-maintained, and the equipment is modern and well-calibrated.
4. **Staff and Training:** The staff are knowledgeable, skilled, and well-trained in their respective areas of expertise.
5. **Regulatory Compliance: Revinto Life Science Private Limited** adheres to all relevant regulatory requirements and guidelines.

Recommendations:

1. **Continuing Education and Training:** Regular training programs should be conducted to ensure that staff & students are updated with the latest technologies and regulations.
2. **Process Improvement:** Continuous monitoring and evaluation of manufacturing processes should be done to identify areas for improvement.
3. **Quality Control and Assurance:** Regular audits and assessments should be conducted to ensure that quality control and assurance measures are effective.

Conclusion:

The study visit to **Revinto Life Science Private Limited** has been an enriching experience, offering a unique glimpse into the inner workings of a reputable pharmaceutical company. As we reflect on our learnings, we are eager to integrate the best practices, innovative approaches, and valuable insights gained from this visit into our own operations, driving growth, improvement, and excellence.

STUDY VISIT REPORT: ALL INDIA INSTITUTE OF AYURVEDA, GOA

Date of Visit: 16th November 2024

Location: All India Institute of Ayurveda, Goa

Objective:

The objective of this study visit was to gain insights into the research, education, and healthcare activities of the hospital and to explore potential areas of collaboration of other colleges.



Delegation:

The study visit team consisted of 4 Faculties & 86 Students of Sushrutha Ayurvedic Medical College & Hospital, Prashanthi Kuteeram, Jodi Bingipura, Anekal Taluk, Bangaluru-560105

1. Dr. B. Ravikiran, Professor & HoD Department of Dravyaguna
2. Dr. Prabhavati Khichdi, Professor & HoD Department of Rasa Shastra & Bhaishajya Kalpana
3. Dr. Rashmi Bhat, Assistant Professor Department of Roga Nidana & Vikruti Vigyana
4. Dr. Abhishek Biswas, Assistant Professor Department of Rasa Shastra & Bhaishajya Kalpana
5. 2nd Year B.A.M.S. students Batch 21-22

Agenda:

1. Introduction to the All India Institute of Ayurveda, Goa
2. Overview of research activities
3. Tour of the herbal garden and museum
4. Interaction with faculty members and researchers
5. Discussion on potential areas of collaboration

Observations and Key Takeaways:

1. **Research Activities:** The institute is engaged in various research projects, including clinical trials, pharmacological studies, and medicinal plant research.
2. **Herbal Garden and Museum:** The institute has a well-maintained herbal garden with a wide variety of medicinal plants, and a museum showcasing the history and principles of Ayurveda.
3. **Education and Training:** The institute offers various academic programs, including undergraduate and postgraduate degrees in Ayurveda, as well as training programs for healthcare professionals.
4. **Healthcare Services:** AIIA has 250 bedded Hospital committed to contribute towards health through Ayurveda & Scientific Research. OPD blocks consist of 50 consultations chambers offering treatments for various diseases and disorders.

Recommendations:

1. **Collaborative Research:** Explore opportunities for collaborative research projects between various institutions.
2. **Student Exchange Programs:** Establish student exchange programs to facilitate the exchange of ideas, knowledge, and cultural practices between our institution and the institute.
3. **Continuing Education:** Develop continuing education programs for healthcare professionals, focusing on Ayurveda and integrative medicine.

Conclusion:

The study visit to the All India Institute of Ayurveda, Goa was a valuable learning experience, providing our team with insights into the institute's research, education, and healthcare activities. We look forward to exploring potential areas of collaboration and establishing a meaningful partnership with the institute in future also.





DEPARTMENT OF RNVV

REPORT ON CBC CAMP ORGANIZED ON NATIONAL AYURVEDA DAY CELEBRATION

Event: National Ayurveda Day Celebration

Theme: Ayurveda and Women's Health, Ayurveda for Workplace Wellness

Date: 24th October 2024

Time: 10:30 AM to 3:00 PM

Venue: Sushrutha Diagnostic Lab, Ground Floor, SAMCH

In celebration of National Ayurveda Day, a CBC (Complete Blood Count) camp was organized by the Department of Roganidana and Vikriti Vignana on 24th October 2024. The camp aligned with the dual themes of "Ayurveda and Women's Health" and "Ayurveda for Workplace Wellness." The initiative aimed to highlight the importance of early detection and monitoring of health parameters through Ayurveda, especially concerning women's health and wellness in work environments.

