



ಯಾದಚಮ್ ಟ್ರಸ್ಟ್ Yadalam Trust
ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ
Sushruta Ayurvedic Medical College & Hospital

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanti Kuteera" SVYASA Campus, Jodi Bingipura, Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105.

+91-9110659242 2002ayu0091@gmail.com https://sushrutaayurvedicmedicalcollege.com

NCISM CODE - AYU0091

RGUHS CODE - A005

SAMCH/RM/001/26

20/03/2026

To,

The Assistant Director (Ay.)

Central Ayurveda Research Institute (CARI),

#12, Uttarahalli Manavarthe Kaval, K. K. Kapura Main Road,

Janaghatapura Post, Bengaluru - 560

Subject: Forwarding of application for attending the Research Methodology Workshop

Respected Sir/Madam,

We are privileged to forward the application from Sushruta Ayurvedic Medical College & Hospital, Jigani, Bangalore, to participate in the Research Methodology Workshop scheduled to be held at CARI Bengaluru on 23/03/2026 from 9.00 AM onwards.

The applicants are actively involved in Bio - medical research related to Ayurveda which aligns closely with the core research mandates of your esteemed institute. We believe that this workshop will significantly enhance the participant's methodological skills and contribute to the quality of their ongoing research work.

Our institution has no objection to the participants attending the workshop. The participants will be officially relieved for the duration of the program to ensure full participation.

We request you to kindly consider this application for the workshop.

Thank you.

Yours sincerely,

Date: 20/03/2026

Place: Bangalore



[Handwritten Signature]

PRINCIPAL

Sushruta Ayurvedic Medical College
and Hospital, Bengaluru - 560105.
NCISM Code - AYU0091

Received
Chandini
23/03/2026

| Sl No | Name | Designation | Adhaar No (last 8 digits) |
|-------|-----------------------|---------------------|---------------------------------|
| 1. | Dr Anjali Dn | Professor | 0193 6043 |
| 2. | Dr. Priya N.K | Asst. Professor | 8680 3250 |
| 3. | Dr. Soniya M. Dabot | Asst. Prof. | 3538 2404 |
| 4. | Dr. SHASHIKALA.V | Assistant Professor | 8871 9613 |
| 5. | Dr. NAMITHA.R | Assistant Professor | 8447 8264 |
| 6. | Dr. ARYA S. MENON | Assistant Professor | 8030199599 8607 9022 |
| 7. | Dr. ATHIRA . A. G | Assistant Professor | 4953 4767 |
| 8. | Dr. KANJITHA BM | PROFESSOR | 0057 8139 |
| 9. | Dr. SHALINI U.A | Associate Professor | 8974 6609 |
| 10. | Dr. Sonmya . M | Associate Professor | 9036 481813 2471 90392312 |
| 11. | Dr. Rooper.L | Professors & Head | 9036 481813 |
| 12. | Dr. RENU V.T. | Associate Professor | 5195 2357 |
| 13. | Rashmi . B | Intern | 5184 6394 |
| 14. | P. Salma Sulthana | Intern | 0782 4892 |
| 15. | Keerthi . N | Intern | 8451 8377 |
| 16. | BOOMIKA SINGH T | INTERN | 8935 1336 |
| 17. | Harshitha . P . B | Intern | 0259 4870 |
| 18. | Liptha Hemantk Kumar | Intern | 8570 1833 |
| 19. | Sowalbh . D . S | Intern | 9964488582 11047497 |
| 20. | Mobinur Hassan Akond | Intern | 4120 9691 |
| 21. | Dr. Srinivasa . E . S | Post Graduate | 8081 23 7718 |
| 22. | Dr. Vinay . Trifale | Post Graduate | 0952 2526 |
| 23. | Dr. AKSHAYAA . J . S | Post Graduate | 2689 0486 |
| 24. | Dr. Vibha Khalnar | Past graduate | 1758 8017 |
| 25. | Vibhuti Telaiya | INTERN | 2706 6055 |



