

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL, BENGALURU

“Prashanti Kutera” Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bengaluru - 560105

REPORT ON WOMEN’S DAY ACTIVITY 2026

Date: 7th March, 2026

Venue: Shruti Mandir, SVYASA

Timings: 10am - 10.30am (Prarthana Milan)

Organized by: NSS Unit in collaboration with Cultural Committee, SAMCH

Participants: Staff & Students of SVYASA ~250

Overview: The NSS Unit & Cultural Committee of Sushruta Ayurvedic Medical College and Hospital, Bengaluru and with the support of SVYASA & VAP, Karnataka - Mahila Prakoshta, conducted an activity - A pledge by all men of the campus on the occasion of Women’s day in the name of PRASHANTI PROMISE on 7th March, 2026 at Shruti Mandir during the regular Prarthana Milan from 10am to 10.30am. The activity was organized in view of the alarming number of crimes against women either domestically and in workplaces and in public places with the objective of reassurance of mannerly conduct towards women by men. The Pledge was led by Dr Nischal P, NSS PO, Cultural Committee Head and all the male staff and students of SVYASA were asked to follow.

The pledge was as follows:

“I promise –

To respect women and uphold her dignity through my actions, words & thoughts.

To stand up against any kind of attempt to outrage the modesty of women.

To exercise my freedom of expression towards women in mannerly and dignified way offline and online.

To not let the attire of women be an influencing factor in my transactions.

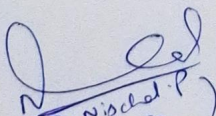
To respect consent of a woman in any form of Inter personal relationship.

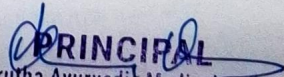
To behave in a way where women feel safe & secure.

To uphold the principles of gender equality for the creation of a truly conscious society.

To recognize the divine feminine energy in all women irrespective of the external appearances.”

Outcome: The activity created awareness and encouraged respectful conduct and healthy mindset towards women thereby creating a safe space for Women to function without uncomfortable hurdles arising out of gender as part of Women’s day 2026.


Dr. Nischal P.
NSS PO


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Sushruta Ayurvedic Medical College
and Hospital, Bengaluru-560105.
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GALLERY:



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INTERNATIONAL WOMEN'S DAY 'PRASHANTI PROMISE'

I promise –

- To respect women and uphold her dignity through my actions, words & thoughts.
- To stand up against any kind of attempt to outrage the modesty of women.
- To exercise my freedom of expression towards women in mannerly and dignified way offline and online.
- To not let the attire of women be an influencing factor in my transactions.
- To respect consent of a woman in any form of Inter personal relationship.
- To behave in a way where women feel safe & secure.
- To uphold the principles of gender equality for the creation of a truly conscious society.
- To recognize the divine feminine energy in all women irrespective of the external appearances.