The Camp was officially inaugurated by Dr. Alok Roy Principal, Dr. Sangamitra Patnaik, MS, Dr. Ram Reddy, Dean of PG studies and Dr. Shubarani, CMO of SAMC&H.

Total Samples Collected: 25 blood samples were collected and tested during the camp and reports were given to all the staff at 3 pm.

The CBC camp successfully highlighted the importance of early detection of potential health issues through regular screening. It also demonstrated the value of integrating Ayurveda practices in daily life, particularly for women and working professionals, to enhance overall health and wellness. The camp received positive feedback.



DEPARTMENT OF PRASOOTI TANTRA EVUM STREE ROGA

FREE WOMEN'S CAMP REPORT

We from the department of Prasoothi Tantra Evam Stree Roga, have successfully completed 1 day free women's camp, on Thursday, 24-OCT-2024, in Sri Nityananda Swamy Educational Trust, Smt Nalini Raghunatha Rao Degree college, Jigani, Anekal Taluk, Bangaluru South -560 105.

Preparation:

- There were 2 consultants, 2 PG students and 4 interns.
- Consultants: Dr Shubha Muddanna and Dr Shravani.
- PG Students: Sree Sharmada and Deepu C N
- Interns: Maneesha, Karthika, Adeeba and Atul
- We had placed 3 banners inside and outside the campus; we had the entire requirement for consultation ready in the auditorium.



Program schedule:

- 10:00 am – 11:00 am – Arrival at the venue, meeting the principal and arranging the auditorium for camp.
- 11:00 am to 11:30 am – Inauguration, lighting lamp and awareness speech by Dr Shubha Muddanna and Dr Shravani.
- Dr Sowmya, Vice principal had accompanied us as the chief guest for the camp.
- 11.30 am to 3.30 pm – consultation and treatment for 230 students and staff.



Outcome and analysis:

1. Consultations were held in auditorium of Sri Nityananda Swamy Educational Trust, Smt Nalini Raghunatha Rao Degree college, Jigani, Anekal Taluk, Bangaluru South -560 105.
2. There were 2 consultants - Dr Shubha Muddanna and Dr Shravani.
3. There were 2 PG Students: Sree Sharmada and Deepu C N
4. There were 4 Interns: Maneesha, Karthika, Adeeba and Atul
5. We successfully consulted 230 patients in the camp.
6. All females between the age group of 16 to 39 years.



“Free Women’s Awareness; Screening Camp of Breast Cancer and Cervical Cancer”

The department of Prasoothi Tantra Evam Stree Roga, have successfully completed 6 days free women’s camp on Awareness & Screening of Breast cancer and Cervical cancer and other gynecological disorders from 11-NOV-2024 to 16- NOV-2024 (Monday to Saturday) in Prasooti Tantra and Stree Roga OPD, SAMC&H.

Preparation:

- There were 3 consultants, 1 nurse and 5 interns.
 - **Consultants:** Dr Shubha Muddanna, Dr Ranjitha B M and Dr Netravati B A.
 - **Nurse:** Sasmitha
 - **Interns:** Sudha, Neha, Keerthana, Yashpal, Dhruva
- **Banners:** We had placed 5 banners inside and outside the campus.
- **Pamphlets:** Pamphlets were designed, printed and distributed over 900 pamphlets in and around campus, BSR Layout, Kallubalu etc.
- **Set up:** We had the OPD, IPD and Labor ward kept ready with all the instruments and sterilization.
- **Pap smear kit:** College has generously provided with 35 pap smear kit, which were collected and kept ready for the camp.



