



ಯಾದವರ ಟ್ರಸ್ಟ್ Yadalam Trust

ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ  
**Sushruta Ayurvedic Medical College & Hospital**

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanti Kuteera" SVYASA Campus, Jodi Bingipura, Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105.

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NCISM CODE - AYU0091

RGUHS CODE - A005



## DEPARTMENT OF SWASTHAVRITTA EVAM YOGA

### EDUCATIONAL VISIT REPORT

*Academic Exposure Visit Rajashekaraiah Institute of Naturopathy & Yogic Sciences (Solur).*

April 2026

|                               |  |
|-------------------------------|--|
| <b>Organizing Institution</b> | Sushruta Ayurvedic Medical College & Hospital (SAMC&H), Bengaluru.   |
| <b>Visit Dates</b>            | 22nd April 2026 (Batch 1) and 24th April 2026 (Batch 2).   |
| <b>Target Participants</b>    | 2 <sup>nd</sup> Professional Undergraduate Students.   |
| <b>Total Students</b>         | 90 students  |
| <b>Faculty Supervisors</b>    | Dr. Nikhila B Hiremath,<br>Prof & HOD, Department of Swasthavritta evam Yoga<br>Dr. Athira A G<br>Assistant Professor, Department of Swasthavritta evam Yoga |

The Department of Swasthavritta Evam Yoga arranged an educational visit as part of an academic requirement.

The 2<sup>nd</sup> Professional Undergraduate batch of BAMS 2<sup>nd</sup> year (23-24 batch) visited the Rajashekaraiah Institute of Naturopathy & Yogic Sciences (Solur). The visit was designed to complement ongoing academic coursework and to broaden students' awareness of integrative healthcare models.

The educational visit was guided by the following primary objectives:

1. To expose students to the various treatment modalities practiced at the host institution, enabling them to observe procedures and approaches not routinely covered in classroom instruction.
2. To provide students with practical exposure to integrative approaches in preventive, promotive, and curative healthcare delivery.

To ensure manageable group sizes and meaningful engagement, students were divided into two equal batches of 49 students each. Each batch was accompanied by designated faculty members from SAMC&H, responsible for supervision, guidance, and maintaining institutional decorum throughout the visit.



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## Schedule

| Batch   | Date            | Composition                     |
|---------|-----------------|---------------------------------|
| Batch 1 | 22nd April 2026 | 44 students + 1 faculty member  |
| Batch 2 | 24th April 2026 | 46 students + 2 faculty members |

The visit was conducted with full adherence to the host institution's rules, protocols, and standards of professional decorum. Faculty supervisors from SAMC&H ensured that students behaved in a manner consistent with the dignity of both institutions throughout the program.

All participating students were briefed before the visit regarding expected conduct, confidentiality of patient information, and the importance of respectful observation. No procedures were performed by students, their role was strictly observational and educational in nature.

Upon completion of this visit, students are expected to have:

- Developed a clearer understanding of how Naturopathic treatment modalities are applied in a clinical setting.
- Gained insight into the practical challenges and rewards of integrative healthcare delivery.

The department extends its sincere gratitude to the College and the host institution for graciously permitting this academic visit and for the cooperation extended to our students and faculty.

We remain committed to fostering meaningful academic collaborations of this nature, which enrich the educational experience of our students and contribute towards their education.

**PROFESSOR & HOD**  
Dept. of Swasthavritta  
Sushruta Ayurvedic Medical College & Hospital  
Bangalore - 560 105.

**PRINCIPAL**  
Sushruta Ayurvedic Medical College  
and Hospital, Bengaluru-560105  
NCISM Code - AYU0091

Photos:



*Shrith*

PROFESSOR & HOD  
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*Principal*  
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