



ಯಾದವರ್ಮ ಟ್ರಸ್ಟ್ Yadalarm Trust

ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ Sushrutha Ayurvedic Medical College & Hospital

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

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Department of Swasthavritta evam Yoga

REPORT OF VISIT TO OM PHARMACEUTICALS

As part of the curriculum, an industrial visit to OM Pharmaceuticals, Virgonagar, Avalahalli, Bengaluru was conducted on 07.05.2026 for the II BAMS students (Batch 2023-24) by the Department of Swasthavritta evam Yoga in collaboration with the Department of Rasashastra evam Bhaishajyakalpana. A total of 90 Students attended the visit. Assistant Professor from the Department of Swasthavritta evam Yoga, Dr. Athira A G accompanied for the visit.

The visit was organized with the objective of observing and understanding the various methods adopted for the prevention and control of occupational diseases in an industry.

During the visit, students were introduced to the occupational health and safety practices followed within the pharmaceutical industry. The students observed the use of personal protective equipment (PPE) such as masks, gloves, caps, and laboratory coats by employees to minimize exposure to dust, chemicals, and contaminants. Proper ventilation systems and maintenance of workplace hygiene were also demonstrated as essential measures for preventing occupational hazards. The officials explained about the pre-employment health screening of workers which is carried out before recruitment to assess their fitness for work and to identify any pre-existing health conditions. It was also explained that regular health checkups are conducted once every three months in association with the Primary Health Centre (PHC) to monitor the health status of employees and ensure early detection and prevention of occupational illnesses. Students were informed about the availability of medical support & First Aid within the facility for management of minor injuries such as cuts and other minor workplace-related health issues. In cases of major illness or emergencies, workers are referred to higher healthcare centres for further treatment and management.

The industry personnel also explained about the conduction of fire safety training programs for employees to create awareness regarding emergency preparedness, fire prevention measures, and safe evacuation procedures during accidents.

The visit provided valuable practical exposure regarding occupational health measures and helped students understand the real-life implementation of preventive and control strategies for occupational diseases in an industrial setup.

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