Program schedule:

- **Day 1: Inauguration:**
- At 10:00 am to 10:30 am: Inauguration, lighting lamp and awareness speech by Dr Shubha Muddanna
- Dr Sowmya madam, Dr Ram Reddy sir had accompanied us as the chief guest for the camp.
- 10.30 am to 4.00 pm: Consultation, screening and treatment were started.
- **Duration:** 1 week camp from 11-NOV-2024 to 16-NOV-2024 (Monday to Saturday)

Time: 9 am to 4 pm

Outcome and analysis:

1. Screening, consultation and treatment, were held in PTSR OPD and Labor ward.
2. There were 3 consultants were present - Dr Shubha Muddanna, Dr Ranjitha B M and Dr Netravati B A.
3. There were 5 Interns: Sudha, Neha, Keerthana, Yashpal, Dhruva
4. There was one nurse Sasmitha
5. We successfully consulted 79 patients in the camp.
6. Out of 79 patients PAP SMEAR screening done to 06 patients.
7. All females were between the age group of 16 to 65 years.
8. Following are the OPD's of each day,

Days	Date	Days	Consultant	No. of pt per day	Total no. of pt
Day 1	11-Nov-24	Monday	Dr Shubha	25	25
Day 2	12-Nov-24	Tuesday	Dr Shubha	9	34
Day 3	13-Nov-24	Wednesday	Dr Ranjitha	11	45
Day 4	14-Nov-24	Thursday	Dr Ranjitha	16	61
Day 5	15-Nov-24	Friday	Dr Netravati	5	66
Day 6	16-Nov-24	Saturday	Dr Netravati	13	79
				Grand total	79

9. Diagnosis wise statistics of the cases, are as follows,

Sl no.	Diagnosis	No. of patients
1	Shwetha pradara	14
2	Alpaarthava/ Arthava kshaya	17
3	Anarthava	02
4	Pcod	05
5	Kashtaarthava	04
6	UTI	03
7	PID	01
8	Vandhyatwa	04
9	Breast tenderness	02
10	Rakta pradara	04
11	Udarashoola & constipation	02
12	Yoni kandu	01
13	Hypothyroidism	01
14	Intermenstrual bleeding	01
15	General health checkup	09
16	Follow up	07
	Grand total	79

DEPARTMENT OF KAUMARABHRITYA

Department of Kaumarabhritya in association with Department of Prasootitantra and Striroga conducted a two days medical camp on 28/1/25 and 29/1/25 in **Adya Academy school, Swami Vivekananda Road, Jigni, Anekal, Bangalore**. Dr. Champa Pant HOD & Professor, Department of Kaumarabhritya was given the responsibility of the camp.

On 28/1/25 a total of 62 children and on 29/1/25 a total of 92 children were examined. Overall a total of 168 children were screened by department of Kaumarabhritya for various health issues. Healthy children were educated about importance of nutritious food, physical activities and less screen time. Many children with Balashosha (stunting, underweight for age), Kushtha (skin conditions), Kasa/Shwasa (respiratory issues), Tundikeri (Tonsillitis, Adenoids), Pandu (anaemia) and general debility.

These children were referred to Kaumarabhritya OPD.

Additionally, 23 teenage girls were screened for various health issues. They were educated about the menstrual hygiene and other menstruation related issues. All female staff of the school was given consultation. Those requiring further evaluation were referred to PTSR department.

Faculty: Dr. Champa Pant HOD & Professor, Department of Kaumarabhritya

Dr. Ranjitha, Associate Professor, Department of Prasootitantra and Striroga

Interns: Janmoni, Greeshma, Geethanjali, Yashaswini, Mithun, Jemsi, Astha, Khushi

The camp provided a great opportunity to serve the community for all.





DEPARTMENT OF PANCHAKARMA

Vasantika Vamana Camp Report

Date: 02/03/2025 to 27/04/2025

Venue: Panchakarma OPD

Introduction: Department of Panchakarma had organized Vasantika Vamana Camp from 02/03/2025 to 27/04/2025 as a part of Vasanta Ritu Shodhana. Camp was conducted with the help of various clinical departments like KC, SRPT, Agada.