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NCISM CODE - AYU0091

RGUHS CODE - A005

SAMCH/RM/001/26

20/03/2026 last
Adhar Card 8 digit

| | | | |
|----|--------------------------|------------|---|
| 26 | Akash Kirtania | intern | 79396883 |
| 27 | Pooja.B | intern | 88054718 |
| 28 | Anu Kumari | Intern | 9549610000 76853160 |
| 29 | Akanksha Tukaram Bhanage | Intern | 09969575 |
| 30 | Gore Sayali Shankar | Intern | 6860695982 57328812 |
| 31 | Chothami Bhakti kumtilal | Intern | 85925289 |
| 32 | Manushree. M | Intern | 71307500 |
| 33 | Ranjith M-pawar | Intern | 7890308808 08761211 |
| 34 | A. BHARATH REDDY | Intern | 0372 0771 |
| 35 | Shivasharanappa | intern | 81103119 |
| 36 | Soundarya D | Intern | 88207082 88207082 |
| 37 | Shravanthi S | Intern | 43367616 |
| 38 | Dr. Dadarao Gaikwad | PG | 66341792 |
| 39 | Dr. Porakkuram | Student | 59713632 |
| 40 | Dr. APOORVA K.S | PG Scholar | 7899065585 |
| 41 | Dr. BHOMIKA R. | PG Scholar | 0551 - 5021 4070973176 |
| 42 | Dr. VASRESHWARI | PG Scholar | Sushruta Ayurvedic Medical College and Hospital, 38538-6216 |
| 43 | Dr. KEERTHI SOMASHEKAR | PG Scholar | NCISM Code - AYU0091 78571330 |
| 44 | Dr. S. B SOWMYA | Professor | 9916149852 |



Sushruta Ayurvedic Medical College and Hospital, 38538-6216
NCISM Code - AYU0091 78571330

| Dr S B | Name. | Designation. | Adhaar No. (Last 8-digits) |
|--------|------------------------------------|--------------|-------------------------------|
| 45. | Dr. Veibhav. M. Paudyal | PG 1st yr. | 6941 1501 |
| 46. | Dr. Basavashree patil | PG 1st yr. | 7663 8464 |
| 47. | Dr. Shivamma | PG 1st yr. | 7017 5961 |
| 48. | Dr. Rutuja Godbole. | PG 1st yr. | 6000 7859 9281 |
| 49. | Dr. Dadasaheb Godkewad, | | |
| 50. | Dr. Parshuram | | |



Fwd: Training program for
Ayurveda UG and PG students
on 23rd March 2026



Inbox



Dr.Nikhila Hire... 10:29

to me ▾



----- Forwarded message -----

From: **CoE, CARI** <cari.bengaluru@gmail.com>

Date: Mon, 9 Mar 2026 at 3:24 PM

Subject: Training program for Ayurveda UG and PG
students on 23rd March 2026

To: SUSHRUTHA PRINCIPAL
<sushrutha.principal@gmail.com>

Cc: Dr.Nikhila Hiremath
<hiremath.nikhila6@gmail.com>

Sir/ Madam,

The Central Ayurveda Research Institute (CARI), Bengaluru is a Government Hospital and Research facility. It has been engaged in Clinical Research, Drug standardization, and Survey of Medicinal plants in addition to providing healthcare facilities to the needy public.

In this regard, we request you to send your students to our institute to avail the benefits. The students will be expected to travel to our institute for a full-day training session at their own expenses. We will be providing a working lunch to all the participants. A certificate will be given to all the participants undergoing the training.

As per the telephonic conversation, the date to conduct the training is fixed on 23rd of March 2026. Kindly confirm the number of students and staff attending the program on the same day.

