



ಯಾದಕಮ್ ಟ್ರಸ್ಟ್ Yadalam Trust  
ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ  
**Sushruta Ayurvedic Medical College & Hospital**

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanti Kuteera" SVYASA Campus, Jodi Bingipura, Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105.  
+91-9110659242 2002ayu0091@gmail.com <https://sushrutaayurvedicmedicalcollege.com>  
NCISM CODE - AYU0091 RGUHS CODE - A005



**CIRCULAR**

**Date: 22/04/2026**

On Occasion of 10<sup>th</sup> World Ayurveda Day Celebration, Literary Committee Abhyudaya is organizing a quiz competition in collaboration with AYURRESHMI on 23<sup>rd</sup> April 2026 at Atreya Hall from 2 to 4pm.

The Quiz Competition includes following Criteria:

Topic of Quiz – Ayurveda

1. No of Groups – Min – 4 groups, Max – 10 Groups
2. Total number rounds will be 4
3. Tie Breaker will include Sloka or Case presentation
4. Details Quiz rules & Regulation are attached

All Interns, PG Scholars, RMO and Staffs are requested to attend the programme and make it successful.

Venue – Atreya Hall

Participants – All Batch Students

Time – 2pm- 4pm

Date – 23/04/2026

*WKS*  
*22/04/26*  
**PRINCIPAL**  
Sushruta Ayurvedic Medical College  
and Hospital, Bengaluru-560105.  
NCISM Code - AYU0091





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REF No- SAMCH/Lit.C/26-04

Date: 24.04.2026

## REPORT ON QUIZ COMPETITION

On the occasion of the **10th World Ayurveda Day Celebration**, the Literary Committee of *Abhyudaya 2026* organized a **Quiz Competition** in collaboration with *AYURRESHMI* on 23rd April 2026. The event aimed to promote knowledge, encourage academic excellence, and create awareness about Ayurveda among students.

### Objectives

- To enhance knowledge of Ayurveda and related subjects.
- To encourage healthy academic competition among students.
- To celebrate World Ayurveda Day through intellectual engagement.
- To foster teamwork and participation among students.

### Participants

The competition witnessed enthusiastic participation from multiple teams. The teams were as follows:

Teams	Dakshas	Titans	Panthers	PGs
Team 1	Manish	Anagha	Shreya	Apoorva
Team 2	Akash	Bhunidhi	Anushka	Vajreshwari
Team 3	Adnan	Chandana	Aravind	Rehan
Team 4	Ruthwika	Deepti	Vyshnavi	Bhoomika
Team 5	Revathi	Hema	Asha	Srinivas



## Event Highlights

- The quiz covered topics related to Ayurveda, general knowledge, and health sciences.
- Participants displayed great enthusiasm, teamwork, and competitive spirit.
- The event was conducted in multiple rounds, making it engaging and interactive.
- The competition encouraged quick thinking and knowledge application among participants.

## Results

- **1st Prize:** Team 5 (Revathi, Hema, Asha, Srinivas)
- **2nd Prize:** Shared by Team 3 (Adnan, Chandana, Aravind, Rehan) and Team 4 (Ruthwika, Deepti, Vyshnavi, Bhoomika)

## Outcome

- The event was successful in achieving its educational and awareness objectives.
- Participants gained valuable knowledge and experience through the competition.
- The quiz fostered collaboration and healthy competition among students.
- The program received positive feedback from both participants and organizers.

## Conclusion

The Quiz Competition organized by the Literary Committee of *Abhyudaya 2026* in collaboration with *AYURRESHMI* was a great success. The event effectively combined learning with competition and contributed meaningfully to the celebration of World Ayurveda Day. Such initiatives play an important role in promoting academic excellence and student engagement.

WR  
27/09/26



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