



ಯಾದಲಮ್ ಟ್ರಸ್ಟ್ Yadalam Trust

ಸುಷ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ
Sushruta Ayurvedic Medical College & Hospital

(Recognized by NCCMR Ministry of AYUSH, New Delhi. Affiliated to RCUHS, Bengaluru, Karnataka)

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SCHEME CODE - AYUCMS01

RCUHS CODE - AHS



Ref: SAMCH/Lit.C/26-04

Date: 16/03/2026

REPORT ON SEEMANTAM CEREMONY

The Literary Committee of SAMCH organized a traditional *Seemantam* ceremony for **Dr. Anupama, Associate Professor, Department of RSBK**, and **Dr. Shruthi, Assistant Professor, Department of PTSR**, on **16th March 2026** from **3:00 PM to 4:00 PM** at the **Board Room**.

Seemantam, a sacred and culturally significant ritual performed during pregnancy, was conducted with great enthusiasm and respect, reflecting the institution's commitment to preserving traditions and fostering a supportive environment for its staff.

This unique practice is a special initiative of our institution, introduced by our respected Director of SAMCH, **Dr. B.R Ramakrishna Sir**, to honor and celebrate pregnant staff members, ensuring emotional well-being and a sense of belonging during this important phase of their lives.

The ceremony was gracefully organized, with participation from all teaching and non-teaching staff, creating a warm and joyful atmosphere. Traditional rituals were performed, followed by blessings and well wishes for the health and happiness of both expectant mothers.

The event concluded on a cheerful note with tasty snacks for all staff and gifts for the expectant mothers.