Yours faithfully

COE Team

CARI, Bengaluru--

कार्यालय प्रभारी सहायक निदेशक/Office of

Assistant Director, In-charge

केन्द्रीय आयुर्वेद अनुसन्धान संस्थान/Central

Ayurveda Research Institute

केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, भारत

सरकार, आयुष मंत्रालय/Central Council for

Research in Ayurvedic Sciences, Ministry

of AYUSH, Govt. of India

#12, उत्तरहल्ली मनवर्तेकावल, कनकपुर मेन रोड,

तलघट्टपुर पोस्ट, बेंगलुरु -560109/# 12,

[Uttarahalli](#), Manavarthe Kaval,

Kanakapura Road, Bengaluru-560109

ईमेल/Email: nadri-bengaluru@gov.in |

nadri.bengaluru1@gmail.com

वेबसाइट/website:<http://www.cari.gov.in>

फोन/Ph. +91 080-29535034 1 (Off) /

← Reply

→ Forward



**SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL, JIGANI,
BENGALURU - 560105**

**REPORT ON TRAINING PROGRAM ON RESEARCH METHODOLOGY,
BIostatISTICS, HPTLC & DIABETES MELLITUS**

A Training program on Research Methodology, Bio- Statistics, HPTLC and Diabetes Mellitus was organised by CARI – Central Ayurveda Research Institute (A unit of CCRAS), Bangalore on 23-03-2026. Total of 48 participants attended the training program. 13 faculties, 21 Interns & 14 PG scholars attended the program.

Events of the program

First Session- Research Methodology, Research proposal writing

Second session- Bio Statistics, Phases of Clinical trials, Data, Statistical tests, Importance of statistical analysis in Ayurvedic Research

3. Visit to Herbarium & Dravyaguna Lab

4. Herbal Garden visit

5. Hospital Visit

6. HPTLC Demo

7. **Third Session** - Pharmacovigilance - ADR, ADE, Reporting, Practical challenges in Ayurvedic practice

8. **Fourth Session-** Research on Diabetes Mellitus- Methods & practical challenges

Certificates were issued to all participants of the training programme.



W
15/04/26
PRINCIPAL
Sushrutha Ayurvedic Medical College
and Hospital, Bengaluru-560105.
NCISM Code - AV00091



TRAINING PROGRAMME

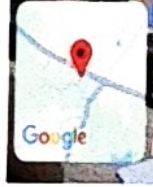
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Manavarthekaval, Karnataka 560109, India
7.520728



CARI, BENGALURU



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Manavarthekaval, Karnataka 560109, India
7.520934



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VG49+RVX, Pipe Line Rd, Devarakaggalahalli, Uttarahalli
Manavarthekaval, Karnataka 560109, India
7.520645



W.D. Sushruta

PRINCIPAL
Sushruta Ayurvedic Medical College
and Hospital, Bengaluru-560105.
NCISM Code - AY00091



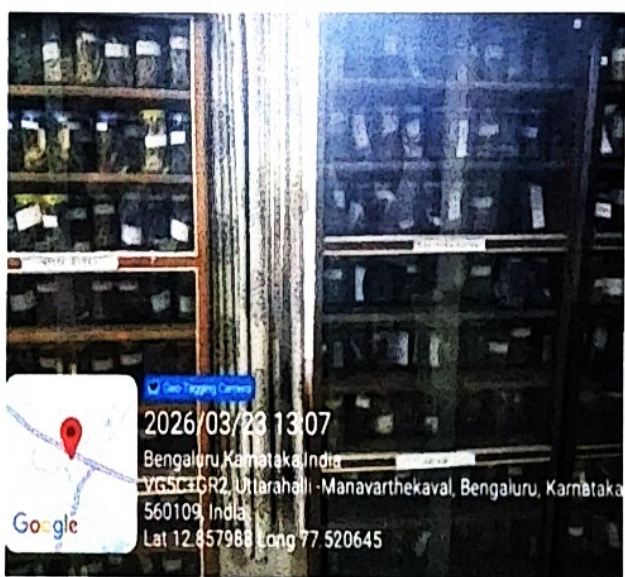
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 -Manavarthekeval, Karnataka 560109, India
 Lat 12.657988 Long 77.520645