Camp Summary:

- Total Vamana conducted – 23
- Department wise Basti counts

KC	PK	PTSR	Agada
05	12	5	1

- Gender wise Basti counts

Male	Female	Total
08	15	23

- Disease wise Basti counts

Swasa	Sthoulya	Kushta	Amlapitta	Vandyatva	PCOD
04	05	01	01	03	01
Prameha	Sarvanga Vata	Hypothyroidism		Attatva bhinivesha	Swasta
01	01	01		01	04

Varieties of Vamaka Dravyas Used: Madanaphala Pippali yoga, Nimbakashaya Yoga, Madanaphala Shalatu yoga

Response of Camp: Good, Different cases were tackled with different Vamaka Yogas & helped Interns to learn better.





DEPARTMENT OF PG STUDIES IN KAYACHIKITSA

Date: 12/09/2024

Time: 10:30 am to 3 pm

Overview

Free BMD camp was conducted successfully conducted by Kayachikitsa department on 12/09/2024. Bone mineral densitometry was provided by Zandu Pharmacy. Details regarding the camp was advertised in the OPD of Sushruta Ayurvedic Medical college and Hospital.

Consultants:

Dr. V.V Ram Reddy (Professor & HOD)
Dr. Sowmya. S.B (Professor)
Dr. Shubharani.M (Professor)
Dr. Ramyashree G (Associate Professor)
Dr. Asharani. K (Associate Professor)
Dr. Ananyalakshmi. E (Assistant Professor)

PG Scholars participated:

Dr. Varshini. H.R
Dr. Deepu. C .N
Dr. Apoorva K.S
Dr. Basappa. K. Kadadi
Dr. Bhoomika

Participation:

Total participants: 53

Event highlight:

One day Free BMD camp was conducted . Patients having the clinical features of Asthikshaya/Osteopenia/Osteoporosis were screened.

Each patient received personalized consultation and advice on lifestyle modifications and treatment in OPD or IPD based on the requirement.

Conclusion:

Free BMD camp was a resounding success. Screened patients having BMD of ≤ -1 and below were diagnosed as Asthikshaya/Osteopenia/Osteoporosis were treated in OPD and IPD of Kayachikitsa.

Date: 12/12/2024

Time: 10:30 am to 3 pm

Overview

Free BMD camp was conducted successfully conducted by Kayachikitsa department on 12/12/2024. Bone mineral densitometry was provided by Zandu Pharmacy. Details regarding the camp was advertised in the OPD of Sushruta Ayurvedic Medical college and Hospital.



Consultants:

Dr. V.V Ram Reddy (Professor & HOD)
Dr. Sowmya. S.B (Professor)
Dr. Shubharani.M (Professor)
Dr. Ramyashree G (Associate Professor)
Dr. Asharani. K (Associate Professor)
Dr. Ananyalakshmi. E (Assistant Professor)

PG Scholars participated:

Dr. Varshini. H. R
Dr. Deepu. C. N
Dr. Basappa. K. Kadadi
Dr. Bhoomika

Participation:

Total participants: 35

Event highlight:

One day Free BMD camp was conducted. Patients having the clinical features of Asthikshaya/Osteopenia/Osteoporosis were screened.

Each patient received personalized consultation and advice on lifestyle modifications and treatment in OPD or IPD based on the requirement.

Conclusion:

Free BMD camp was a resounding success. Screened patients having BMD of ≤ -1 and below were diagnosed as Asthikshaya/Osteopenia/Osteoporosis were treated in OPD and IPD of Kayachikitsa.

Date: 12/03/2025

Time: 10:30 am to 3 pm

Overview

Free BMD camp was conducted successfully conducted by Kayachikitsa department on 12/03/2025. Bone mineral densitometry was provided by Zandu Pharmacy. Details regarding the camp was advertised in the OPD of Sushruta Ayurvedic Medical college and Hospital.

Consultants:

Dr. V.V Ram Reddy (Professor & HOD)
Dr. Sowmya. S.B (Professor)
Dr. Shubharani. M (Professor)
Dr. Ramyashree G (Associate Professor)
Dr. Asharani. K (Associate Professor)
Dr. Ananyalakshmi. E (Assistant Professor)

PG Scholars participated:

Dr. Varshini. H. R



Dr. Deepu. C. N
Dr. Basappa. K. Kadadi
Dr. Bhoomika

Participation:

Total participants: 54

Event highlight:

One day Free BMD camp was conducted. Patients having the clinical features of Asthikshaya/Osteopenia/Osteoporosis were screened.

Each patient received personalized consultation and advice on lifestyle modifications and treatment in OPD / IPD based on the requirement.

Conclusion:

Free BMD camp was a resounding success. Screened patients having BMD of ≤ -1 and below were diagnosed as Asthikshaya/Osteopenia/Osteoporosis were treated in OPD and IPD of Kayachikitsa.



9. EXTENSION ACTIVITIES

PHARMACOVIGILANCE WORKSHOP REPORT

Dignitaries:

Dr Dr.Shubhashree M N, Research Officer (Ayu), PI, CARI, Bengaluru

Dr Arsha K S, Junior Research Fellow (Ayu). CARI, Bengaluru

Dr.Sowmya S B, Vice Principal, SAMC & H. Bengaluru

Dr.Sanghamitra Patnaik. Medical Superinident, SAMC & H, Bengaluru

Dr. V'V Ram Reddy, PG Dean, SAMC & H, Bengaluru

Dr B Ravikiran, Professor & Head, Department of PG Studies in Dravyaguna, SAMCH Bengaluru

Beneficiaries: All the Teaching Faculty, RMOs, Post Graduate Scholars, Interns, II BAMS Students

Time & Date: 19/10/2024, 10:30 AM - 01:00 PM

Report: A workshop on AYUSH SURAKSHA - Pharmacovigilance ADR Reporting was conducted by Department of PG Studies in Dravyaguna Vijnana in association with Pharmacovigilance cell and IQAC - SAMC&H, Bengaluru jointly organized with CARI, Bengaluru on 19/10/2024, to help all the teaching faculties, RMOs, PG scholars and Interns to develop the culture of reporting ADR in Ayurveda practice The programme started with an invocation song by final year BAMS student Miss Tanmayee, Dr Swathi Sharma, Assistant Professor, Department of Agada Tantra, SAMC & H, Bengaluru welcomed and introduced the dignitaries to the programme. Dr Sowmya S B, Vice Principal, SAMC & H, Bengaluru addressed the gathering and highlighted the importance of ADR Reporting and to inculcate the habit of ADR reporting in daily practice.

Dr. Shubhashree M N, Research Officer (Ayu), PI, CARI, Bengaluru and Dr Arsha K S, Junior Research Fellow (Ayu), CARI, Bengaluru, delivered the lecture on pharmacovigilance in Ayurveda and the process of ADR reporting was explained followed by question-and-answer session. ADR reporting forms were distributed and explained.

Dr Nischal P, Assistant Professor, Dept of PG Studies in Dravyaguna, delivered-vote of thanks. Dr.Athira A G, Assistant Professor, Department of Swastha Vritta compered the event.

NSS WING

REPORT ON EXAM MOTIVATION AND STRESS MANAGEMENT

TALKS – 2025 (Titans batch 2023-24)

Organized by:

NSS Unit, Academic council, Student council of Sushrutha Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru

Date: 30th January 2025

Time: 10.30 am to 12.00 pm

Venue: 2nd yr classroom, SAMC&H, Bengaluru

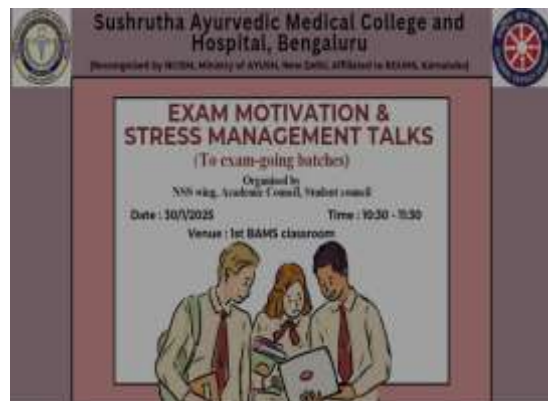
To uplift the spirits of the Titans Batch (on going Exam batch) and help them navigate exam-related pressure with a calm mind, a special session on **"Exam Motivation and Stress Management"** was conducted on **30th January 2025**, from **10:30 AM to 12:00 PM** at 2nd BAMS Classroom.