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 -Manavarthekeval, Karnataka 560109, India
 Lat 12.657988 Long 77.520645



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 560109, India
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 -Manavarthekeval, Karnataka 560109, India



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 -Manavarthekeval, Karnataka 560109, India



WA
15/04/26
PRINCIPAL
 Sushrutha Ayurvedic Medical College
 and Hospital, Bengaluru-560105.
 NCISM Code - AYUG091



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NCISM CODE - AYU0091 RGUHS CODE - A005



CIRCULAR / NOTIFICATION

SAMCH/RM/001/26

Date: 20/03/2026

Subject: Invitation to attend Research Methodology Workshop at CARI, Bengaluru.

This is to inform all teaching faculties, PG Scholars and Interns & interested students that the Central Ayurveda Research Institute (CARI), Bengaluru (a unit of CCRAS) is organizing a professional **Research Methodology Workshop**.

Details of the Workshop:

- **Venue:** CARI Bengaluru, #12, Uttarahalli Manavarthe Kaval, Kanakapura Main Road, Talaghattapura Post, Bengaluru.
- **Date & Time:** 23/03/2026, 9.00 Am to 3.30 Pm
- **Target Audience:** Research Scholars, Faculty, Post-Graduate Students, Interns.
- **Registration Process:** Free Registration. Lunch has been arranged at the venue. Participation Certificate will be issued.

Interested candidates must submit their names to the incharge.

Selected students will be granted **On-Duty (OD) Leave** for the entire duration of the workshop.

Santhi

[Signature] 20/3/26

Principal / Head of Department

PRINCIPAL

Sushruta Ayurvedic Medical College
and Hospital, Bengaluru-560105.
NCISM Code - AYU0091



To,
The Principal,
Sushrutha Ayurvedic Medical College & Hospital, Jigani, Bangalore

Date: 20/03/2026

Subject: Requisition to grant Permission for students & faculties to attend Research Methodology Workshop at CARI, Bengaluru.

Respected Sir,

We are requesting your kind permission for students & teaching faculties to attend the upcoming Research Methodology Workshop organized by the Central Ayurveda Research Institute (CARI), Bengaluru.

The workshop is scheduled to be held on 23/03/2026 (Monday) at the Central Ayurveda Research Institute (CARI) campus. As CARI is a premier unit under the CCRAS (Ministry of AYUSH), this program offers an invaluable opportunity for our students to learn about:

- Advanced research designs and clinical trial protocols.
- Statistical analysis and data management in Ayurveda.
- Scientific writing and publication ethics.

Participation in this workshop will greatly benefit the students' academic progress and enhance the research profile of our department. We request you to kindly grant them **on-duty (OD) leave** for the specified duration and allow them to represent our institution at this prestigious event.

I have attached the list of interested candidates and the official workshop brochure for your perusal.

Please consider our request for arranging transportation for the same.

Thank you for your constant support in encouraging our students' academic growth.

Yours sincerely,

Research Dean
SAMC& H, Banagalore



Approved
[Signature]

PRINCIPAL
Sushrutha Ayurvedic Medical College
and Hospital, Bengaluru-560105.
NCISM Code - A160021



सत्यमेव जयते

Central Ayurveda Research Institute

Central Council for Research in Ayurvedic Sciences

Ministry of AYUSH, Govt. of India

Bengaluru



Centre of Excellence for Research and Clinical services in Madhumeha

Certificate

This is to certify that Dr. ANAGHA D.N. from

Sushrutha Ayurvedic Medical College and Hospital, Bengaluru.
has participated in the Training Programme on Research Methodology, Biostatistics

HPTLC and Diabetes Mellitus organized by Central Ayurveda
Research Institute, Bengaluru on 23/3/2026

Assistant Director In-charge