The event aimed at boosting the students' confidence as they approach their exams and equipping them with practical ways to manage academic stress effectively. The session opened with a warm welcome to the teachers Dr. Alok Roy (Principal), Dr. Remitha (Academic dean), Dr. Chandrakala, Dr. Divya, Dr. Suganya by NSS Programme Officer Dr. Nischal, who were invited as special guests to inspire and encourage the students with their words and presence.

As part of the opening, Dr. Alok Roy addressed the students on how to manage stress continued by Dr. Remitha, Dr. Divya and then Dr. Chandrakala, which set a focused and positive tone for the session.

Throughout the session, various techniques, real-life examples, and tips were shared to help students channel their energy positively, maintain discipline, and stay motivated during exam preparation. The session was interactive, engaging, and appreciated by the attendees. As part of the ending, Kshithija led the group by reading a motivational pledge, which set a focused and positive tone for the session. Later, pens were distributed as a blessing to the students.

The event successfully created a supportive atmosphere, leaving students feeling empowered, focused, and better prepared mentally to face their upcoming exams.



**(Panthers batch - 2021-22)**

Organized by: NSS Unit, Academic council, Student council of Sushrutha Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru

Date: 1st February 2025

Time: 11.00 am to 12.00 pm

Venue: 2nd yr classroom, SAMC&H, Bengaluru

To uplift the spirits of the panthers Batch and help them navigate exam-related pressure with a calm mind, a special session on **"Exam Motivation and Stress Management"** was conducted on **1st February 2025, from 11:00 AM to 12:00 PM** at 2nd BAMS Classroom.

The event aimed at boosting the students' confidence as they approach their exams and equipping them with practical ways to manage academic stress effectively. The session opened with a warm welcome to the teachers Dr. Ravikiran, Dr. Sandhya, Dr. Nikhila, Dr. Sunitha, Dr. Harish babu, Dr. Anagha, Dr. Anupama, Dr. Akshata by NSS Programme Officer - Dr. Nischal, who were invited as special guests to inspire and encourage the students with their words and presence.

As part of the opening, Dr. Alok Roy addressed students on how to manage stress continued by Dr. Ravikiran, Dr. Nikhila, Dr. Sunitha, Dr. Harish Babu, Dr. Anupama Dr. Sandhya and Dr. Anagha which set a focused and positive tone for the session.

Throughout the session, various techniques, real-life examples, and tips were shared to help students channel their energy positively, maintain discipline, and stay motivated during exam preparation. The session was interactive, engaging, and appreciated by the attendees. As part of the ending, Kshithija led the group by reading a motivational pledge, which set a focused and positive tone for the session. Later, writing materials were distributed as a blessing to the students.

The event successfully created a supportive atmosphere, leaving students feeling empowered, focused, and better prepared mentally to face their upcoming exams.





EVENT REPORT: HUMAN CHAIN FORMATION AND UNIVERSAL LOVE PLEDGE

Organized by: NSS Unit, Cultural Committee, Student council of Sushrutha Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru

Date: 14th February 2025

Time: 1.30pm to 2.30 pm

Venue: Dhanvantari statue, SAMC&H, Bengaluru



On the occasion of Valentine's Day, the **NSS Unit, Cultural Committee and Student Council 2025** of Sushrutha Ayurvedic Medical College and Hospital organized an event titled "**Human Chain Formation and Universal Love Pledge**" on **14th February 2025**. The event was held at **1:30 PM** near the **Dhanwantari Statue** on the ground floor, SAMCH, Bengauru following the auspicious **Dhanwantari Pooja**.



The event aimed to promote the essence of **universal love and togetherness**, transcending boundaries and embracing humanity in all its forms. The program began with an insightful speech by **Dr. Nischal**, highlighting the importance of love, compassion, and unity in today's world. This was followed by an encouraging and thoughtful address by our respected **Director Dr. B R Ramakrishna**, who emphasized love not only as a romantic notion but as a foundation for strong relationships in society—be it friendship, family, or community bonds.

Staff members from both teaching and non-teaching departments, along with students, came together in solidarity to form a **human chain**, symbolizing unity and the celebration of love in all its diverse expressions.

The event concluded with the distribution of **sweets**, leaving a positive impact on everyone with warm hearts and smiling faces.

The event aimed at reminding that **love, when universal, becomes a force that unites, heals, and uplifts humanity**.



HOSPITAL - CAMPS

Report: Health Screening Medical Camp in Mahanthilingapura, Jigani Hobli, Anekal Taluk, Bengaluru Date: 31-10-2024

Organized by: Sushruta Ayurvedic Medical College and Hospital

Objectives:

- To provide free health screening and medical consultations.
- To raise awareness about common health issues.
- To promote preventive healthcare practices in the community.

Activities Conducted:

Health Screenings:

- o Blood Pressure Measurement
- o General Physical Examination

Consultations:

- o General Medicine c Ayurvedic Consultations
- o Nutritional Advice

Health Education:

- o Importance of Regular Health Check-ups
- o Tips on Maintaining a Healthy lifestyle
- o Awareness about Common Diseases and their Prevention

Findings: Hypertensive patients, Joint pain, Respiratory illness & digestive disorder.



10. CALENDAR OF EVENTS

19/10/2024	PHARMACOVIGILANCE WORKSHOP	
31-10-2024	HOSPITAL - CAMPS	
September 2024	Sanskritotsava	
12/09/2024	PG Students Camp – BMD Camp	KAYACHIKITSA
27th September 2024.	JYOTHISMATHI QUIZ COMPETITION	
24th October 2024	CBC CAMP ORGANIZED ON NATIONAL AYURVEDA DAY CELEBRATION	RNVV Dept
24th October 2024	FREE WOMEN’S CAMP	PTSR
26th October 2024	National Ayurveda Day Celebrations	
26-10-2024	National Ayurveda Day - Competitions	NIMHANS - Quiz Competition
30-10-2024		GAMC, Mysuru - Quiz Competition
6/11/2024	4/12/2024. ORIENTATION PROGRAM AND TRANSITIONAL CURRICULUM	1 st Year Batch
11-NOV-2024 To 16-NOV-2024	“Free Women’s Awareness; Screening Camp Of Breast Cancer And Cervical Cancer”	PTSR
15 th November 2024	DRAVYAGUNA & RASASHASTRA & BHAISHAJYA KALPANA	STUDY TOUR REPORT - Revinto Life Science Private Limited
16 th November 2024		ALL INDIA INSTITUTE OF AYURVEDA, GOA
12/12/2024	BMD Camp	Kayachikitsa
26/12/2024	PG INDUCTION PROGRAMME	
3-01-2025 To 7-01-2025	TADVIDYA SAMBASHA PARISHAD	
8th To 10th Of Jan 2025	SUSHRUTHA KREEDOTASVA	
25-01-2025	WORLD LEPROSY DAY	
28/1/25 And 29/1/25	Paediatric Camp	KAUMARABHRITYA
30th January 2025	Exam Motivation & Stress Management	NSS Wing
1st February 2025	Exam Motivation & Stress Management	NSS Wing
14 th February 2025	Human Chain Formation And Universal Love Pledge	NSS Wing
22/02/2025	World Cancer Awareness Program	
28/02/25.	National Science Day Celebration	
02/03/2025 To 27/04/2025	Vasantika Vamana Camp	Panchakarma
12/03/2025	BMD Camp	Kayachikitsa



1st year BAMS Batch



2nd year BAMS Senior





2nd year BAMS Junior Batch



3rd year BAMS





4th year BAMS



Interns

